

# The Tucson

July/August 2022



A publication dedicated to promoting the human/animal bond and raising awareness of shelter and rescue animals.

## Cover Story:

**The Impact of Adoption:**

**Stories That Will Touch Your Heart**

## Features:

**Big Dog Charitable Foundation  
Launches in Tucson**

**Summer Safety!**

**Being A Responsible Pack Leader**

**Hope of Deliverance,**

**Tucson's Grass Roots Rescue**



**This magazine is  
FREE  
to a good home.**

# Summertime



at the Humane Society  
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JUNE 30<sup>TH</sup> - JULY 29<sup>TH</sup>

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# SAVE THE DATE

**The Tucson Dog Magazine &  
Big Dog Charitable Foundation Presents**



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**Sunday, October 16th 2022  
11A-4P**

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**BEST LOOKING PUP ON THE PATIO**

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**Contact [colleen.tucsondog@gmail.com](mailto:colleen.tucsondog@gmail.com) for Booth and Sponsorship Information.**



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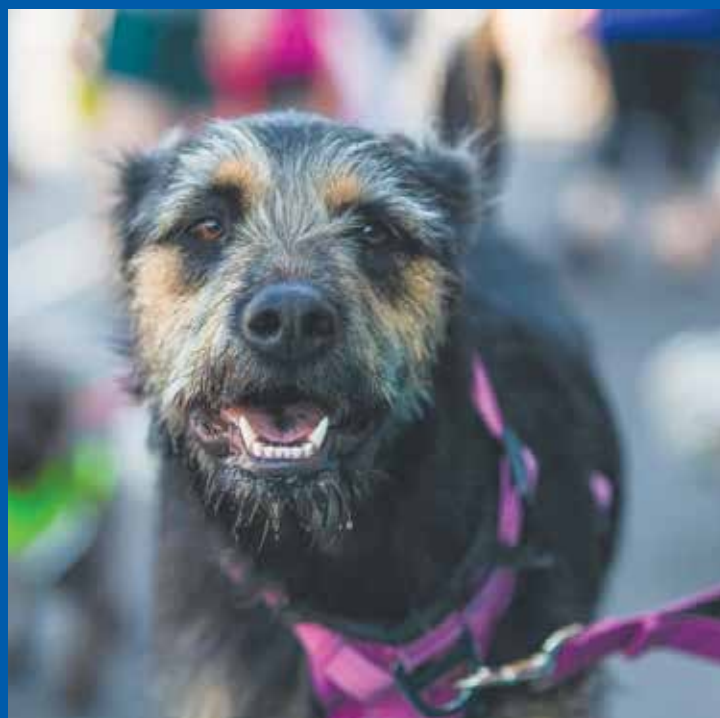
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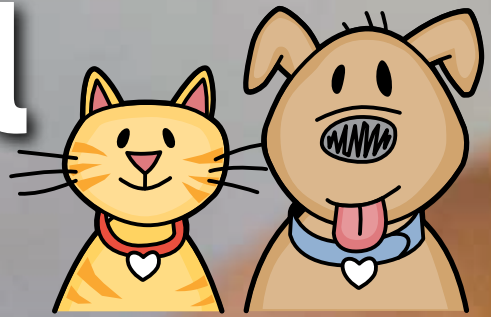
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# Pima Animal Care Center



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# The Leader of the Pack Speaks

## Happy 4th of July!

The temperatures have already peaked over 100 degrees and the summertime heat can be dangerous for pets, even fatal. You have to take extra care in these extreme conditions to ensure your pets are comfortable and safe, including dogs, cats, horses, and any other pets we parent.

Therefore, in this issue, Jeremy shares his Summertime Safety tips and Alison shares her Dog Days of Summer pet treat recipes. And for those who have horses, remember that they require 15+ gallons of water during hot days. Be sure to provide fresh, cool water with an electrolyte source, opportunities for rest and shade to avoid over exhaustion and sunburn, and know the signs of heatstroke. Did you know that feeding horses corn, alfalfa, and oats actually produces more heat and will make your horse feel even hotter?

It's also Kitten season, and summertime heat doesn't help an already dire situation of overpopulation. With one or more litters of kittens delivered every day, all of our shelters are reaching out for help from fosters and volunteers. Bonnie shares with us in her special feature, How to Become a Kitten Season Superhero!

In our cover story and throughout this issue, Rebecca highlights how Adoption and Rescue changes the lives of the people who adopt. I especially love our cover dog Charlie, who's the face of millions of rescued and adopted pets, and not just because her DNA test came back with 21 different breeds. She has a bit of everything, from Mastiff to Chihuahua! Charlie was adopted in 2021 from a rescue in Tennessee during the familiar struggles of quarantine, loneliness, and location change. Sara Leopold, Charlie's mom, said, "Charlie has changed my life in so many ways. She teaches me to be more patient and more present on a daily basis." Eight months after Charlie was adopted, Sara moved across the country from North Carolina to Arizona for school. "I think I would have had a very hard time making the move all by myself, but with Charlie making the journey with me, and watching her thrive in Tucson, she has made the transition exciting rather than scary. She has also helped me make friends in Tucson. I would not know my neighbors if it wasn't for everyone wanting to meet Charlie."

Charlie represents not only how adopting a pet turns you into a superhero, especially to them, but we magically grasp the positive effects adoption has on our everyday lives, our perspective of others, our health, even how others see and treat us. Pets even spur us into new interests we wouldn't have otherwise ventured into. Through pet adoption, people often gain insight into social responsibility, community service, and compassionate care of animals.

Thank you to our animal-loving community for supporting The Tucson Dog Magazine. Please take care of your beloved pets during the heat of the summer and the tumultuous noise of the celebration. HAPPY 4TH OF JULY!

Yours,  
Heather McShea  
Owner, Publisher & Editor in Chief

# Letters to the Editor

## Donations

WE GREATLY APPRECIATE YOUR GENEROUS DONATIONS to The Tucson Dog during these trying times. Your donation will help us to continue serving our community by continuing to promote local shelters and rescues (at no cost to them), helping homeless pets find homes, provide local resources and events and continue to share heartwarming stories about local people who give their lives to saving animals and animals saving humans.

Please send donations and your story, if you'd like to share, to:  
The Tucson Dog Magazine  
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for your much appreciated donation during these difficult times. Your kindness and generosity and love for animals is a true reflection of who you are.



