

The Tucson

November/December 2022

DOG



A publication dedicated to promoting the human/animal bond and raising awareness of shelter and rescue animals.



Cover Story:

Introducing Scruffy!
4th Annual Tucson Dog
Cover Contest Winner

Features:

Gabriel's Angels,
A Heaven-Sent
Nonprofit Helping
Kids Be Their Best

The Great Veterinary
Shortage of 2022
How Does it Effect You
and Your Pet?

Oak "The Wash Dog",
The Power of Fostering
and The Importance
of Community

Cats & Horses Too!

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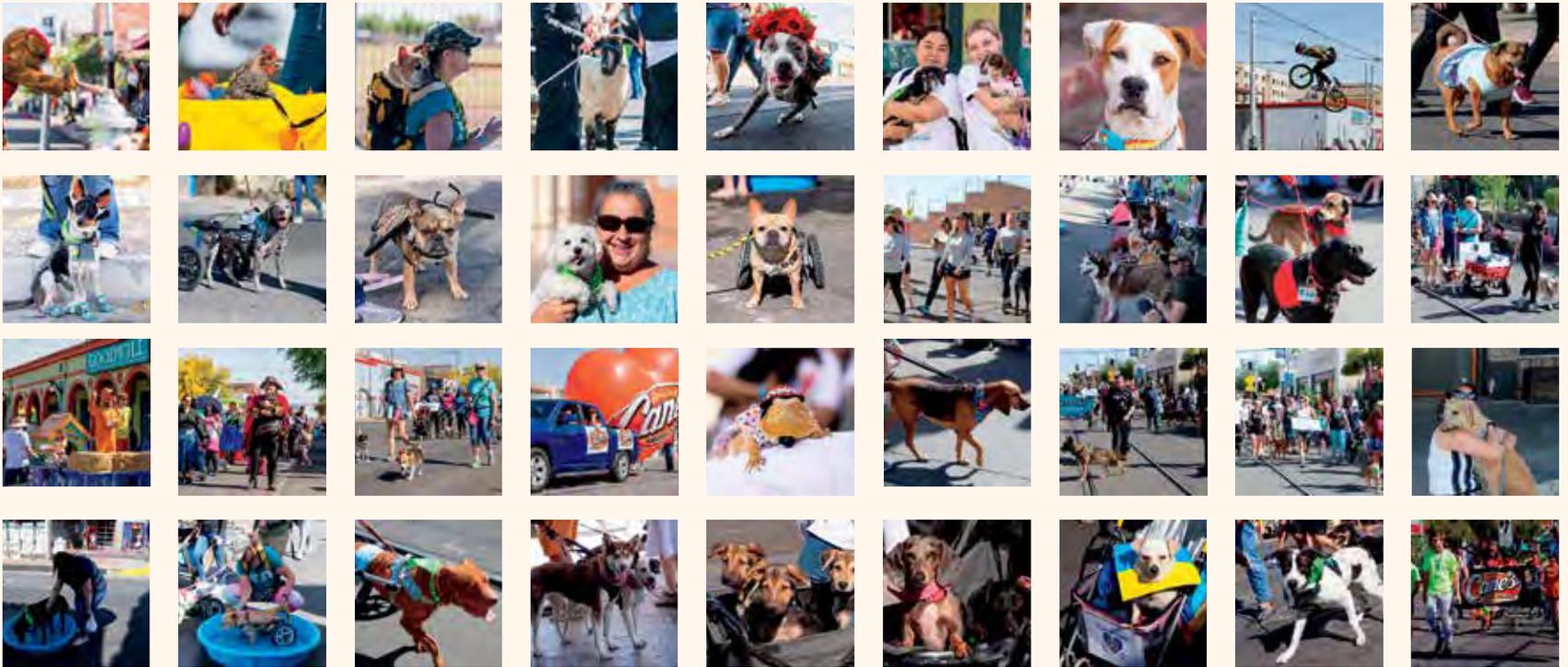
We're back! Come join us!

TUCSON SUBARU



Pets of Pima Parade

Historic 4th Ave • Sunday, Feb 19, 2023



Visit www.PetsOfPimaParade.com or scan the QRC for more info on how to walk in the parade, support, or attend!



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The Tucson **DOG**

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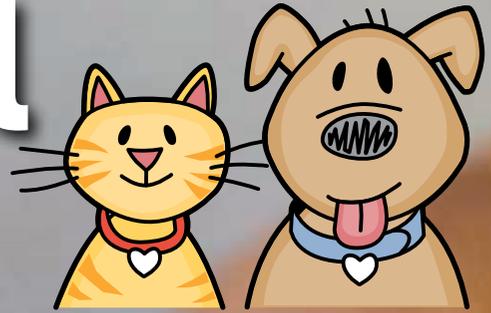
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Pima Animal Care Center



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lives!



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13075

The Leader of the Pack Speaks

Dear Readers and Friends,

Welcome to the holiday season! **Dogtoberfest 2022** was a huge success, thanks to our amazing sponsors, guests, and my invaluable Tucson Dog Volunteers. Special thanks go out to Erin Christiansen for joining us, helping me on stage, judging contests, and being the animal lover that she is. Because of all of you, many more dogs are now happily out of the shelters and into their new forever homes.

I am very happy to introduce to you Scruffy! The winner of the Holiday Cover Dog Contest! Not only did he win the title of **The Tucson Dog Cover Dog** but he is also one of the winners of the Smallest Dog contest at **Dogtoberfest**. He's a tiny little guy with a huge and happy personality.

The Holiday season is joyful and busy and sometimes extra stressful. Remember to relax and enjoy the comfort and the love that your furry friends readily share without condition. Unfortunately, many pets are relinquished to shelters often because a "new and younger" pet is introduced into the family. Our shelters are again overwhelmed with senior pets who are confused and brokenhearted, so this year please give the gift of a loving home to the most grateful companion you will ever know. I was blessed with Sandy, my 13-year-old girl whom I shared 2 full and happy years with. I have written about Sandy before but I cannot help but share her sweetness again and again. She was quirky, funny, and happy and loved deeply. I miss her as if she was a part of my family her whole life. Sandy, like all senior pets, deserve the last years of their lives to be carefree and secure.

As 2022 winds down, 2023 is upon us. I have many plans for the new year and I'm excited that The Tucson Dog will grow beyond our wildest dreams thanks to YOU. The Tucson Dogs' mission is not only to raise awareness of shelter and rescue animals but also to promote the respect and care that all animals deserve. I am proud that Tucson is voted #1 as the most dog-friendly city in the US, conversely, Arizona is ranked 30th in Animal Welfare. Underrepresentation of animals' interests is something that we as a community have the power to change. In the next 6 issues, together we will discover ways to become a voice and create change for the welfare of those who don't have a voice of their own.

WHO'S WITH ME?!



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Tucson, AZ 85712

pmi.edu

The Tucson Dog Staff & Writers



Heather McShea - Publisher/Editor - As the owner of a local Home Health Care company, Heather often volunteers in helping find new homes for the pets of her hospice patients. She has worked closely with The Tucson Dog for over 4 years, and throughout her life has loved many rescue dogs of her own including a family therapy dog. Although she has only one dog now she has a constant flow of neighbor dogs stopping by all the time. She calls her house the neighborhood dog park. Heather's love of our most vulnerable populations has led her to Home Health Care and helping all animals in need. Email: heather@thetucsondog.com



Colleen Keefe - Account Executive - Colleen is a freelance writer, photographer, and third-generation Tucsonan. She's the mother of three young adults and one high schooler. Her daughter's service dog Beasty and his co-conspirator Teddy sometimes let the humans get the good spot on the family couch. Colleen has worked as a producer, written for newspapers, and online publications. She is always ready for game night and may have a problem with chocolate. Email: colleen.tucsondog@gmail.com



Shiloh Walkosak - Account Executive - Shiloh is a midwestern girl who spent her early years roaming the wheat fields of Kansas with two great danes. If you ask her if she was raised by wolves she'll tell you "Kind of" At thirteen she started volunteering at Sedgwick County Zoo in Wichita and was instantly hooked. She has spent more than three decades dedicated to wildlife conservative, pet rescue and animal advocacy. In 1999 while teaching wildlife rehabilitation at El Dorado Correctional Facility Shiloh attended a conference in Arizona and it was love at first hike. A year later she moved to Tucson. She shares her home with her boyfriend, his daughter, a jack russell, a cockatoo, a tortoise and three millipedes. shiloh.tucsondog@gmail.com



Alison Martin - Staff Writer/Account Executive Alison is a compassionate Animal Communicator & Educator, Animal Energy Practitioner, and Pet Loss Grief Guide. For over 25 years, Alison has been making a positive impact in the lives of animals and their people through her professional work. She shares her life with five dogs, two horses and two goats with never a dull moment or lack of dog kisses. One of her favorite quotes is from Anatole France 'Until one has loved an animal, a part of one's soul remains unawakened' alison@animalsoulconnection.com



Rebecca West - Staff Writer - Rebecca is a freelance writer and editor for print and digital who loves to travel the globe. A life-long pet owner, she adores animals and has taken part in fostering dogs for military members during deployment. She has given many rescued and surrendered dogs the forever home they always wanted, and her two favorite canine quotes are, "Be the kind of person your dog thinks you are," and "My dog rescued me."



Bonnie Craig - Staff Writer - Bonnie works as an educator and lives with three dogs, three cats, and a lot of plants and chickens. As well as writing, she enjoys painting and playing music. She is passionate about the natural world and loves gardening, botanizing, hiking, and camping. Most evenings she can be found in the garden listening to the chickens and playing endless games of fetch with a certain ball-obsessed border collie. Email: bonnieohooligan@yahoo.com



Jeremy Brown - Staff Writer - An animal lover for life, Jeremy has been a dog trainer for over 16 years. As the Area Trainer for Petsmart he trained dog trainers for years and opened The Complete Canine 7 years ago. A therapy dog evaluator for years, he founded Kienrnan's Kindness, a local therapy group that spreads kindness and also trains the Pima County Sheriff Therapy dog program. A Graduate from Indiana University and Applied Animal Behavior from University of Washington. He has four dogs; Archie, Lacey, Louis and Sabine, with the first two being therapy dogs. Email: completecaninetucson@gmail.com

THE TUCSON DOG

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DONATE

WE GREATLY APPRECIATE YOUR GENEROUS DONATIONS to The Tucson Dog during these trying times. Your donation will help us to continue serving our community by continuing to promote local shelters and rescues (at no cost to them), helping homeless pets find homes, provide local resources and events and continue to share heartwarming stories about local people who give their lives to saving animals and animals saving humans.

Please send donations and your story, if you'd like to share, to:
The Tucson Dog Magazine
5151 E Broadway Blvd Ste 1600, Tucson, AZ 85711
Or call 520-345-2801

Gabriel's Angels, a Heaven-Sent Nonprofit Helping Kids Be Their Best Selves

Story by Rebecca West, Photos by Gabriel's Angels



Sometimes all it takes is a pair of soft brown eyes and the gentle nudge of a warm muzzle nuzzling you to drain you of stress and ease your apprehension. If you're

a dog lover, you get it. It's that power to instantly lighten your mood and melt your heart that Pam Gaber recognized in dogs that would propel her to begin Gabriel's Angels, a nonprofit serving thousands of at-risk children through pet therapy in Arizona.

Pam hasn't been the only one to recognize the immense emotional benefits canines can provide. Currently, dogs are used in courtrooms, airports, hospitals, college campuses, libraries, and almost anywhere else that people need their spirits lifted and/or their anxiety levels taken down a notch or two or even three.

For a bit of back story, Pam was working a corporate job when she volunteered at Child Crisis Nursery in Phoenix. She'd gotten a Weimaraner puppy she'd named Gabriel and wanted to socialize him. After asking the nursery about the possibility of bringing him on one of her visits, she was given the go-ahead. It was at a Christmas party that Pam introduced him. When Gabriel bounced in, the children there, who are often withdrawn, couldn't wait to meet the puppy and smother him with hugs and kisses.



Blake the dog

After witnessing the amazing connection between Gabriel and the kids and how they'd come out of their shells because of him, it planted a seed. When she left, Pam couldn't shake the feeling that there was something about what had just happened that could be used for good if replicated. It was from that point that her mission began. It started out slowly, but she convinced others to join her. There was a lot of work to be performed to build up to where Gabriel's Angels is today, but she was determined.

Children in emotional pain, like adults, can become reclusive. Dogs connect with children and help them to better cope with their situation and surroundings. Aiding them to become healthy children that would grow up to be healthy adults was Pam's goal, and it is now the goal of everyone who volunteers with the program. Today, Gabriel's Angels works with 75+ facilities, including Title One schools, after-school programs, crisis shelters, domestic violence groups, and homeless shelters.



Lucy helps with bracelets

In order to bring about change, there were six core behaviors

they wanted to develop among the kids from the beginning. Based on Dr. Bruce Perry's tenets for inspiring children, they include Attachments (being a friend), Self-regulation (thinking before you act), Affiliation (joining in), Awareness (thinking of others), Tolerance (accepting differences), and Respect (respecting yourself and others). They've added a seventh, which is empathy.

Initially, as Pam was growing the team, it was her job with staff to get out and share with the public how the program could help the facilities they were targeting. Now, as the program has grown in popularity, people contact them. Reaction from the communities they serve has been incredibly positive and supportive. Gabriel's Angels is also working in schools more frequently with the ABC Animals book series with 1st, 2nd, and 3rd graders, which has turned out to be a fantastic way to engage kids.



The 100 therapy teams that work towards Pam's goals are all on a volunteer basis with the assistance of a dozen or so Helping Hands. The Helping Hands are the support arm of the operation, and together the two groups are the heart of Gabriel's Angels' work. Spread between southern and northern Arizona, it's estimated that they are making about 150 visits a month. Something they've started recently that's become popular is community support visits, which they are now racking up to 175 per month. Everything is free of charge, so they rely on the public for help.

In addition to their annual fall fundraiser, that's been around since 2011, they're always looking for more volunteer teams, Helping Hands members, and, of course, community support. If you've got a dog and think you'd like to give it a go, child-friendly, predictable, and well-mannered pets can be registered with their handlers through the Alliance of Therapy Dogs or Pet Partners and join Gabriel's Angels in serving their mission. To learn more about the process, visit gabrielsangels.org/what-we-do/volunteer/ and click on the "Journey of a Volunteer" dropdown.

Helping Hands volunteers are matched with a therapy team on designated visits. During pet therapy visits, volunteers spend time engaging children in animal behavior, pet care, grooming, safety, and relating animal needs and behaviors to the children's needs and behaviors. All volunteers are given tools, teaching aids, training, and continued support in helping children achieve critical reading and social skills.



Blake the dog

If any of this sounds like you or you'd like to donate, go to gabrielsangels.org/how-to-help/ or call (602) 266-0875 to get started now.



COME JOIN THE SUNSHINE THERAPY ANIMALS TEAM!

Have a great pet who loves people?

Want to make our community better?

Let us help **YOU** become a therapy team!



WHO WE ARE:

We recruit, train, & place registered therapy teams, consisting of an owner & their pet in the Tucson Community. We visit various facilities that serve historically underserved or disenfranchised youth:

- After School Programs
- Domestic Violence Shelters
- Group homes
- Residential Treatment Centers
- Schools
- And other Shelter Facilities
- Libraries

We focus on teaching life skills that children may not have learned through traditional channels, such as the humane treatment of animals.



The B.A.A.R.K program aims to improve a child's confidence, trust, empathy, and emotional development by reading to a dog. The program operates in schools that serve at-risk children. Therapy teams visit a school weekly, seeing three to four children individually during a one-hour session - to improve reading skills, comprehension and speed, as well as help develop core social behaviors. The sessions have a 12-16 week duration. Therapy teams receive Sunshine Animal training, materials and support specific to this program.

(520) 336-7124

4651 N. 1st Ave Ste. 200 Tucson, AZ 85718

lapansunshinefoundation.org/about-sunshine-therapy-animals/



@sunnyspetstucson



Sunshine Therapy Animals

Calendar

NOVEMBER

Sat. Nov. 5, 9am-1pm Holiday Market & Blessing of the Animals Festival & Adoption Event

St. Francis in the Foothills & Hope of Deliverance present this wonderful event with adoptable animals from Cherished Tails SS, food & music, a kids' pavilion & bounce houses, as well as local crafters & vendors on hand. Admission is free!
4625 E. River Rd., Tucson 85718

Sat. Nov. 5, 8am-12pm Arizona Animal Welfare League 2K & 5K Walk to Save Animals

The Walk to Save Animals is the AAWL's biggest fundraiser & community focused event of the year. Family friendly, there will be food, vendors, prizes, adoptable pets, free stuff, & much, much more.
Tempe Beach Park, 80 W. Rio Salado Pkwy, Tempe 85281 support.aawl.org/event/2022-walk-to-save-animals/e412370

Sat. Nov. 5, 10am-2pm Southern Arizona Cat Rescue PetSmart Adoption Events

Adoption events every Saturday this month at PetSmart located at 4374 N. Oracle Rd. Visit sacatrescue.org or Facebook @sacatrescue for available kitties & any possible changes in scheduling.

Sat. Nov. 5, 10am-5pm TenWest Street Fest & Gaia

Gaia Provides will be at the TenWest Impact Festival's street fest! The all-ages FREE event will include live music, art, & 100+ local food & retail vendors. Located at the heart of the Toole Ave. Arts District in downtown Tucson between 6th Ave. & Stone Ave. Info at tenwest.com/schedule

Sat. Nov. 5 Healing Hoof to Heart Fundraiser for the Sanctuary Horses

Herd healing - guided meditation with horses. Located in NW Tucson, it's \$20 to attend, limited spots, call or text (520) 392-9292 to reserve a spot and get directions.

Sat. Nov. 5, 11am-2pm Pups in the Plaza Adoption Event with Humane Society S. AZ

Come meet our available dogs at Pups in the Plaza! PAWSH Park Place's adoptable dogs will be located outside of the Victoria's Secret Store. Enjoy 25% off ALL PAWSH merchandise with your adoption!

Sat. Nov. 5, 4pm-8:30pm Equine Voice Fall Fundraiser

The sanctuary is holding their Let's Groove Tonight fundraiser at the Longhorn Grill & Saloon at 28851 S. Nogales Hwy., Amado, AZ, 85645. Enjoy a 3-course meal, live music, auctions & more. (520) 398-2814 or info@equinevoices.org. Reservation equinevoices.org/groove

Sat. Nov. 12, 10:30am-2pm Cherished Tails Senior Sanctuary Adoption Event at PetSmart

Every 2nd Saturday of the month we will be at the PetSmart at Grant & Swan with adoptable pets.
4740 E. Grant Rd., Tucson 85712

Sat. Nov. 12, 6pm-7pm Hearts & Horses 24th Gala Event

Join them for dinner & cocktails at the Tucson Convention Center to benefit TROT. There will be live music, dancing, auctions, and plenty of fun at this annual black & white event. 260 S. Church Ave., Tucson 85701, one.bidpal.net/heartsandhorses2022/welcome

Sat. Nov. 12, 1pm-5pm Pet Safety/First Aid Classes at the Humane Society of S. Arizona

A 4-hour hands-on skills training course is open to individuals age 15 & up. Includes CPR instruction. Classes are held in-person at the main HSSA campus. Cost: \$75
hssaz.org/services/education/adults/pet-first-aid

Fri.-Sat. Nov. 18-19, 10am-5pm Dogs-n-Donuts 4th Anniversary!

Come celebrate our anniversary event with us! We'll be having sales and giveaways for our wonderful customers over a two-day period. Don't forget we close at 2pm on Saturdays. 7743 E. Broadway Blvd., Tucson 85710. Call (520) 722-1640.