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# The Tucson Dog Staff & Writers



**Heather McShea - Publisher/Editor** - As the owner of a local Home Health Care company, Heather often volunteers in helping find new homes for the pets of her hospice patients. She has worked closely with The Tucson Dog for over 4 years, and throughout her life has loved many rescue dogs of her own including a family therapy dog. Although she has only one dog now she has a constant flow of neighbor dogs stopping by all the time. She calls her house the neighborhood dog park. Heather's love of our most vulnerable populations has led her to Home Health Care and helping all animals in need. Email: heather@thetucsondog.com



**Colleen Keefe - Account Executive** - Colleen is a freelance writer, photographer, and third-generation Tucsonan. She's the mother of three young adults and one high schooler. Her daughter's service dog Beasty and his co-conspirator Teddy sometimes let the humans get the good spot on the family couch. Colleen has worked as a producer, written for newspapers, and online publications. She is always ready for game night and may have a problem with chocolate. Email: colleen.tucsondog@gmail.com



**Alison Martin - Staff Writer/Account Executive** Alison is a compassionate Animal Communicator & Educator, Animal Energy Practitioner, and Pet Loss Grief Guide. For over 25 years, Alison has been making a positive impact in the lives of animals and their people through her professional work. She shares her life with five dogs, two horses and two goats with never a dull moment or lack of dog kisses. One of her favorite quotes is from Anatole France 'Until one has loved an animal, a part of one's soul remains unawakened' alison@animalsoulconnection.com



**Rebecca West - Staff Writer** - Rebecca is a freelance writer and editor for print and digital who loves to travel the globe. A life-long pet owner, she adores animals and has taken part in fostering dogs for military members during deployment. She has given many rescued and surrendered dogs the forever home they always wanted, and her two favorite canine quotes are, "Be the kind of person your dog thinks you are," and "My dog rescued me."



**Bonnie Craig - Staff Writer** - Bonnie works as an educator and lives with three dogs, three cats, and a lot of plants and chickens. As well as writing, she enjoys painting and playing music. She is passionate about the natural world and loves gardening, botanizing, hiking, and camping. Most evenings she can be found in the garden listening to the chickens and playing endless games of fetch with a certain ball-obsessed border collie. Email: bonnieohooligan@yahoo.com



**Jeremy Brown- Staff Writer** - An animal lover for life, Jeremy has been a dog trainer for over 16 years. As the Area Trainer for Petsmart he trained dog trainers for years and opened The Complete Canine 7 years ago. A therapy dog evaluator for years, he founded Kienrnan's Kindness, a local therapy group that spreads kindness and also trains the Pima County Sheriff Therapy dog program. A Graduate from Indiana University and Applied Animal Behavior from University of Washington. He has four dogs; Archie, Lacey, Louis and Sabine, with the first two being therapy dogs. Email: completcaninetucson@gmail.com



**Emily Dieckman - Staff Writer** - Emily loves to tell stories - especially about animals. While she impatiently looks forward to living in an apartment that allows dogs, she fills her time with writing, reading, cooking and petting other people's dogs. She has a bachelor's degree in journalism from California State University, Fullerton, and her writing has appeared in several magazines and newspapers. Email: emily.dieckman@gmail.com

## THE TUCSON DOG

5151 E. Broadway Blvd., Suite 1600, Tucson, AZ 85711  
(520) 345-2801

**Publisher/Editor**  
**Heather McShea**

heather@thetucsondog.com

## COVER PHOTOGRAPHY

**Sara Leopold**

## CONTRIBUTING WRITERS

**Susan Weber**  
**Monica Dangler**

The Tucson Dog reserves the right to editorial control of all articles, stories and Letters to the Editor. The Tucson Dog assumes no responsibility for errors within its publication. The views herein do not necessarily represent the policies of The Tucson Dog and should not be construed as endorsements. The Tucson Dog was established in June 2017 and is a nonpartisan publication that is published bi-monthly by Heather McShea, Publisher/Editor. Entire contents copyright 2022 by The Tucson Dog. Layout, Design and Graphics by Prescott Design Pro, LLC - Linda Morris, Owner & Designer.



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# Special Feature

## Big Dog Charitable Foundation Launches in Tucson

**Story by Emily Dieckman, Photos Courtesy of BDCF**

*The Tucson Dog's founder and current owner are teaming up to help pay vet bills and keep Tucson animals out of shelters.*

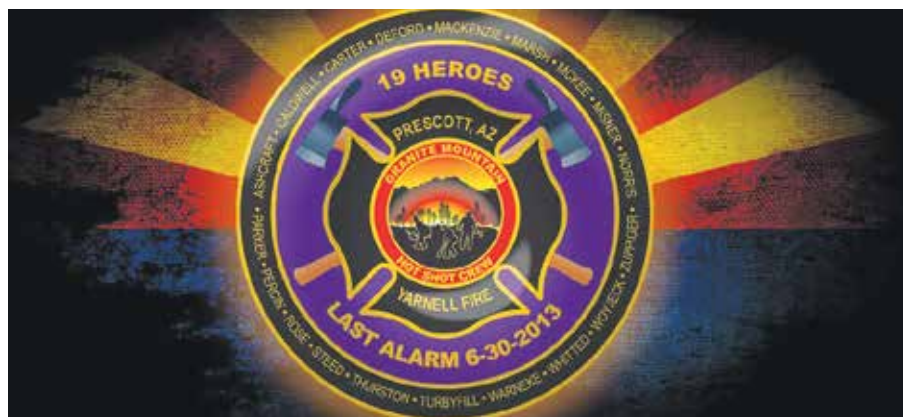
Ann Herrington is a woman on a mission. Her goal has always been to improve the lives of pets and inform animal lovers about how they can better provide for their furry friends. Over the years, that mission has taken many different forms. In the late 90s, she organized quarterly adoption events where she lived in Las Vegas. When she moved to Prescott, AZ, she started something similar and went on to start the Prescott Dog. And in 2017, she founded the Tucson Dog.

"My goal was to educate people about being responsible pet guardians," she says. "I don't even like the word, 'ownership.'"

One of Herrington's most impactful initiatives got a unique start. She used to work with the City of Prescott to reserve the town square for adopt-a-thon events, but when the city pivoted to focus on other projects, she couldn't reserve the square herself—she had to do it through a nonprofit organization. So, she decided to start a nonprofit herself.

"I wanted to help the community because I realized people sometimes weren't able to care for their animals or they were lower-income and unable to manage vet bills," she says. "And also the rescues—there are always vet bills for rescues."

She established Big Dog Charitable Foundation in 2013. Just months later, tragedy struck the community when the Yarnell Hill Fire killed 19 members of the Granite Mountain Hotshots. It was one of the deadliest American firefighter disasters in history, killing more firefighters than any incident since 9/11.



Local groups were raising money for the people affected by the fire, especially the family members of the firefighters. Herrington thought about ways she could help in a dark time, and her mind went to the animals. Some people's homes had burned down and they were struggling to find a place to go and take their pets with them. Others had lost everything and couldn't afford to take their animals to the vet. She quickly put together the Walk for Yarnell Animals, an event with a luncheon, sponsors, and even T-shirts. It was Big Dog Charitable Foundation's first event.

"It was probably maybe half a mile or so, not that far, but it was just kind of the intent of it all," Ann says. "The K9s were leading us, it was just a stream of people walking. It was really amazing. We had guys in wheelchairs, and lots of dogs, of course. And we raised about \$8,000."



## Walk for Yarnell Animals

The foundation officially received nonprofit status in July 2014, and Herrington and her team kept the efforts up. They established a phone line that individuals or rescues could call to ask for help with vet bills. They would vet callers, then get them a check from the Foundation continued to raise money and sold the Prescott Dog and st

Heather McShea was one of Ann's key partners at the Tucson Dog from the very beginning, and the first person Herrington turned to when she thought about how to get Big Dog Charitable Foundation up and running again.