Sat. Nov. 19, 11am-3pm Southwest Oasis Lab Rescue Meet & Greet Event

Meet SOLR staff members & volunteers accompanied by some of their cute, adoptable Lab friends scheduled at Bookmans 6230 E. Speedway Blvd., Tucson 85712

Wed. Nov. 23, 10am-2pm Gospel Rescue Mission Thanksgiving Dinner

Gospel Rescue Mission will be hosting a Thanksgiving meal for the community. Cody's Friends will be providing all of the pet food for those who attend. 4550 S. Palo Verde Rd., Tucson 85714

Thur. Nov. 24, 11am-1pm Salvation Army Thanksgiving Dinner

A Thanksgiving community meal will be held on Thanksgiving Day at the St. Demetrios Greek church on Fort Lowell. Cody's Friends will be providing the pet food for those who attend. 1145 E. Fort Lowell Rd., Tucson 85719

Sat. Nov. 26, 10:30am-2pm Cherished Tails Senior Sanctuary Adoption Event at PetSmart

Every 3rd Saturday of the month we will be at the PetSmart at Wetmore & Oracle with adoptable pets.
4374 N. Oracle Rd., Tucson 85705

Sun. Nov. 27, 11am-1pm Southern Arizona Beagle Rescue Adoption Event at PetSmart

SABR will have dogs available for adoption at the PetSmart located at Orange Grove & Thornydale, 3850 W. River Rd., Tucson 85741
soazbeaglerescue.com

Tues. Nov. 29 Giving Tuesday Supporting Prevent Pet Suffocation, Inc.

Prevent Pet Suffocation celebrates #GivingTuesday for the 5th year by joining millions worldwide in a global day of giving on Tuesday, November 29, 2022. We are a 501(c)(3) whose mission is to raise awareness of the suffocation risks our pets face from all types of food bags & containers.

DECEMBER

Sat. Dec. 3, 10am-2pm Southern Arizona Cat Rescue PetSmart Adoption Events

Adoption events every Saturday this month at PetSmart located at 4374 N. Oracle Rd. Visit sacatrescue.org or Facebook @sacatrescue for available kitties & any possible changes in scheduling.

Sat. Dec. 3, 11am-3pm Pinal County Animal Care & Control Adoption Event at the Scottsdale Harley- Davidson Dealership

Join us for an adoption event at the Scottsdale Harley-Davidson located at 5656 N. Hayden Rd., Scottsdale, AZ, 85260, and help us find forever homes for furry friends in need.

Sat. Dec. 3, 10am-12am Southern Arizona Beagle Rescue Playdate in the Park

We have a 'beagle play date' the first Saturday of each month at the small dog park inside of Reid Park. Bring your beagles & have some fun in the sun beagle style! Info at (520) 247-7720 or soazbeaglerescue.com

Sat. Dec. 3, 11am-2pm Pups in the Plaza Adoption Event with Humane Society S. AZ

Come meet our available dogs at Pups in the Plaza! PAWSH Park Place's adoptable dogs will be located outside of the Victoria's Secret Store. Enjoy 25% off ALL PAWSH merchandise with your adoption!

Sat. Dec. 3, 10:30am-2pm Cherished Tails Senior Sanctuary Adoption Event at PetSmart

Every 1st Saturday of the month we will be at the PetSmart at River & Orange with adoptable pets.
3850 W. River Rd, Tucson 85741

Sat. Dec. 10, 5pm-8pm Hermitage No-Kill Cat Shelter & Sanctuary Lights of Love Event

We will have our year-end memorial event, Lights of Love, at the shelter. The public is welcome, and if anyone would like to order a luminaria, ordering info will be on our website around mid-Nov on a banner or pop up. 5278 E. 21st St., Tucson 85711
hermitagecatshelter.org

Sat. Dec 10, 10am-1pm Pinal County Animal Care & Control Free Microchip & Adoption Event

PCACC will be at the San Tan Valley Veterans Center located at 5764 E. Hunt Highway, Florence, AZ 85132 providing free microchips for pets. They will also have with them many wonderful pets in need of forever homes. Don't shop, adopt pets that need your love & support today!

Sat. Dec. 10, 1pm-2pm Kitten Yoga at Barefoot Studios Benefitting S. Arizona Cat Rescue

No experience needed! See Facebook or Instagram for event details & tickets. 7053 N. Oracle Rd. #200, Tucson 85704

Sat. Dec. 17, 11:30am-12:30pm Humane Society of S. Arizona's Paws & Pages Literacy Program

Read to a shelter pet! The program provides kids the opportunity to have a positive impact on the lives of shelter pets while building confidence & improving reading skills. Shy & fearful dogs warm up to humans quicker when they're read to. Kids aged 5-14. (520) 327-6088 Ext. 171 or afaulk@hssaz.org

Sat. Dec 17, 11am-3pm Southwest Oasis Lab Rescue Meet & Greet Event

Meet SOLR staff members & volunteers accompanied by some of their cute, adoptable Lab friends scheduled at Bookmans 6230 E. Speedway Blvd., Tucson 85712

Sat. Dec. 24, 10:30am-2pm Cherished Tails Senior Sanctuary Adoption Event at PetSmart

Every 4th Saturday of the month we will be at the PetSmart at Broadway & Pantano with adoptable pets. 7727 E. Broadway Blvd., Tucson 85710

Sun. Dec. 25, 11am-1pm Salvation Army Christmas Dinner

A Christmas community meal will be available on Christmas day at the Tucson Convention Center, and Cody's Friends will be providing all the pet food for those who attend.
260 S. Church Ave., Tucson 85701

A VISIT TO THE



DOGHOUSE

All the dogs on these pages are available for adoption now. If you are interested in meeting any of these adorable friends, please contact the group listed with the picture.

**Pima Animal Care Center, 4000 N. Silverbell Rd.
(520) 724-55900. Mon-Fri, 12pm-7pm. Sat & Sun 10am-5pm.
\$0 adoption fee. \$20 license fee applies to adult dogs.
Adoption includes spay/neuter, age-appropriate
vaccinations, microchip, & a free vet visit.**

**Humane Society of S. Arizona
635 W. Roger Rd., Tucson 85705
520.327.6088 Ext. 173 hssaz.org**



RUFUS ID#A786793

Hello, I'm Rufus, a 4 y/o boy who's a textbook extrovert & friendly with everyone I meet, human & canine alike. I'm sure to charm anyone who meets me with my dashing good looks, outgoing personality, & radiant smile! Let's be best buds. Come check me out at PACC today!



CHAPI

My name is Chapi, but you can call me Chapita! I am a 2 y/o Pit Bull mix who's a devoted friend & hope to spend my days in a loving forever home as your one & only. I have SO much love to give. I've mastered commands like sit & down working closely with the behavioral team at HSSA. I hope to build a special bond with my future human, too.



STARLIGHT ID#A765039

I'm a 3 y/o girl who's been at PACC since May of this year. A volunteer favorite, I'm known for my antics with toys & loving nature. I love walks, food, & a good game of fetch. I can be a little shy when I first meet new people & dogs, but given a few minutes to warm up, I begin to show my true goofball self & I'm guaranteed to keep you laughing!



MURPHY

I'm Murphy, a 2 y/o Labrador Retriever mix with a tiger coat & a very playful attitude. As I continue growing up, I hope my future forever family will make time to play with me outside going for walks, explore new places, or playing catch with some chunky tug toys. Please come visit me at HSSAZ!



BENJAMIN ID#A669306

I'm a handsome 5 y/o guy with personality to spare & the best ears ever! Considered a friendly pup, I enjoy hanging out with my volunteer friends & exploring the world. I LOVE car rides & chasing the broom when you sweep! I'm good with larger dogs, social & easygoing in playgroups, & I'd love to find a forever home. Come meet him at PACC today!



SAGUARO

I'm a 1 y/o shepherd mix ready to bring happiness & lots of snuggles into your home. I'm hoping to be an only child there, as I'm more of a people pup! Some of my favorite activities include going on long walks & playing with the humans in my life. Come see me in a meet & greet yard to see for yourself how I can bounce between being a bubbly & fun-loving girl to a certified snuggle bug!

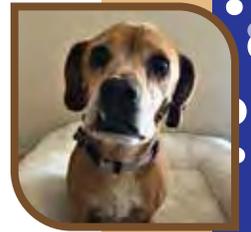
**The Animal League of Green Valley
TALGV (Appointments 10-2, daily)
(520) 625-3170 Adoption fee: \$85**

**Cherished Tails Senior Sanctuary
<https://cherishedtails.weebly.com>
<https://form.jotform.com/cherishedtails/dog-application> (520) 616-0171**



SEIKO

I'm a handsome & friendly 3 y/o Yellow Lab mix boy that knows several commands, is crate trained, & asks to go out. I take direction well, but can play a bit rough when excited. I'm ready for more training if you are free for the future.



CHIPIS

I'm a spayed Beagle mix with a super cute underbite who's 7 y/o & weighs 18-20 lbs. I'm affectionate, good with other dogs, untested with cats & young kids, working on my house training, & know how to use a doggy door. I'm also crate trained, walk well on a leash, & had a dental cleaning.



SANCHO

I'm an affectionate & energetic 20-month-old Staffie-mix boy who loves being with people & is looking for a companion to love. I know several commands, enjoy walking & car rides, & love a good game of fetch & for a treat I'll even return the ball!



COREY

I'm a laidback boy who's a cuddler & loves to be carried or held. I'm very sweet, well socialized, crate trained, good on a leash, & at 11 y/o would likely do best in a quieter home. I do good with potty breaks with outdoor access & use puppy pads. I'm blind in one eye & the other will need meds to keep it healthy, but I can definitely see. I received a dental in rescue & am otherwise healthy.



Support Tucson Pet Product Providers and Services by Shopping Locally Now and Throughout the Year

By Rebecca West

The pet industry has ballooned over the years to become a multi-billion-dollar industry giving pet lovers more options to take advantage of than ever before. For your convenience, we've put together a list of locally-owned businesses in the Old Pueblo featuring pet-related merchandise, services, and treats just in time for the holidays...



Arts

Jennifer Smiley Portraits — Wildlife and pet portrait artist Jennifer Smiley produces beautiful one-off pieces of art on canvas with remarkable depth and detail. For a personalized commission, visit jennifersmileart.com.

Aall Forms of Life — For ridiculously cute stickers, note cards, and art featuring charming depictions of Arizona wildlife, you definitely want to visit aallformsoflife.etsy.com. The scientific illustrator, biologist, and artist also creates Christmas ornaments, plus bowties and bandanas for dogs.

Natalie Cozzi Art — More colorful pet portraiture awaits you. This time it's using oils, acrylics, and colored pencils, at nataliecozzi.com. Where talented artist Natalie Cozzi also creates vivid wildlife images, fantasy art, and stickers.

Secret Desert Soap Works — Easily considered works of art in their own right, this Etsy business creates the cutest animal-inspired soap figurines

you'll ever see. Besides adorable soaps shaped like dogs and cats, they frequently team with local shelters to aid in fundraising. etsy.com/shop/SecretDesertSoap

SAAFB Artisan Gallery — The Southern Arizona Animal Foodbank Artisan Gallery carries jewelry, home décor, pottery, and so much more (including pet beds and crates). Every purchase helps support local artists and vendors, as well as providing pet food to families in need. 6212 E. Speedway Blvd., Tucson 85712, (520) 268-7299, or visit saafb.org.



Accessories & Apparel

Moxy Pet Apparel — For snugly warm dog jackets, vests, and hoodies handmade by the self-proclaimed "best fur-grandma ever," you can shop online at mymoxypets.com and enjoy free shipping with all of your orders.

Star Dog Style — For matching harnesses, leashes, and collars to coordinate your pup's attire, shop online at stardogstyle.com. They even sell mini clip-on poop bag dispensers in fun colors and patterns.

Peanut's Clawset — Known for its adorable and often over-the-top dog togs, shop for stylish pet clothes downtown at 25 E. Congress St., Tucson 85701, (520) 412-1296, or online at peanutsclawset.com.

Greyt Escape Collars — The maker of beautiful, brightly colored collars that are washable, the business also sells leads, cooling bandanas, and greyhound note cards. Visit them at greytescape.etsy.com.

Collar Me Charming — You'll find a wide variety of super sweet bowties, bandanas, rubit clips, and cute collars to dress up your pup in style at their online store collarmecharming.com.



Barkeries & Dog Treats

Dogs-n-Donuts — Tucson's favorite dog café, they offer cakes, donuts, treats of all shapes and sizes, toys and accessories, and more in their brick-and-mortar location at 7743 E. Broadway Blvd., Tucson 85710, (520) 722-1640. Visit dogsndonutstucson.com.

Kozda Dog Bakery — One of Tucson's newest additions to the rising world of dog treat purveyors, Kozda offers amazing canine culinary creations that you can order online at their Etsy store at Shor.by/Si7S or visit [@kozdadogbakery](https://www.instagram.com/kozdadogbakery) on Instagram.

Bella's Gelato Shoppe — Looking for a tasty treat for you and your bestie? Check out Bella's, where your dog can enjoy a puppaccino topped with dog biscuits. Located at 2648 E. Speedway Blvd., Tucson 85716, visit their website bellasgelato.com or call (520) 954-2843.

Pima Paws Bakery — An organic pet treat bakery that carries dog food and healthy, gluten-free treats for dogs and cats, shop online at pimapawsbakery.com or find them at the Rincon Valley Farmers & Artisans Market at 12500 E. Spanish Trail, Tucson 85748, or call (520) 339-6866.

Rosie's Basket — A DIY dog wash and boutique specializing in spoiling your pups, they have a barkery that offers treats ranging from ready-made cookies and donuts to handmade custom cakes to celebrate your pooch's special day! Find them at 7960 N. Oracle Rd., Oro Valley 85704, (520) 304-1029, or rosiesbasket.com/pages/barkery.



CBD Products

Gaia Provides — Gaia Provides is a holistic, hemp-based health and wellness company for dogs, cats, and horses, offering a line of CBD products that come in salves, sprays, roll-ons, and bath bombs or CBD-infused pet treats. Visit gaiaprovides.com to shop online.

Luna Scrubs — Carrying CBD products for people and dogs, their pet line features CBD pet tinctures, dog treats, and shampoos. Tinctures come in 250mgs and 500mgs for small and large dogs. Shop online at lunascrubfaz.com.

Remember, every dollar spent at a locally-owned business sends a ripple of economic benefit throughout the community!

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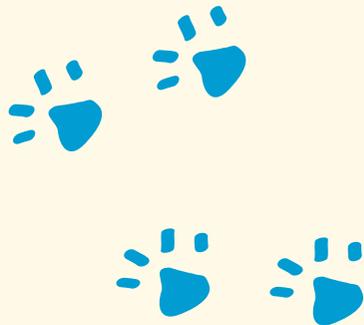
Capturing EveryBuddy by C. Eaton photography



The Scratching Post: Cats for Adoption

All the cats on this page are available for adoption now.

If you are interested in meeting any of these adorable friends, please call the group listed with the picture.



The Hermitage No-Kill Cat Shelter & Sanctuary
 5278 E. 21st St., Tucson 85711
 Info: hermitagecatshelter.org or for an adoption application: <https://bit.ly/2Ws7HCG>



SOCKET

Hi, I'm Socket! I'm a 5 y/o who came to the shelter when my person passed away, & I'm looking for my new bestie! I love people, but I'm not fond of cats, believe it or not, & I'm very, very cute. My missing eye doesn't bother me at all, and I get around great without it. Hopefully it won't bother you, either.



SYNONYM

I'm Synonym, & I'm a 1 y/o. A nice person found me in a feral colony, even though I was a lost kitty. I can be a little shy, but I love ear scratches & can be a big love-bug. I am FIV+ & very healthy. Come meet me & learn more about my condition. It doesn't stop me from living life to the fullest!

The Animal League of Green Valley
 TALGV (Appointments 10-2, daily) (520) 625-3170.
 Adoption fee: \$45



MR. PIBB

I'm a 2 y/o boy with short black & white hair. The lady who found me said I was gentle & well behaved, was laid back, always used the litter box, & got along with her four dogs. Why don't you give me a try at your house?



RILEY BOY

I'm a 6 y/o orange tabby guy that likes playing with balls, loves window gazing, & being your only companion (no other animals or kids, please). I'd prefer a quiet home with a patient person who has room for one more love in their life.

PACC Pima Animal Care Center, 4000 N. Silverbell Rd.
 (520) 724-5590. Mon-Fri, 12pm-7pm. Sat & Sun 10am-5pm. \$0 adoption fee. Adoption includes spay/neuter, age-appropriate vaccinations, microchip, & a free vet visit.



CARL ID#A789360

I'm Carl, a ridiculously handsome senior who's approximately 9 y/o. I reportedly lived with dogs & kids in my previous home & did great. My PACC friends believe it, as I'm just about the nicest guy ever! I do have some medical issues & have to eat special prescription food, but I promise I'll reward you for your care with lots of cuddles & my striking good looks!



JUNIOR MINT ID#A780887

I'm one of a pair of kittens brought into PACC when we were teensy tiny. Now 5 m/o, I've now spent much of my life in the shelter. I can be a bit of a shy boy at first, but I'll warm up when given a time to adjust. I'd love to get a chance at a new home with my brother Smartie Pants, but we don't have to go together. We're sure to make you smile, though, with our kitten antics & sweet personalities!



SMARTIE PANTS ID#A780883

I'm one of a pair of kittens brought into PACC when we were teensy tiny. Now 5 m/o, I've now spent much of my life in the shelter. I can be a bit of a shy boy at first, but I'll warm up when given a time to adjust. I'd love to get a chance at a new home with my brother Junior Mint, but we don't have to go together. We're sure to make you smile, though, with our kitten antics & sweet personalities!

Humane Society of S. Arizona
 635 W. Roger Rd., Tucson 85705
 520-327-6088 Ext. 173 hssaz.org



CANELLA ID#871618

Meow, I'm Canella! I'm a regal, spunky girl who is ready to find my person. I would prefer a home where I'm the only cat, because let's face it: I'm a queen bee! Treats are the way to my heart & I know a few cool tricks, too. While I do enjoy pets sometimes, I prefer it to be on my own terms & would like a human who respects my boundaries.



SUMMER ID#915729

I'm a chill senior kitty that likes to be where the action is, but not part of it. I often don't like to be petted, but will hang out with you, rub up against your legs & purr when I'm comfortable with you. I like my catnip mouse & will sometimes engage in wand toys. I'd prefer a quiet & slow-paced home where I can lounge around & look out the window. An experienced cat handler is recommended for me.



DONUT & CUPCAKE (Bonded Pair)

ID#916695 ID#916696

My name is Donut! I enjoy playing with my sister, Cupcake, & I loooove playing with wand toys! It's absolutely one of my most favorite hobbies. I'm very playful, but also a tad reserved. I guess you could call me a classic cat, cuz I enjoy my alone time, too! Cupcake loves people-watching & playing, like me, with wand toys & chasing laser lights. Not really one for cuddles, but I could see myself hanging out next to my human while I play. Treats are the way to my heart. We'd love a home together.