“She asked me to be part of the board, and I thought it was really great because we need more foundations that help people pay their vet bills, and to help other nonprofit organizations,” McShea says. “And we thought the Tucson Dog would be a really good vehicle for it.”

The foundation has been on hold for several years, and a lot has changed, including Herrington selling the magazine to McShea. Now at the helm of the Tucson Dog Magazine and its major events, including Woofstock and Dogtoberfest, McShea is ready to re-launch the foundation, this time in the Tucson community. Big Dog Charitable Foundation will be part of this year's Dogtoberfest on Oct. 16.

“The more we talk about it, the more opportunities come up, and we just want to start getting it out there,” McShea says. “I think a lot of people have problems paying vet bills, and so this is something we really want to move forward with.”

Herrington believes covering vet bills can also help animals get out and stay out of the shelter. It's common for people to return their pets to the shelter when faced with a needed surgery or other major vet bills they can't afford. Or they will avoid adopting a dog with medical needs in the first place because they're concerned about cost.

"Everybody wants to keep dogs out of the shelter," Herrington says. "So I guess Big Dog Charitable is an extension of that [mission]."

*If you're interested in learning more about the Big Dog Charitable Foundation, visit the Facebook page or email [bigdogcharitablefoundation@gmail.com](mailto:bigdogcharitablefoundation@gmail.com).*

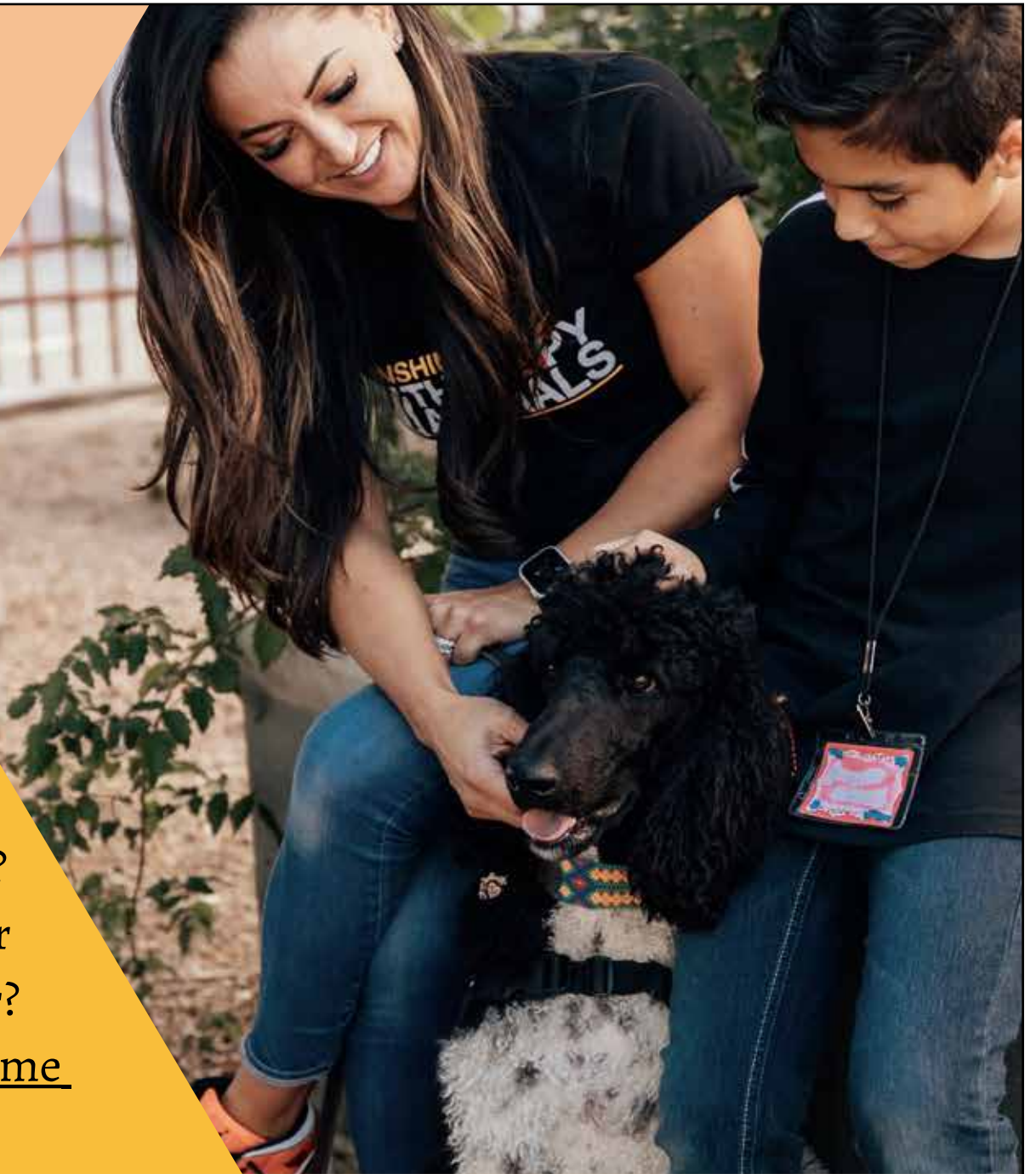




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### **Who we are & what we do!**

We recruit, train, and place registered therapy teams, consisting of an owner and their pet in the Tucson Community. We visit various facilities that serve historically underserved or disenfranchised youth: after-school programs, domestic violence shelters, group homes, schools, libraries, residential treatment facilities, and other shelter facilities. We focus on teaching life skills children may not have not learned through traditional channels such as the humane treatment of animals.

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**<https://lapansunshinefoundation.org/about-sunshine-therapy-animals/>**

# Calendar

## JULY

**Sat. Jul. 2, 11am-2pm**

**Pups in the Plaza Adoption Event**  
Come meet adoptable pets under the care of the Humane Society of Southern Arizona at PAWSH Park Place located at 5870 E. Broadway Blvd., Tucson 85711

**Sun. Jul. 3, 7am-9am**

**Pet Food Distribution at HSSAZ**  
Does your pet need food? The 1st Sunday of each month the Humane Society of Southern Arizona gives away dog & cat food to those experiencing difficulties at their main campus located at 635 W. Roger Rd., Tucson 85705. For more info, visit: [hssaz.org/food](https://support.hssaz.org/food)

**Mon. Jul. 4, 6:30, 7:45 & 9pm**  
**Humane Society of S. Arizona's Patriot, Paws, & Pages Event**

Veterans, active-duty service members, & interested members of the public, help keep shelter pets calm on the 4th of July at HSSA located at 635 W. Roger Rd., Tucson 85705. For tickets & more info, visit: [https://support.hssaz.org/event/patriots-paws-and-pages-2022/e403275?\\_ga=2.259862914.901301064.1654467668-1316752254.1643732841](https://support.hssaz.org/event/patriots-paws-and-pages-2022/e403275?_ga=2.259862914.901301064.1654467668-1316752254.1643732841)

**Tues. Jul. 5 – Tues. Aug. 2**  
**The Hermitage No-Kill Cat Sanctuary's "Kitten Monsoon"**

From July 5 to August 2, we'll be having kitten adoption specials that will include lower adoption fees & raffle prizes! Visit us on Facebook at [www.facebook.com/HermitageCats](https://www.facebook.com/HermitageCats)

**Sat. Jul. 9, 10:30am-2pm**  
**Cherished Tails Senior Sanctuary Adoption Event at PetSmart!**

Come find your new best friend the 2nd Saturday of each month at the PetSmart located at 4740 E. Grant Rd., 85712 Tucson

**Mon. Jul. 11 – Sun. Jul. 17**  
**National Adoption Week Celebration at PetSmart!**

In observance of National Adoption Week, the S. Arizona Cat Rescue will have a variety of kitties available at 4374 N. Oracle Rd., Tucson 85705. See our Facebook or Instagram for more details!

**Sat. Jul. 16, 10am-2pm**  
**Pinal County Animal Care & Control Adoption Event**

An adoption event put on by PCACC is taking place at the Home Depot located at 1546 E. Florence Blvd., Casa Grande, AZ, 85122. Come find your new forever friend now!

**Sat. Jul. 16, 11am-3pm**  
**Southwest Oasis Lab Rescue Meet & Greet Event**

Meet SOLR staff members & volunteers accompanied by some of their cute, furry Lab friends scheduled at Bookmans 6230 E. Speedway Blvd., Tucson 85712

**Sat. Jul. 23, 10am-2pm**  
**Moon & Stars Animal Rescue Feline Adoption Event at PetSmart**

Adoptable cats will be at the Grant & Swan PetSmart location waiting for their forever homes. 520-322-5080  
4740 E. Grant Rd., Tucson 85712  
[moonandstarsanimalrescue.org](https://moonandstarsanimalrescue.org)

**Wed. Jul. 27, 4:30pm-5:30pm**  
**Pathways for Paws Drive-Thru Vaccine & Microchip Clinic**

Help slow the spread of parvo & distemper & more easily locate lost pets by bringing them in for their vaccines & microchipping at our low-cost drive-thru clinic located at 2035 E. 17th St., Tucson 85719. Cash, Venmo, Zelle, or credit card

## AUGUST

**Sat. Aug. 6, 11am-2pm**  
**Pups in the Plaza Adoption Event**

Come meet adoptable pets under the care of the Humane Society of Southern Arizona at PAWSH Park Place located at 5870 E. Broadway Blvd., Tucson 85711

**Sat. Aug. 6, 9am-?**  
**Beagle Play Date at Reid Park**

Hosted by Southern AZ Beagle Rescue, bring your beagles the 1st Saturday of each month to the small dog park at Reid Park in Tucson for fun in the sun beagle style! Info at 520-247-7720/[soazbeaglerescue.com](https://soazbeaglerescue.com)

**Sun. Aug. 7, 7am-9am**  
**Pet Food Distribution at HSSAZ**

Does your pet need food? The 1st Sunday of each month the Humane Society of Southern Arizona gives away dog & cat food to those experiencing difficulties at their main campus located at 635 W. Roger Rd., Tucson 85705. For more info, visit: [hssaz.org/food](https://support.hssaz.org/food)

**Wed. Aug. 10, 4:30pm-5:30pm**  
**Pathways for Paws Drive-Thru Vaccine & Microchip Clinic**

Help slow the spread of parvo & distemper & more easily locate lost pets by bringing your pets in for their vaccines & microchipping at our low-cost drive-thru clinic located at 2035 E. 17th St., Tucson 85719. Cash, Venmo, Zelle, or credit card.

**Sat. Aug. 13, 1pm-2pm**  
**Kitten Yoga with S. Arizona Cat Rescue at Barefoot Studios**

No experience needed! See our Facebook or Instagram page for event details & tickets. Studio located at 7053 N. Oracle Rd., Unit 200, Tucson 85704

**Sat. Aug. 13, 1pm-5pm**  
**Pet Safety & First Aid**

The Humane Society of Southern Arizona is hosting a pet safety & first aid educational course at 635 W. Roger Rd., Tucson 85705. Cost: \$75. [https://support.hssaz.org/event/pet-safety-and-first-aid-august-13th-2022-from-1-00-5-00-p-m/e354915?\\_ga=2.234038619.436701943.1648571982-1322242067.1647445018](https://support.hssaz.org/event/pet-safety-and-first-aid-august-13th-2022-from-1-00-5-00-p-m/e354915?_ga=2.234038619.436701943.1648571982-1322242067.1647445018)

**Sat. Aug. 20, 11am-3pm**  
**Southwest Oasis Lab Rescue Meet & Greet Event**

Meet SOLR staff members & volunteers accompanied by some of their cute, furry Lab friends scheduled at Bookmans 6230 E. Speedway Blvd., Tucson 85712

**Sat. Aug. 20, 10am-2pm**  
**Moon & Stars Animal Rescue Feline Adoption Event at PetSmart**

Adoptable cats will be at the Grant & Swan PetSmart location waiting for their forever homes. 520-322-5080  
4740 E. Grant Rd., Tucson 85712  
[moonandstarsanimalrescue.org](https://moonandstarsanimalrescue.org)

**Wed. Aug. 24, 4:30pm-5:30pm**  
**Pathways for Paws Drive-Thru Vaccine & Microchip Clinic**

Help slow the spread of parvo & distemper & more easily locate lost pets by bringing them in for their vaccines & microchipping at our low-cost drive-thru clinic located at 2035 E. 17th St., Tucson 85719. Cash, Venmo, Zelle, or credit card

**Sat. Aug. 27, 10:30am-2pm**  
**Cherished Tails Senior Sanctuary Adoption Event at PetSmart**

On the 4th Saturday of each month, you can find your new best friend at the PetSmart located at 7727 E. Broadway Blvd., Tucson 85710

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# A VISIT TO THE



# DOGHOUSE

All the dogs on these pages are available for adoption now. If you are interested in meeting any of these adorable friends, please contact the group listed with the picture.

**Humane Society of S. Arizona**  
**635 W. Roger Rd., Tucson 85705**  
**520.321.3704 [hssaz.org/adoptions](http://hssaz.org/adoptions)**

## IVY

ID# 857470

I'm a 4 y/o female American Staffordshire Terrier mix who'd make an incredible companion to anyone looking to have an only pet child. When I'm around people, I'm the biggest cuddle bug in the world. I'll plop down at your feet, paws to the sky, with the best smile waiting for pets. I'm a faithful friend waiting to meet my one & only. Is it you?

## CHAPI

ID# 887047

I'm a female 2 y/o Pit Bull Terrier mix who's not only fluent in Spanish, but I also know English & can understand commands in many languages with hand motions. I'm looking for a loving home that will be happy to welcome me as their one & only. I adore exploring local parks, & would make a lovely adventure companion!

**The Animal League of Green Valley Adoption**  
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## FRODO

I'm a 7 y/o Shepherd mix guy that loves car rides but may need help getting into some vehicles. I take daily pain medication but that will be paid for by TALGV! I'm a 90 lb. "teddy bear" that knows several commands, but I need someone strong enough to handle me.