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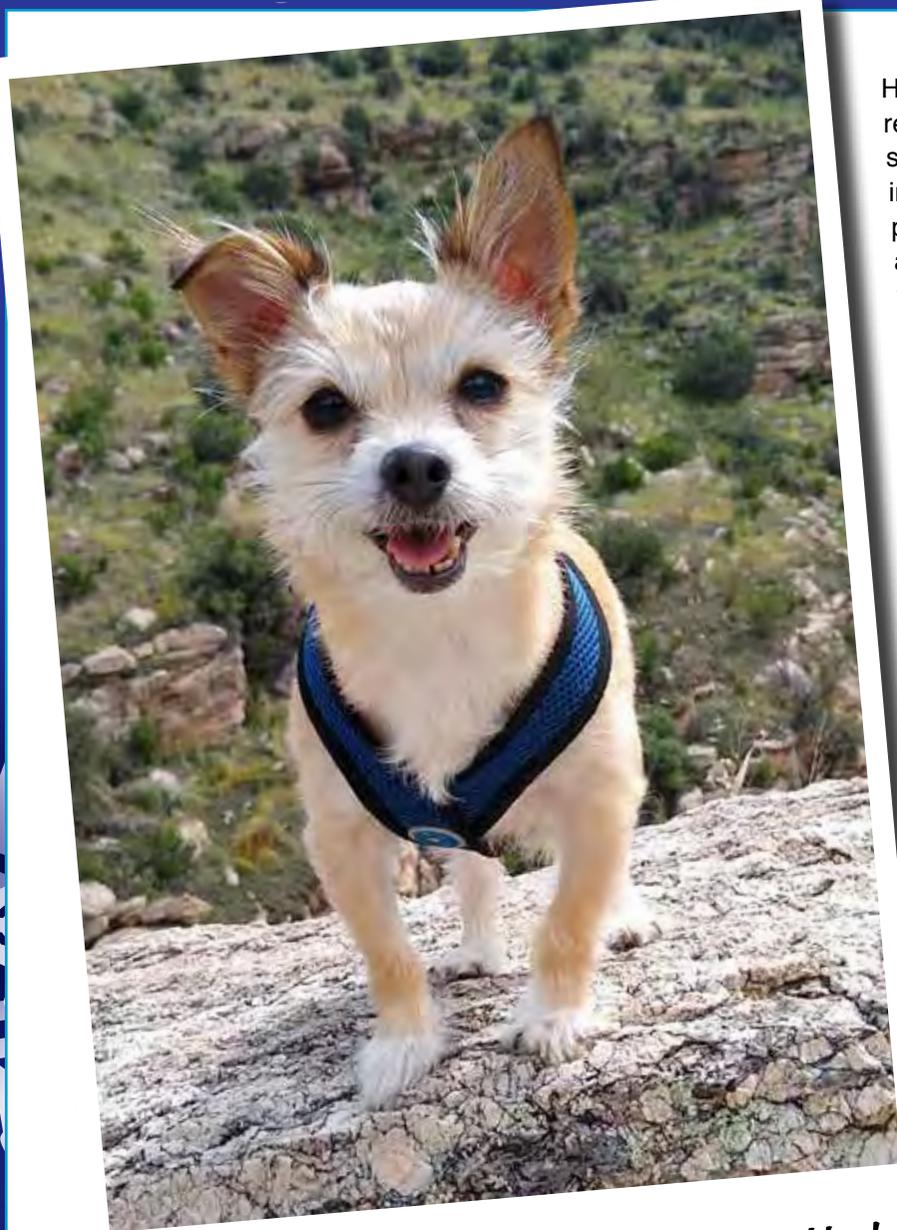
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Cover Story: And the Winner Is! Scruffy! 4th Annual Tucson Dog Cover Contest Winner

Story by Bonnie Craig



And The Winner is... Scruffy!

Here we are again. We've made it through another blistering summer into the relatively less blistering respite of Autumn. Dogs can trot happily down the streets without cooking their paws. They can enjoy a nice sunbath without immediately overheating, and their people are emerging from their hiding places, finally ready to play outside. It is also time for The Tucson Dog's 4th annual cover dog contest. It was not an easy decision, but through popular vote, we are delighted to announce this year's winner, the illustrious and extraordinary, most iconic and distinguished- Scruffy!

In addition to Scruffy, 24 other wonderful dogs entered the contest, and 5 of them were voted runners up. Klink, a handsome gentle giant, was adopted by his people while they were on a road trip. After one of them passed away, Klink became a rock for his remaining person, and often goes to work with her, where he helps to support people with special needs. Good boy, Klink!

Bella, a lovely tricolor lady, has a truly rags to riches tale. Horrifically, she was found tied to a cactus, but luckily she was rescued, and joined a wonderful family, including service dogs for the 1 Veteran Foundation. Way to go, Bella! 3 year old Maddie, looking like a beautiful coyote, is apparently very vocal. Her songs can be heard up and down the street as she enjoys an outing with her people. She does have a weakness for chasing birds and lizards, but really loves everyone she meets. Bravo, Maddie!

Much like her namesake, Cardi B overcame adversity to rise to the top of her game. After being confined to a kennel as a breeder dog and having little contact with other creatures, she was rescued and is now living her best life as the diva she was born to be, garnering attention everywhere she goes, and getting better by the day. Nice work, Cardi!

Milo, a sweet and tousle-haired three year old pup may be a foster fail, but he sounds like a big success to us. He fills his adoptive home with joy and energy for his humans as well as his two rescue dog siblings. Good on you, Milo!

Cover Dog Runners Up



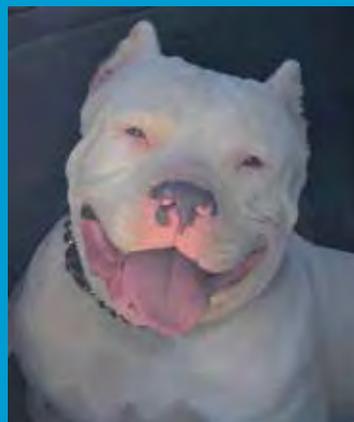
Klink



Bella



Maddie



Cardi



Milo

Scruffy is of course a most excellent sport, and is very proud of the runners up, but it is time to talk about him! Scruffy is truly one of a kind. Based on his looks and personality (both irresistible) his person, Audrey Hughes estimates that he is probably a terrier Chihuahua mix. It is, however, impossible to say for sure, because Scruffy is a rescue dog.

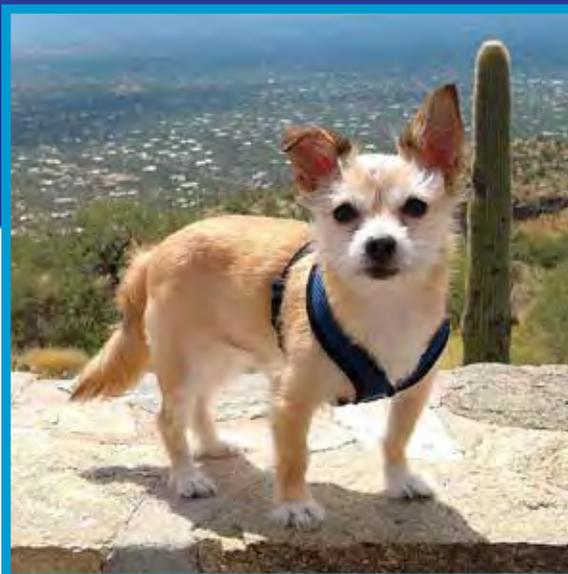
Six years ago, while searching for a scruffy dog, Audrey found an excellent candidate on Facebook, available through Pammy's Second Chance Rescue. She went to meet him at their Petco adoption event and was bathed in kisses when she picked him up. Volunteers commented that it was strange behavior coming from the six month old pup, who was normally more nervous and defensive, barking at anyone who approached. He had been pulled by the rescue along with a sibling and his father from PACC after their family was forced to surrender them in the face of an eviction.

Initially underweight with matted fur, Scruffy cleaned up nicely, but still harbored some trauma from recent life events and was not quick to trust. This made it all the more clear that he and Audrey were meant to be. Of course she adopted him, and he thrived from the start in their home, quickly doubling in weight from 4 to 8 pounds. He became the darling of their apartment complex, a year round trick-or-treater who was always rewarded for his efforts.

He made a big difference in Audrey's life too. Through what she refers to as Scruffy's "healing presence" as well as the symbiotic routine they developed, Audrey says her anxiety is 70% better. He is sure to remind her of their routine as well, lest she become remiss. He retrieves his harness for walks and has even learned to ring a bell when he needs to go out to do his business.

These days he enjoys the simple pleasures of life, such as his favorite treat, boiled chicken, and the sounds of childrens' laughter, to which he is inexorably drawn. At the dog park, he is an instigator, getting everyone fired up and running. He loves to get in Audrey's car, securely strapped into his harness and seatbelt, where he can safely stick his head out the window to catch all the exciting smells, especially on the way to Mount Lemmon, another of his favorite haunts.

In fact for Scruffy, a perfect day would probably consist of just such a car ride, stopping by the coffee shop to get his "pup cup" fix on the way to the mountain, where he can get out and patrol the creek at his favorite spot in Molino Canyon. Scruffy is truly a ramblin' man with a heart of gold. His main life advice? Find a family who will take you on adventures. We'd all do well to heed that. Congratulations, Scruffy! Enjoy your adventures!



Holiday Food Safety for our Canine Family

Story and Photos by Jeremy Brown, The Complete Canine

As the seasons change, there are things that we should consider when it comes to food safety and our furry family. There are various foods that are important to keep away and/or make sure our canines do not consume. Another area that many do not consider, are the portion sizes of those special treats or tastes of human foods that our dogs are consuming. Now, I am not one that thinks giving human foods are against the rules, but we need to consider the size of our canine, what they are actually consuming, and how much.

Below is a list of foods that canines should NEVER eat, and a list of things to give in moderation. We will also dive deeper into other areas to be aware of when it comes to portion size and special treats that are around more during the holiday seasons.

Foods to NEVER allow your dog to eat:

- Avocado Seeds and Skin
- Peach and Plum Pits or Seeds
- Corn on the Cob (Cob being the problem)
- Chocolate (the darker the chocolate the worse)
- Grapes and raisins
- Sugar Free Candy and Gum
- Macadamia Nuts
- Cooked Bones
- Onions/Garlic
- Raw Dough



Foods to allow in low doses or in moderation:

- Bacon
- Salty Snacks
- White Bread
- Dairy



Just like humans, our canines can have different levels of tolerances and allergies to various items. In fact, I have clients that have fed items from these lists for years and have never had a problem. It is still important to be aware of what is good and bad for most and be able to help them accordingly if accidents do occur. During the holidays, many things on this list are more present in our lives, so it is important to know what “the dog got into!” I always say to give low salt and low-fat items if you are giving “tastes” to your pups and take into consideration the size of your furry friends and then adjust the amount accordingly. Pancreatitis is a common problem when moderation is not considered or too much is given to any sized dog.