## MILLIE

I'm a 3 y/o girl who's a Staffie mix that does well in my crate & knows the basic commands. I don't jump fences or dig in the yard & I ride well in cars. My ideal forever home is calm & quiet, without kids, but preferably with a doggie companion.

**Cherished Tails Senior Sanctuary**  
**If interested, plz fill out an app at: <https://cherishedtails.weebly.com/>**

## WOODROW

I'm a 7 y/o Chiweenie boy who's had a hard time since my human got sick, so I'll need someone patient to let me come around on my own time. Once I trust you, though, I love hard. I'm good with other dogs, learning to walk on a leash, completely housebroken w/a dog door, & do fine in a crate but I have great house manners. I've had a dental in rescue & vaccine updates. I'm also neutered & microchipped.

## Pima Animal Care Center (PACC)

**\$0 adoption fee. \$20 license fee applies to adult dogs.**  
**Adoption includes spay/neuter, age-appropriate vax,**  
**microchip, & a free vet visit. 4000 N. Silverbell Rd. 520-**  
**724-55900. Mon-Fri 12pm -7pm, Sat-Sun 10am-5pm**

## OREO

ID# A768137

I'm a fun & goofy 2 y/o boy who craves affection & love. I'm also sensitive & sweet & love to sample any & ALL snacks you may have! I appreciate big blankets & admit I have been known to snore - or at least that's what they tell me. In PACC playgroup, I've been playful & social with other dogs. Come & meet me soon so I can go home!

## WILBUR

ID# A707385

I'm an 8 y/o boy who walks nicely on a leash & enjoys hanging out with my volunteer friends. They say I have the best smile & the cutest little sit as I wait for tasty treats. I love daily walks & in PACC playgroup I'm friendly & social & greet all the other pups appropriately. I'd love to meet any potential new roommates before moving in together, though.

## ONYX

ID# A769766

I'm a handsome 5 y/o boy with the perfect happy-go-lucky personality! I love to sniff & check out all the grassy areas in the park & carrying a toy or a bone around with me when I'm in my kennel, but I get serious when it comes time for a walk! Speaking of which, I walk well with a loose leash & I'm very polite, plus I sit well for treats.

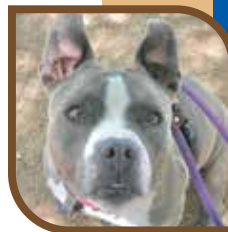
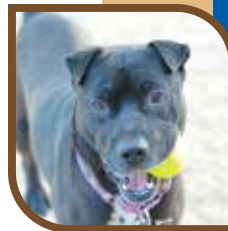
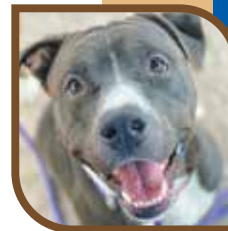
## CINDERELLA

ID# A774429

At 5 y/o, I'm a friendly, gentle & easygoing gal who enjoys her time away from her kennel. I love to stretch my legs & smell all the smells while out on walks. I take treats gently & happily accept all the affection you're willing to share! When meeting other dogs in PACC playgroup, I was social, tolerant, & playful. Still, I'd like to meet any resident dogs before heading home to ensure it's a good fit.

## TAZ

I'm an 8 y/o Pomeranian mix whose human recently passed. I've lost about 6 lbs., but need to lose another 8+, so I need a human committed to continuing my weight-loss journey. I have mild liver elevations, so I'm on a supplement right now. Otherwise, I'm a good boy who walks well on a leash, does great crated, has perfect house manners & am housebroken. I like dogs my size & smaller & kids old enough to be respectful.



# Special Feature

## How to Become a Kitten Season Superhero: Fostering with PACC at a Critical Time

Story and Photos by Bonnie Craig, Kitten Flow Chart Courtesy of PACC

In most US cities, May is a mild and pleasant spring month, but here in Tucson, the summer heat is already turning up, and with it comes kitten season. This is a time when a massive influx of homeless kittens, with or without their mothers, flood shelters city-wide. Every year, these shelters are overwhelmed, and fosters are key in providing the additional support needed to make it through these long hot months.



A lone kitten at PACC

Luckily, there is plenty of shade at the Pima Animal Care Center (PACC) on a late May day, as opening time approaches and people begin to trickle in. Some head to the adoption center entrance, radiating excitement at the prospect of bringing home a new family member. Others hesitantly approach the intake doors with animals of their own to surrender, or with strays they've found. Mother and daughter Erica and Imalah head for door number three, the shelter clinic. From



Imalah and Erica with their foster kittens, Astrid and Ash

a stylish hot pink mesh carrier the insistent cries of Astrid and Ash, the family's foster kittens, can be heard. Today they are back at PACC for vaccinations. Imalah explains that they stumbled onto fostering through a kind of kismet. One day they had come to the shelter with the intent of adopting an adult cat, but things kept falling through. "But I was not going home without a cat!" the teenager declared, so when she spied a couple of tiny kittens and was asked by shelter staff if she would like to foster, she was all in.

However fosters get started, their services are absolutely vital. Though PACC's massive 2017 facility revamp significantly increased their available space, it's still tight, especially this time of year. Carriers full of kittens seem to be squeezed into every corner. As of this writing, dogs are over capacity at 465 in shelter and 545 in foster. Cats are at capacity with around 173 cats in the shelter and an astounding 771 in foster. With 5 to 10 more litters being brought in every day, this is clearly a tough situation to sustain.

One way to ease the burden on both the shelter and the fosters is to reduce the number of animals coming in in the first place. As those who have cared for motherless kittens still in the nursing stage can attest, it can be a heartbreaking prospect. The younger the kittens, the smaller chance they have of survival without their mothers, even while being bottle-fed. Just as in the case of baby wildlife, it is best to leave kittens alone if you see them outside. Their mother

is most likely around and will return. While people have the best of intentions when taking kittens to the shelter, they may be bringing down a death sentence by separating them from their mothers. Fosters and shelters do amazing work with these bottle babies, but nothing compares to the care of a mother cat.



A mama cat and her kittens awaiting their foster home at PACC

Sometimes fostering actually includes the mother cat. Many come into the shelter along with their babies, and aside from freeing up space and resources, getting them out of the loud, stressful shelter environment is much more conducive to their well-being. This is true for all foster animals, regardless of age or species, and fostering is not as hard as some may think. PACC pays for all medical care and provides food and supplies. The main job of a foster is to provide space, care, and love during the animal's stay in their home. The time commitment of fostering varies, but for kittens, as long as they are healthy, they only need to be up to two pounds (usually around 8 weeks) to be spayed or neutered and go back to the shelter or one of several area Petsmart's for adoption. Just a few weeks can give one of these kittens the chance they deserve at life.



PACC director Monica Dangler with 14 year old, very sweet, and very available Sherman



There are few real hazards associated with fostering. As long as all pets in the home are properly vaccinated, the biggest risk may just be becoming a failed foster. Imalah at first looked offended at the suggestion she may be one of these "failures" until hearing the definition of this relative misnomer. Failed foster simply means you skip the last step of sending the animals off to adoption, and adopt them yourself. "Oh yeah," she then said confidently, "These are my cats for sure."

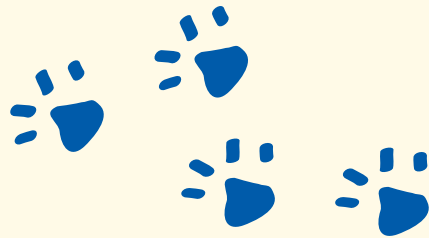
Anyone interested in fostering kittens or any other animal can sign up through the PACC website, or just head out to the shelter. If you can't foster but still want to help, remember to spay and neuter your animals, and spread the word! There are also a variety of other ways to volunteer, and of course, they are always accepting physical and financial donations. Kitten season comes every year, and every year PACC comes through for them, but not without some help. Forget the millionth Marvel movie coming to theaters this summer, fosters are the real-life superheroes.



# The Scratching Post: Cats for Adoption

All the cats on this page are available for adoption now.

If you are interested in meeting any of these adorable friends, please call the group listed with the picture.



**Hermitage No-Kill Cat Shelter & Sanctuary,**  
5278 E. 21st St., Tucson 85711  
[www.hermitagecatshelter.org](http://www.hermitagecatshelter.org)  
Apply at: <https://bit.ly/2Ws7HCG>



## BURTON

I'm a 3 y/o Administrative Assistant (living in the back office) who loves humans but prefers to be an only kitty & I don't like sharing! I love treats, but I have a sensitive tummy & can't eat them. I'm "double-positive" (FIV+ and FeLV+) but would make a great kitty companion!



## CHOPPER & NAMI

We're 1 1/2 y/o sisters who came to the shelter after being abandoned on the streets who are the best of friends! We are quiet & gentle, but we love ear scratchies. Staff says we'll blossom in a quiet home. We're love-bugs who want to stay together & get along well with other kitties, if you'll have us!

**Humane Society of S. Arizona**  
635 W. Roger Rd., Tucson 85705  
520.321.3704 [hssaz.org/adoptions](http://hssaz.org/adoptions)



## ODYSSEUS

ID# 912635

I'm a 3 y/o male who has a built-in best friend named Garfield. I'm a calm cat who is often found snuggled up in my favorite hammock. Though I love lazy days filled with cozy blankets, I'm also known to seek out attention & will happily trot on up to you to solicit some pets. Won't you adopt us?



## GARFIELD

ID# 911053

I'm a 1 y/o orange tabby male who has a built-in best friend named Odysseus. I enjoy taking after my older friend, as he spends his time cozied up in comfortable napping hide-outs. I also have quite the curious streak & can be found exploring my patio while searching for toys. Won't you adopt us?

**Pima Animal Care Center (PACC)**  
\$0 adoption fee. Adoption includes spay/neuter, age-appropriate vaccines, microchip, & a free vet visit.  
4000 N. Silverbell Rd. 724-5900 Mon-Fri, 12pm-7pm,  
Sat-Sun 10am-5pm



## ANGEL LOVE

ID# A778094

I'm a very sweet & dainty 6 m/o girl who welcomes all the affection you're willing to give, & I'll thank you by making biscuits! Head scratches & chin rubs are on my list of favorites & I would love to catch a nice warm sun puddle while taking an afternoon nap in my new home.



## MAMA - DSH

ID# A778241

I'm a rootin-tootin 13 y/o named Mama who's lookin for a one-way ticket out of PACC! I'm excited at the thought of finding my retirement home where I can stretch out on a windowsill & supervise the birds & lizards from afar. I spend much of the day catching up on my beauty sleep &, a real looker, it shows!



## SHERMAN - DSH

ID# A776577

I'm Sherman & I'm a young 14 y/o who loves to talk! I come when I'm called, love getting petted, & am really confident, so I should easily transition into your home. This wonderful floop is no longer in a kennel, cuz now I'm an honorary PACC employee working in an office! I shove papers around, will interrupt your phone calls, & love to daydream & gaze out the window. Stop by PACC & ask to meet me!



## DAPPLE - DSH

ID# A769798

I'm a 2 y/o boy who's a big fan of treats & toys... oh & let's not forget naps! I recently spent some time in a foster home where I enjoyed being the king of the castle on top of the cat tree. I previously lived with other kitties & will share tasty treats with them. If you're interested in learning more about me & my big, beautiful green eyes, please come meet me at PACC!

**The Animal League of Green Valley**  
Adoption fee: \$45 Appointments 10-2, 520-625-3170



## JETTA

I'm a beautiful 7 y/o silver-gray tabby lady who wants to be your only pet. I've been here for almost a year & I'm not particularly social right now, but if you're patient with me, I'll promise to work harder to become the perfect pet for you! Won't you help me blossom & come out of my shell?



## CREOLE

I'm a sleek & handsome 1 y/o gray & white boy that enjoys playing with string toys & cloth mice. I'm very attentive to what's happening as I sit on my cat tree, especially in the patio where I can look out at birds & people walking by. Come meet me!

# Cover Story: The Impact of Adoption:

Story by Rebecca West



collage of adopted pups

*"I have found that when you are deeply troubled there are things you get from the silent, devoted companionship of a dog that you can get from no other source."*

Attributed to the late-great Doris Day, Hollywood actress and passionate animal activist, it's a quote that many can relate to. Pets impact our lives in a multitude of ways, most of which are positive. From emotional benefits to health benefits, they have a profound influence on our wellbeing. They can also spur us into action. Here are four stories of Tucson residents who shared their experiences with adopting rescue dogs and the outsized impression it's had on their lives.

For Terry, Harry and Molly were like pennies from heaven. Things had been rough lately — really rough — before these two adorable little fur nuggets came into her life. For starters, she came down with a serious respiratory illness in December 2021, one that left her hospitalized for 10 days, followed by months of rehabilitation and physical therapy. Feeling exhausted most of the time from low oxygen levels and struggling with her breathing exercises, she and her 92-year-old mother were getting by on each other's emotional support. It was particularly tough on Terry, though, as she still missed her two



Harry & Molly (image credit Terry Daniels)

small dogs, a bonded pair she'd had for roughly eight years and never got over. "They were my best friends and soulmates," she reflected wistfully.

In 2009, after completing work on the Phoenix Mars lander for U of A, she decided to take some time off. While walking her two dogs on the same two-mile stretch they navigated every morning, Terry took a fall on an already fragile spine and needed five surgeries over the next nine months, leaving her mostly bedridden and in

and out of the hospital. "The dogs stayed by me every minute, and they were the only joy and source of relief from my pain, but more from my mental state of going from doing everything to doing nothing and possibly not even being able to use my arms or walk right again."

Then, in February 2011, she was finally cleared to travel to Florida for extensive rehab and physical therapy, but there were still two problems. First,

her marriage was lamentably in tatters by then. Second, getting there. "I had to leave my two dogs because Shiloh, my Chihuahua-Shih Tzu mix, was allergic to the rabies vaccine and couldn't fly. I couldn't split the two apart. They were like husband & wife. I wasn't able to travel long distances by car then, and my ex loved them as much or almost as much as me, so I had to leave them behind. They were everything to me, and it's the hardest thing I've ever done."