Another thing to consider are the portion sizes of the special holiday treats made for your dogs, but they don't get on a regular basis. I cannot tell you how often a client struggles during the holidays because the consumption of rawhide or holiday treats. If they're use to them, make sure the portion is correct per weight of the canine. Many people give the foot long bone with the big red bow, and this ruins their stomach. A smaller rawhide bone could have been fine, but they're not used to the larger size that potentially cause stomach issues or even blockages. Many Veterinarians become inundated during the holiday seasons with various issues, so I often tell my clients to have a plan and to know the emergency locations closest to your home just in case troubles do arise.

For more information contact completecaninetucson@gmail.com www.completecaninetucson.com



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Special Feature

Flavors of the Season for your Favorite Pup

Recipes provided by Alison Martin, Animal Soul Connection

Cinnamon Ginger Cranberry Jerky Treats



Ingredients

- 2 to 3 Chicken Breasts
- 1/2 cup Cranberries
- 1 teaspoon Rosemary
- 1/2 teaspoon Cinnamon
- 1/4 teaspoon Ginger
- Water

Instructions

- Clean the chicken breast and cut into strips, removing all the fat you can from the meat. It is easier to cut if you freeze the chicken slightly.
- Puree the cranberries and rosemary, then mix with cinnamon and ginger until well combined.
- Place chicken strips into the marinade, add water until chicken is completely covered, and allow to marinate for at least an hour in the refrigerator.
- Preheat oven to 180 degrees fahrenheit.
- Place on a cookie sheet 1/2 inch apart, brush with marinade for additional flavor, sprinkle tops with mint.
- Dry in an oven, with the door slightly open to let out moisture, for about 3 to 4 hours, until meat is dry in appearance and texture

Apple Cranberry Treats



Ingredients

- 1 cup fresh Cranberries
- 1 cup Applesauce
- 2 cups Whole Wheat Flour
- 1 teaspoon ground Cinnamon
- 1/4 cup Milk

Instructions

- Preheat oven to 350 degrees Fahrenheit and line a baking sheet with parchment paper or a silicone baking mat.
- Puree cranberries and mix with applesauce. Once combined add milk, cinnamon and whole wheat flour until dough is well mixed.
- Knead dough into a ball and roll onto a heavily floured surface 1/4 inch thick and cut with a cookie cutter of your choice.
- Place on a prepared baking sheet and bake for 10 to 15 minutes or until browned at the edges.
- Cool and refrigerate.
- Makes 2 to 3 dozen

Pumpkin Biscotti Treats



Ingredients

- 2 cups Whole Wheat Flour
- 1 teaspoon ground Cinnamon
- 1 teaspoon Baking Powder
- 1 15 ounce can Pumpkin Puree
- 1/3 cup Milk
- 1/2 teaspoon Vanilla Extract

Instructions

- Preheat oven to 400 degrees Fahrenheit and line a baking sheet with parchment paper or a silicone baking mat.
- Combine dry ingredients and stir until well mixed. Add pumpkin puree, vanilla extract and milk to dry mix and knead until all ingredients are well mixed.
- Form dough into flat logs about 6 inches wide and 1 inch high. Bake on prepared baking sheet for 20 minutes. Remove from oven and allow to cool for 10 minutes then cut logs into 1 inch slices.
- Place slices on greased cookie sheet and bake for 15 to 20 minutes until the slices are as dry and crunchy.
- Cool and refrigerate.
- Makes 2 to 3 dozen biscotti.

Chicken Pot Pie Treats



Ingredients

- 1 cup cooked and finely diced turkey or chicken
- 2 1/2 cups flour (Wheat, or Oat flour)
- 1/2 cup low or no-sodium chicken broth
- 2 eggs
- optional: turmeric, sage, and parsley to taste
- 1/2 cup frozen mixed peas and carrots or leftover plain veggies diced

Instructions

- Preheat the oven to 350 °F (175 °C)
- Place the flour, meat, and spices (if using) in a bowl and mix to combine.
- Add the broth in, mixing thoroughly. Add eggs and mix just until the dough holds together nicely.
- Now fold in the veggies, being careful not to mash them up too much
- Divide dough in half and roll out to about a 1/4" thickness and cut out, placing on a parchment-lined cookie sheet.
- Bake the cookies until just golden around the edges, about 20 minutes

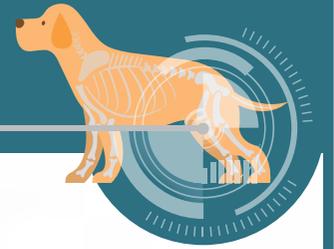
Alison Martin is the Founder of Animal Soul Connection. Email alison@animalsoulconnection.com or visit www.animalsoulconnection.com

Pets with food allergies?

Pet parents are encouraged to seek advice from their Veterinarian.

The Tucson Dog Magazine does not assume liability for adverse reactions to consumed ingredients.

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Special Feature



The Great Veterinary Shortage Of 2022 How Does It Effect You And Your Pet?

Story by **Scottie McGowan, Powered by Rescue A Golden of Arizona**

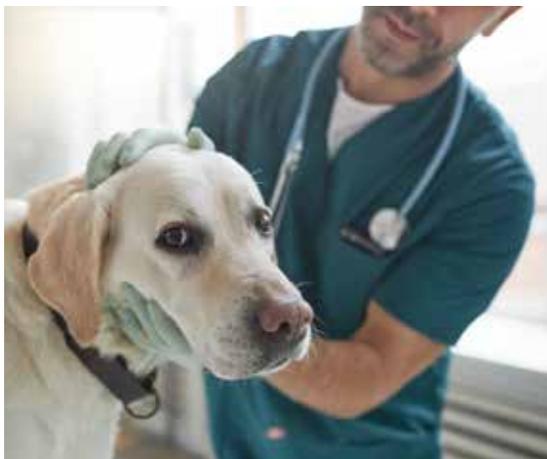
COVID-19 wreaked havoc on human lives throughout the world. Life, as we knew it, found a new norm by changing and improvising everyday life, some to our dismay. The impact on the already struggling veterinary profession is profound. Studies predict that by 2030, 75 million pets will be without access to care. What does this mean for you and your pet?

Veterinarian and vet tech numbers were steadily declining, with some clinics refusing new patients for several years before 2020. When COVID-19 confined people to home, pet adoptions increased while the number of veterinarians nationwide decreased, resulting in a shortage of 7,000 veterinarians. The 3,200 graduates from veterinary medicine schools a year are insufficient to replace the demand for care.

In 2020, Arizona had 1,430 full-time veterinarians, with 58% of Arizona households owning pets, 43% of which are dogs. Arizona's population was 6,392,017. Two years later, these numbers have increased dramatically.

The Pandemic forced veterinary clinics to change their operations, causing a significant decrease in income. Precautions like curbside appointments slowed everything down. Increased supply costs, shipping delays, and a further loss of staff levied a high emotional price on veterinarians.

The number one reason veterinarians leave the profession since COVID19 is the constant verbal abuse by stressed and angry pet owners for things out of their control. It's difficult to explain what is wrong with an animal while being yelled at by the owner.



The suicide rate is high for veterinarians due to the demands of practice, such as long work hours, work overload, practice management responsibilities, ever-increasing educational debt-to-income ratio, and a poor work-life balance.

What does this mean for you and your pet?

- Difficulty finding a vet accepting new patients
- Two or more months wait for appointments
- No immediate appointments for sick or injured pets
- Long waits at pet emergency hospitals
- Higher vet bills

Arizona is Taking Proactive Steps

There is no quick fix, but Nationwide, some universities are launching new degree programs. The University of Arizona College of Veterinary Medicine became the first public institution to offer veterinary medical degrees in the fall of 2020.

Arizona passed SB1271. The bill is enacted and funded as part of next year's state budget.

- 58 new veterinarians will come to work in Arizona by the end of 2023
- Each of them will spend at least two years working at a public shelter or in agricultural practice in a rural area over the next four years.

Arizona Veterinary Loan Assistance Program Requirements

- Provides student loan reimbursement of up to \$100,000 to new veterinarians who obtain a veterinary degree after January 1, 2023.
- Work in Arizona for at least four years.
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- Prevent tick and flea-borne illnesses with prevention medication
- Feed high-grade food
- Control weight and provide regular exercise
- Annual exam; semiannual for seniors over eight years old
- Identify alternative resources near you
- Take a deep breath, and say thank you to your veterinarian

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- Mobile vets: Search the internet for mobile vets near you
- Telehealth: www.vetster.com
- Vet school hospital: pets are treated by students supervised by licensed veterinarians
- Midwestern University Animal Health Institute Companion Animal Clinic in Glendale: 623-806-7387 www.mwuanimalhealth.com



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Town of Marana Animal Care Services & Pet Licensing

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Town of Sahuarita Animal Care Services & Pet Licensing

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Special Feature



Preparing Your Pet for Holiday Boarding and Pet Sitting

Story by Meganne Carpenter, Camp Bow Wow Tucson East

If you are planning to take a trip over the holidays without your pet, you should consider preparing your pet for your absence. This is especially important if

you have not gone on a trip for a while or if you have a new pet that you have not left for a long period of time before. These preparation tips can help you and your pet have a stress-free holiday!

If you are planning on using a pet sitter or having a friend or family member take care of your pet here are some helpful tips to consider:

- Make sure your pet is comfortable around the person taking care of them and the location they are staying at. Try having a practice round for a night or two so your pet has time to get familiar with the new place and new routine.
- Write out all care instructions and review them with your sitter. This will be helpful for your sitter to refer to when taking care of your pet.
- Be sure to pack enough food and toys for your pet plus an extra day or two of food just in case there are any travel delays.