Longing for another bonded pair all these years, Terry finally got her chance this past January when she saw one of our Wednesday Rescue Pet of the Week posts on Instagram, where we highlight dogs in need of forever homes. Harry and Molly were being fostered by Tucson Cold Wet Noses when Terry ran across the post on 1/18/21 and immediately reached out to us. She said at the time, "I know everything happens

for a reason, and I'm praying this will finally be the two I've waited for."

After some back and forth and some home visits, Harry and Molly officially became part of the family on January 30 (ironically, Shiloh passed away just two days earlier). Since then, every day has been a delight. They keep her and her mom beaming from ear to ear with their silly antics and constant companionship. At approximately 8 and 10 years old, they fit right in as if they've always been part of the family. "I'm so over the moon words can't even begin to describe it and the happiness they bring to this house, especially since mom's cancer diagnosis. I am grateful



Harry & Molly (image credit Terry Daniels)

every day to have found them, and mom loves them, too. They are just a joy and uplift our spirits every day. We are truly blessed!"

*"Those who teach the most about humanity aren't always human."*

-Donald L. Hicks, Author of Look into the Stillness

Then there's Iryna from Ukraine, who moved to the States a few years ago with her husband and eventually ended up in Tucson. Her adoption impact story began on July 18,



Iryna & Kira (image credit Iryna Caro)

2021, when she saw the online photo of a 5-month-old dog under the care of Pima Animal Care Center. Completely taken with the pup, she recounted that she didn't sleep that night and instead tossed and turned until morning just thinking about the animal. As soon as the shelter opened, she dashed over and began the adoption process. By the next day, July 20, Iryna and her new baby girl "Kira" were driving home to start their lives together as a family of three. Initially noted as a timid girl, Kira has come a long way in the last year.

"These days, since Russia has invaded Ukraine, my dog Kira is my biggest support. It is unbelievable what is going on there because we [Russia and Ukraine] are like family. And I have my family and friends in Ukraine. Some of them I have lost connection with since everything started, and who knows

# 4 Stories That Will Touch Your Heart

if we will ever meet again. It is so sad, but I am glad Kira always interrupts my sadness and crying by bringing me a toy when she sees me like this.

"Kira has been helping me go through a very hard time with my family being there, and I don't know what I'd do without her. I feel she is my soul, believe it or not, and is my best moral support giving me kisses hundreds of times per day. I think it's to tell me, 'everything is good, and we have to keep ourselves up through this war.' I am very happy to have her, and I feel like she has been rescuing me, and I didn't rescue her."



Kira & her siblings as PACC pups  
(collage credit Iryna Caro)

Iryna is also on a mission for Kira. Turns out she's one of a litter of four, and Iryna would very much like to arrange a playdate with Kira's siblings adopted in Tucson between 7/18/21 and 7/21/21. She included their PACC ID #s at the time: A746137, A746138, and A746139. She's tried posting about the much-dreamed-of reunion on Facebook to no avail. Iryna's still optimistic, however, and hopes that perhaps someone reading this might recognize their pup in Kira and reach out to her. She's even created an email address for potential contacts specifically for this purpose: kirabarboska@gmail.com.



Angela & her daughters Amaya & Ashley with Chloe  
(image credit shelter volunteer Jordan)

Obviously the apple of her eye, Iryna wanted to speak her heart to her faithful companion by sharing this message, "Thanks a lot, Kira, for being my support throughout this, the most difficult time in my life. You are my love!"

*"I've learned that whenever I decide something with an open heart, I usually make the right decision."*

-Maya Angelou, Noted Poet and Civil Rights Activist

The night before local Realtor Angela adopted Chloe back in November 2016, her cousin had shared a video taken by an Arizona animal advocate networking for shelter pups.

The gist of the clip was that if

the dog was not adopted by the end of the next business day, she would be put down. "I saw it, and tears literally started to flow," Angela recalled. "She looked just like my other sweet pittie. The shelter she was in is a very high-kill one in Maricopa County. I'm in Pima County and already had four dogs, so my original attempt to help was to tag everyone I knew in Phoenix and beg for someone to save her. I reached out to local rescues here in Tucson, too."

By about 11 a.m. the next day, it was clear to Angela that nobody was going to step up. "All of my girls agreed we needed to go save her, and they said they would help with everything." Again, with four dogs of her own, Angela was a little concerned, but her heart wouldn't let her leave Chloe there to die. Her

initial thought was to just go up and save her and then find her a forever home if need be. That didn't exactly work out.

With a roughly two-hour drive in front of her and facing a time crunch, she ran into multiple obstacles as if to thwart her rescue efforts. But Angela would not be deterred. "When we finally arrived, Chloe wasn't in her kennel, and my heart sank for a moment, but then two amazing volunteers walked up with her." There was a brief moment when Chloe became agitated over the other dogs barking, and Angela fleetingly questioned her decision, but she silently swore to herself, "I'm adopting her no matter what."



Chloe (image credit Angela Smith)

Playful and very sweet, they were able to take Chloe home the next day after she was spayed and microchipped. "Our lives have never been the same since, and I've definitely been on a mission to help as many pups as possible! I absolutely adore animals, but after rescuing Chloe from the E-List, my entire perspective changed drastically. I started doing so much more to help advocate for animals. I was volunteering with Tucson's Cause for Canines for a while doing fostering and transportation. After my second grandbaby was born, I had to slow down a lot because my daughter needed my help, and I'm a full-time Realtor. But I still donate to causes and regularly advocate in various ways to help animals in need."



Alex's adopted tea terriers (image credit Alex Cosgrove)

*"In the end, it's not the years in your life that count. It's the life in your years."*

-Abraham Lincoln, 16th President of the United States

Tucson Artist Alex shared, "I initially adopted my dog because I was graduating from U of A, and I knew I wouldn't be walking as much. So, I needed the motivation. Funny enough, while searching for my first forever dog, I stumbled across the world of animal rescue. I fostered a handful of dogs before I adopted Tater Tot. And then, when I adopted him, I stopped rescuing for a little while but picked it back up again. Eventually, I adopted my second dog, Snapple, seven

years later. Neither of my dogs were foster fails, but they came from different rescues. Last July, I said goodbye to my first hospice foster dog of four years. She was my 28th! Each dog has taught me and my own that it is never too late to have an awesome life. I am so happy that there are amazing adoption stories! It always makes me so happy to hear them."

What's your epic adoption impact story? If you don't have one yet, start making your own today!

# Special Feature

## How Journalist Jim Parisi Made the Leap from Politics to Dogs

Story by Rebecca West

“Learning what’s important to people in that community is key,” observed Jim Parisi. We’d been discussing the subject of his decades-long career as a broadcaster and political journalist years prior. During that time, he ran as many as 10 different broadcasts, including five for TV and five for radio. As a news anchor and director, he strove for fairness in reporting for both sides. He applied that rule of thumb to some 500 influential people he interviewed during his lengthy career, along with U.S. presidents George H. W. Bush, Bill Clinton, and Donald Trump.