- Make sure your sitter has the number and the location of your preferred vet office. Hopefully, they will never have to use this information but it can be helpful in case they have to.
- Holiday Boarding Photo#1
- If you are planning on checking your pet into a boarding facility:
- Make reservations as soon as you can! Boarding facilities fill up quickly, especially around the holidays.
- Make sure all your pet's vaccines are up to date and you have all your documentation printed out. All boarding facilities require your pet to be vaccinated and they will need to see proof of vaccination before you can board your pet.
- Be sure to pack enough food and toys for your pet plus an extra day or two of food just in case of any travel delays.
- Consider checking your pet in for an overnight stay for one night before you leave. This will allow your pet to get familiar with the new location and new routine.

Be careful to choose a facility that is safe, and provides a stress-free environment for your pet.

For more information contact Camp Bow Wow at www.campbowwow.com/tucson-east

From the Director's Desk



Oak "The Wash Dog": The Power of Fostering and The Importance of Community

Story and Photos by Kayleigh Murdock, Public Information Officer, PACC

Many of you have heard of Oak "The Wash Dog." Oak lived on her own in a local wash for at least four years. In those years, Oak – so named because she would chew oak sticks for fun - lived quite a life. She was attacked by coyotes, survived at least one rattlesnake bite, and had multiple litters of puppies. This local legend attracted a following of kind-hearted folks who kept her fed and kept an eye out for her throughout the years. Many also tried to catch her and bring her to safety, but clever Oak managed to avoid capture for years.

Thanks to the collaboration of several citizens and organizations, including a sweet pup named Pablo, Oak was finally captured on August 24th of this year. She arrived at PACC and was immediately brought into the clinic, where our vet team spayed her and extracted several broken and likely painful teeth. She didn't know it, but she was finally safe from the perils of the outdoors. The next chapter of Oak's life had begun.



Understandably, Oak was overwhelmed. Many dogs experience some anxiety in the shelter, but for Oak, everything was magnified. She was scared of people, she had likely never been inside or walked on tiled floors, and her nose and ears were filled with foreign smells and scents. Things brightened up a bit, though, when she got to meet some other dogs and play. They brightened up



even more when Oak made her way into a foster home with two of our staff members.

Oak's progress in foster was slow at first, but, as so often happens, Oak's foster moms slowly started to see her blossom. This shy dog who had lived in a wash all her life slowly became a social, silly girl who loves to wrestle

with her canine foster brother and enjoys perching herself on the back of the couch like a cat. Perhaps best of all, she fell in love with her foster moms. Patience, treats, and a whole lot of love helped transform the "Wash Dog" into a loving companion who cuddles in bed and gives out kisses. Oak will likely always be shy with new people, but thanks to her fosters, she learned how to be part of a family. Oak is still in foster learning more every day.

I tell you Oak's story for two reasons; the first is to illustrate the power of fostering. Fosters help in so many ways; they allow the animal to escape the stressful shelter environment, giving them an opportunity to decompress and show their true personalities. Fosters allow us to learn more about how the animals do in a home, which is often the key to getting them adopted. Finally, every animal who goes into fostering clears a space for the next pet that comes in, effectively saving the lives of two animals.

We are always looking for fosters; whether you can take a pet for two weeks or two months, we'd be happy to help you find the best fit for your situation. PACC provides all necessary supplies and medical care for fosters. To learn more about fostering, go to www.pima.gov/foster.

The second reason I wanted to share Oak's story with you is to highlight the importance of community. Countless community members, including individuals and rescues, worked together over the years to take care of Oak and eventually bring her into PACC. Oak's story is a wonderful reminder of the good we can do when we work together for the benefit of the animals.



PACC is still operating in "Code Red" status, and we continue to rely on the community. Whether you are able to adopt, foster, volunteer, donate, or simply help get the word out, everyone is able to help in our shared goal: finding these animals loving homes. We are so grateful for the support that Pima County has given us over the years, and we can't wait to see what else we can achieve together.

See available pets and read more about how you can help at www.pima.gov/animalcare.

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Special Feature

Meet The Unique 40 mph Couch Potato

Story and photos by Debra Hankish Hardman of Southern Arizona Greyhound Adoption



Southern Arizona Greyhound Adoption (SA Greys) has placed more than 800 greyhounds since forming as a 501(c)(3) organization more than 10 years ago. With the United States, to soon have only one state with legalized racing and operational tracks, the availability of greyhounds has greatly reduced with the track closures. SA Greys has now taken on the challenge to help rehome greyhounds worldwide, beginning with Ireland.

Greyhounds are graceful, quiet, and nonaggressive and have a love for a quick zoomie before returning to their favorite napping place(s). Greyhounds are lovingly

referred to as 40 mph couch potatoes. People who have shared their life with a greyhound usually return for another, staying loyal to the breed. SA Greys has a long list of interested adopters. This helps SA Greys to match the perfect family with the perfect Irish hound as there are hundreds of Irish hounds looking for a new home.

Why Irish Greyhounds?

With more than 100 greyhound adoption groups in the U.S. and soon to be only two tracks in West Virginia, there are now more adopters than available retired racing greyhounds. Many adoption groups are only adopting to people in their area and or to people who have previously owned a greyhound or large breed dog. Some organizations are suspending their adoptions or limiting adoptions to their area because of the national shortage.

Ireland racing is much like the U.S. 25 years ago. According to Grey2K USA, there are 16 greyhound race tracks in Ireland. Ireland is the size of Indiana and has a population similar to Alabama (about 5 million).

According to an Irish Greyhound Board commissioned report in 2017, the Irish greyhound industry breeds 1,000% more puppies than it needs to conduct racing. Local adoption groups estimate that only 1,000 dogs find homes in Ireland each year.

There are more dogs coming off the tracks and farms than homes available in Ireland. In addition, greyhounds are considered farm animals as opposed to family pets, which also impacts the adoptability of greyhounds in Ireland.

There has been a significant drop in Irish greyhounds being rehomed in Europe, which has led to a surge of Irish hounds being rehomed in the U.S. and Canada.

What is different about rehoming Irish greyhounds?

In the 10-year history of SA Greys, the majority of the dogs were from nearby race tracks and their physical conditions would vary. It was not uncommon



to incur large veterinary bills to cover broken hocks (like a wrist or joint in humans) and other injuries.

With the Irish greyhounds, their journey is much different. When they are no longer associated with racing, the dogs remain with the kennel owners until they move to a foster home. The Irish Retired Greyhound Trust (IRGT) and Grey Racing Ireland (GRI) provide the necessary vaccinations, dental cleanings, and spay/neuter for the greyhounds. Strong, healthy greyhounds are considered candidates to be rehomed in Arizona and only during the cooler months of October through March.

The Irish greyhounds begin their North American travels by being ferried in a van from Ireland to Heathrow Airport. They travel in handcrafted, roomy crates, complete with a comfy bed and access to water. Before placing the Irish hound in their forever home, SA Greys bathes each according to USDA requirements and also schedules a well-visit with the veterinary clinic to make sure there were no issues, which could have developed during travel.

IRGT and GRI cover the veterinary expenses and the participating adoption groups assume 100% of the transportation and related customs fees, taxes, and wellness check. The expense to cover the cargo and associated customs fees and taxes can average around \$2,700 per dog before the adoption fee.

SA Greys is a 100% volunteer-run organization and depends on donations to support the rehoming of all greyhounds. If you are interested in adopting a greyhound or making a donation to help defray transportation costs, go to sagreys.org or email communications@sagreys.org with questions or to request more information.



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Animotional Rescue: Flower Essences for Furry Friends

Story and photos by Melissa Barrow



Do animals have emotions like humans? Still hotly debated within the science community, detractors say it's just anthropomorphizing, while contemporary studies affirm cognition-related emotions like empathy, jealousy, and grief in multiple animal species. For those living and working with animals, there's no question after witnessing daily their range of emotions. Fortunately, flower essence therapy can return them to balance.

This healing modality is a form of vibrational therapy using flowers to calm emotions. Essences are not essential oils. They're more akin to homeopathic tinctures. Flower petals in glass bowls of purified water are exposed to sunlight for several hours activating the flower's imprint and infusing it into the water. Preserved with alcohol, it results in a concentrated remedy requiring just a few drops per dose.

Using flowers for emotions dates back thousands of years, with references in ancient writings from Egypt and Australia to Hildegard von Bingen, but the model practiced today comes from the work of English physician and homeopath Dr. Edward Bach (pronounced Batch). Trained as a bacteriologist, pathologist, and immunologist, Bach co-developed the 1918 Spanish Flu vaccine! Despite this successful career, he grew disenchanted with orthodox medicine for its focus on disease over the whole person, prompting his interest in homeopathy.

In 1917, while treating wounded WWI soldiers, he first observed the link between physical illness and shell shock (PTSD). He also nearly died from a tumor, crediting his mental attitude for his full recovery. Both circumstances shaped Bach's later belief that healing the mind can heal the body. Exhilarated by this and seeking natural solutions, he left his practice for the English countryside to spend the remainder of his life researching the energetic properties of flowers, eventually discovering the remedies available today. Vibrational therapy is often dismissed as pseudoscience because its subtle effects aren't measurable by scientific method. Nevertheless, increasing numbers of vets and caregivers are turning to these remedies with consistently positive results that offer some proof of efficacy since animals cannot experience a placebo effect. The medical approach to emotional problems in pets has been limited mostly to antidepressants and sedatives, which mask but don't resolve emotional issues. Gentle, nontoxic flower essences are a wonderful alternative, working more harmoniously with an animal's sensitive system.

In 35 years of working with flower essences, I've stuck to two brands: *Bach*, and *Flower Essence Services (FES)* who make North American essences. We'll look at a few of their best for animal issues, but first, one product should be in every veterinary first aid kit: Rescue Remedy. Also known as "5-Flower Formula," this extraordinary compound is Bach's



Bach & FES Flower Essences

most popular product. Though blends are common now, Bach only made this one, preferring individual essences. What a beautiful synchronicity that helping soldiers with PTSD was one inspiration for this remedy now used widely to help animals with PTSD! Each flower in it soothes shock or trauma. Rescue Remedy Pet is the alcohol-free version, but either is fine. Some examples of when to provide R.R. include:

- After injury
- After rescue from abuse
- Before/after vet visits
- Before/after thunderstorms or fireworks
- After arguments in the home

If you're fostering or adopting shelter animals who exhibit multiple trauma behaviors the following offer more targeted solutions:

- Aspen – generalized fear, anxiety
- Arnica (*F*) – emotional recovery from physical trauma
- Beech – intolerance of situations/people/other animals
- Black Cohosh (*F*) – aggression towards anyone but the caregiver
- Bleeding Heart (*F*) – fear of abandonment
- Borage (*F*) - courage, optimism, uplifts the heart
- Mallow (*F*) – restores safety and trust in others



My Friend Freyja loves Rescue Remedy!

Remedies for Common Issues:

- Agrimony - compulsive scratching, excessive grooming
- Chamomile (*F*) – soothes distress and car sickness
- Gorse – sadness, grief
- Holly – jealousy of other people/pets
- Mimulus – known fears (lightning, vets)
- Walnut – big changes (moving; loss of companion; new pet/person at home.)

Unlike homeopathy, flower essences aren't weakened by tastes or scents, so it's easiest to administer 4 drops on meals or treats. You can also try putting it in their water or put 4 drops in a small glass* spray bottle filled with purified water and mist near them, or onto your fingers, rubbing gently onto paw pads and inner ears. Some shifts can be rapid, while long-term issues may take from a few weeks to a few months to resolve, depending on severity. Either way, dose 3-4 times daily until the mood or behavior shifts.

* Glass is always best to avoid clouding the vibrant flower energy with leached toxins from plastics.

You can easily find Rescue Remedy and Bach singles at health food stores, but it's harder to find FES. You can order direct at <https://store.fesflowers.com/>. If you're curious about alternative brands, Aqua Vita carries two lines of desert flower essences, and Holistic Animal Care Shoppe carries Azmira (house brand), both worth investigating to support locally owned shops.

To learn more about flower essences for pets, visit the Flower Essence Society at <http://www.flowersociety.org/animals.htm>, they have a wonderful animal section with case studies. For more on the history and methodology, look up the work of Edward Bach online.

Animal Resource Guide

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Onsite Adoptions
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Green Valley 85614
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www.talgv.org

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www.hssaz.org

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Ajo Substation
Onsite Adoptions
Mon-Wed-Fri 11a-1p, Wed 4:30-6:30p
1259 Well Rd.
Ajo 85321
(520) 387-7502

Pima Paws for Life
Onsite Adoptions
7 Days A Week, 7a-11a & 3p-7p
2555 W. Zinnia Ave.
Tucson 85705
(520) 867-1193
info@pimapawsforlife.org
www.pimapawsforlife.org

The Hermitage Cat Rescue & Sanctuary
Onsite Adoptions
Tues-Sat 10a-5p
5278 E. 21st St., Tucson 85711
(520) 571-7839
www.hermitagecatshelter.org

Local Rescues

Animal Rescue Foundation Tucson
ARFTucson@Gmail.com
(520) 319-9292

BARK (BabyAnimal Rescue Koalition)
585 E Wetmore Rd.
Tucson 85705
barkntucson@AOL.com
facebook.com/BARKTucson/

Central Arizona Animal Rescue
Mike@caaronline.org
facebook.com/CentralArizona
AnimalRescue/
www.caaronline.org

Cherished Tails Senior Sanctuary
(520) 616-0171
Cherishedtails@yahoo.com
Visit us on Facebook

Hard Luck Hounds
(520) 261-7677
hardluckhounds.org
info@hardluckhounds.org

Hope of Deliverance
Hope of Deliverance is dedicated to being
the voice for the voiceless
hopeofdeliverance.org
hopeofdeliverancerescue@gmail.com
330-647-9963

In the Arms of Angels
(520) 873-8135
inthearmsofangels@gmail.com

Lil' Bit Of Love Rescue
lilbitofloverescue@gmail.com
(520) 869-9537
https://www.facebook.com/
lilbitofloverescue/
http://www.lilbitoflove.com/

Miss Maggie May's Rescue
(520) 256-3073
missmaggieamay@cox.net

RAD Rescue Inc.
Rehabbing and Advocating for Dogs
www.radrescueinc.com
radrescueinc@gmail.com

Rescue Me Marana
Tucson Premium Outlets
6401 W. Marana Blvd, Suite 902
Marana 85742
(520) 261-1616
rescuemetucson.org

RUFF Rescue
www.ruffrescuetucson.com
ruffrescuetucson@gmail.com
(520) 490-0401 or (520) 339-0841

SAFE (Saving Animals from Euthanasia)
(520) 349-8637 or (520) 250-5080
www.safeanimals.com

Saving at Risk Animals
(520) 499-0546
www.savingatriskanimals.org

Southwest Oasis Labrador Rescue (SOLR)
501c3 volunteer organization dedicated
to the rescue and adoption of
homeless Labrador Retrievers.
We are a virtual animal rescue
organization without a physical shelter
(520) 554-0911
SouthwestOasisLabRescue@gmail.com
www.solraz.org

Tucson Cold Wet Noses
info@tucsoncoldwetnoses.com
www.tucsoncoldwetnoses.com

Tucson2Tails
(520) 812-5682
Tucson2Tails@Gmail.com

Tucson's Cause For Canines
(520) 283-3423
TucsonCFC@gmail.com
facebook.com/TucsonsCFC/
www.tucsoncauseforcanines.org

Tucson Rescue Now Adoption Store
La Encantada Shopping Center
2905 E Skyline Dr. suite 28
Tucson AZ 85718
(520) 490-7508

Bird/Reptile Rescues

Forever Wild Avian Sanctuary
8605 S. Craycroft Rd., Tucson
(520) 574-3579

Tucson Parrot Rescue
(520) 747-0554
tucsonparrotrescue@gmail.com

Cat Rescues

Hearts That Purr-Feline Guardians
(520) 297-3780

The Hermitage Cat Rescue & Sanctuary
5278 E. 21st St.
Tucson 85711
(520) 571-7839

PAWSitively Cats No Kill Shelter
1145 N. Woodland Ave.
Tucson 85712
(520) 289-2747
savecats@PAWSitivelycats.org

Paws Patrol
750 W. Camino Casa Verde
Green Valley 85614
(520) 207-4024

SOS Cat Rescue AZ
Cortaro 85652
(520) 445-3889
info@SOScatrescueAZ.org

Southern Arizona Cat Rescue
"Our rescue is dedicated to saving
the lives of felines in Southern Arizona"
We're a foster based rescue
located in Tucson Az
www.sacatrescue.org
www.facebook.com/sacatrescue

Feral Cat Assistance

Tucson Feral Coalition
(520) 256-0443
tucsonferal@gmail.com
Info about TNR (Trap, Neuter Return)
FREE Spay/Neuter of Feral Cats
Low-Cost Spay/Neuter of owned cats

Equine Rescues & Sanctuaries

Equine Voices Rescue & Sanctuary
(520) 398-2814
www.equinevoices.org

Equine Encore Foundation
(520) 349-6008
cfolch@gmail.com
www.equineencorefoundation.org

HEART (Happy Equine Acres
Rescue & Therapy)
Tucson
(520) 445-1510
www.heartoftucson.org

Horse'n Around Rescue Ranch
& Foundation Inc.
(520) 266-0236
HorsenAroundRescue@yahoo.com

Karuna Horse Rescue
(520) 243-3267
karunarescue4sanctuary@gmail.com
https://www.karunahorserescue.org

Whisper's Sanctuary
Whisper's Ranch Bed & Breakfast
A Place of Peace and Healing
for Horses & Other Animals
www.whispersranch.com
toni@rrheartranch.com
520-455-5424

The Wild Horse Haven Rescue
"Saving horses and healing souls
through wild horse connections"
Safford, AZ
wildhorsehavenrescue@gmail.com
http://www.wildhorsehaven.com/

Wild Hearts Rescue Ranch
(520) 661-4522
wildheartsforcrow@gmail.com
www.wildheartsrescue.org

Wildhorse Ranch Rescue
Gilbert
(866) 926-8007
www.wildhoseranchrescue.com

Pig Sanctuary

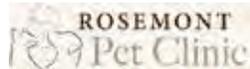
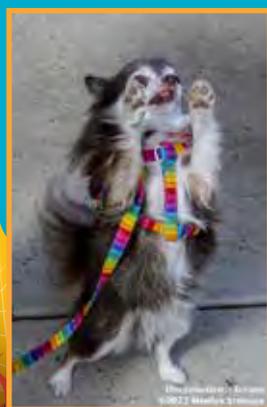
Ironwood Pig Sanctuary
(520) 631-6015
www.ironwoodpigs.org



DOGTOBERFEST and Adopt-a-Thon 2022

Thank you to all who participated in this year's Dogtoberfest Adopt-A-Thon! I loved watching all of the dogs weaving in and out of the sponsor's booths. Many of them were dressed up in costumes along with their family members. The weather was perfect, the only rain was the Reign of the winner of the Most Beautiful Dog contest. Erin Christiansen brought her unique sparkle and wit to the stage and throughout the crowd of people with their pets. Everyone was drawn to the area of adoptable dogs, many of whom found their new potential families. The Parade of Adoptable Dogs is the event favorite. It's heartwarming to see the happy and excited faces of so many dogs interacting perfectly with each other and it seemed that this year's adoptable dogs were more beautiful than I've ever seen in past events! I cannot thank any one, or all of you enough for bringing this event to reality.

THANK YOU to our sponsors, Erin Christiansen, Jacob Acosta, Three Canyon Beer and Wine Garden, all of our guests, and a big hand to all of the volunteers who gave me a hand in putting it all together!



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