Jim Parisi interviewing President Bush

When asked what prompted him to get into the field, he noted that, “Growing up, journalists were still respected when I was a kid, and I looked up to them. Heck, even Clark Kent was a journalist!” he jokingly pointed out.

Calling Tucson home for the last 23 years, Jim’s decision to relocate here was connected to a career move on the part of his then-wife, whose roots are here in the Old Pueblo. Working in Albany, New York, at the time, he packed up and drove across the country with his dog to join her. Sharing that he’s always viewed himself as an idealist, Jim admitted that he was over the extremism of news when he finally tapped out and left the profession for good. Some years later, he launched into streaming, which would seem to be the natural progression in this day and age for someone with his background.



Dog Talk Radio logo

much in life, timing is everything, and shortly after Dog Talk launched, COVID hit. On top of that, Jim had been diagnosed with brain cancer in December 2017 and given only a few months to live. He battled back and defied the odds, but nearly five years later, he’s been given some disappointing news regarding his condition. Holding out hope and remaining optimistic, he said, “Being positive is key. I’ve lived a good life, and I hate regrets. And I don’t have any.”

Curious as to the who, what, where, and when behind the decision to launch a show revolving around canines, Jim shared that at one point, he had a producer who was an animal fanatic with lots of pets that was a bit of an influence. It was also due to the growing realization that pets were becoming a more prominent part of people’s lives, which tracks with his early line of thinking regarding knowing what’s important to people within the community. “I did the Dog Talk podcast for just under a year with lots of interviews before everything hit all at once.”

When he got cancer, his family was spread out and busy with their hectic lives, so it was just Jim and his two dogs most days. They became his best friends and constant companions. “When I was at my lowest depths, my dogs were there for me. One of them, Chief, has since passed away, but I tell my surviving dog Cooper at least five times a day that I love him. There’s something about dogs, and there’s a reason they’ve been referred to as man’s best friend. God put them on Earth to help us.” During the interview, Jim related that Cooper was lovingly staring up at him, keeping him company even as we spoke. “I’ve actually got a door mat that says, “Dogs welcome, people tolerated.”



Jim’s dogs Cooper & Chief

At one point, he made dogtalk.dog, a website for canine merchandise that he had to let go of due to his recurring illness. True to form on remaining positive, he’d like to make T-shirts and other merch based on dogs if/when he gets better. And that’s not all. Jim’s hopeful, “God willing,” that he’ll be able to start Dog Talk Radio back up. The desire at this stage is to put his journalistic experience toward something he has an interest in that animal lovers would be drawn to. But he wants to add depth to the subject beyond mere “fluff,” as he put it.



Jim & Cooper

“I want to talk about issues dog owners are most interested in and info on what’s changed, like being able to bring dogs more places.” Since cancer entered his life, the love Jim’s felt for his dogs has been so intense that he wants to delve into why other people have the deep feelings for canines that they have.

That’s why surrounding himself with dog people is so important to him at this point. “Dogs are just amazing! I thought if I’m going to be struggling in life, I want to do things that make me feel good, and dogs do just that.”

We’re hoping Jim makes a full recovery and is able to resume his Dog Talk Radio podcast. To listen to the Jim Parisi Show discussing Cairo and Will Chesney on Apple Podcasts, visit: <https://podcasts.apple.com/us/podcast/jim-parisi-show/id1123780572>.


July 5th- Aug 7 2022

Enter your pet to be featured in  
the annual FOP calendar

<https://www.gogophotocontest.com/fopcalendar>



**Friends of PACC 2023  
Calendar contest:  
Glamorous Pets**

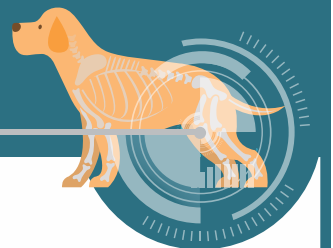


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# Special Feature

***“We Live in Hope of Deliverance from the Darkness that Surrounds Us”***  
**- Paul McCartney**

## **Hope of Deliverance, Tucson’s Grassroots Rescue**

**Story by Bree Kishman Director of Hope of Deliverance, Inc.**

When Hope of Deliverance began, we knew our biggest goal was bringing a sense of community to our rescue – that was the priority. Of course, saving dogs was our mission and our passion but without kind, giving, selfless, and dedicated individuals, saving dogs successfully would not be possible.

Hope of Deliverance is dedicated to being the voice for the voiceless. Our mission is to partner with rural animal shelters throughout southern Arizona, specifically those with low or no veterinary care available at their shelter, to save as many dogs as possible. We aim to do so by tightening the rescue community. If we are at capacity with our means, we concentrate on placing dogs with partnering rescues.

Hope of Deliverance provides “tops to tails” care for the dogs that we pull from the shelter; this includes All medical care, supplies for fosters, training support, if needed for fosters and adopters as well as mandatory training for our adoptable puppies. Well-trained and socialized puppies lessen the return rate.



The dogs in our care are fully vetted, come with training support, and all supplies are covered for our fosters. Supplies include food, training tools, collars, leashes, bedding, dog wheelchairs, and anything else needed for that specific dog. Our promise is to care for each foster as our own and provide a full support system of professionals and volunteers before, during, and after adoption.

The most vital aspect of Hope of Deliverance is our volunteers. As an all volunteer-run organization, we strive to make everyone feel welcomed,



valued, appreciated, and supported. More importantly, we like people to know that they can in fact contribute to helping our dogs, even if they are unable to foster.

Fostering is always our most crucial need however, we may have a foster parent who has work or a lack of transportation for appointments. We provide volunteers who will drive the foster dog to appointments such as Veterinary visits, and training classes and even deliver the dog to the foster home. When we have events, we aim to involve other rescues, other charities, and the community as much as possible. And in the situation when a foster dog “Crosses The Rainbow Bridge”, we make certain that no one feels alone.

A rescue cannot be successful unless all parts are working as one large machine. Within Hope of Deliverance, you’ll find the most passionate, caring dog lovers in our “Village”, a Village that grows stronger by the day. We may not be the largest rescue, we may run “paycheck-to-paycheck,” but you will find volunteers with hearts worth their weight in gold that would drop anything at any time for a dog in need, and that is what makes our little rescue successful.

To learn more about Hope of Deliverance, Inc., please visit [www.hopeofdeliverance.org](http://www.hopeofdeliverance.org)

# Training

## Summertime Safety!

### Story & Photo Provided by Jeremy Brown, The Complete Canine

Summertime is a difficult time as a pet owner in the Sonoran Desert, and there are many things we should consider as responsible pack leaders.

#### HEAT PRECAUTIONS:

- It is obvious that we have extreme heat in the summer, but it is concerning how often our four-legged friends have negative situations due to heat. The temperature, in general, is important to be aware of, but we also must consider the temperature of the ground and in our vehicles.
- The first thing that comes to mind when it comes to my dogs and the weather is their paws on the hot ground. It may not seem hot or too hot, but the ground can burn the pads of our canine friends in very little time.
- Canine shoes and walking early or later in the day can help prevent damage. Different surfaces attract more heat and knowing the desert can help prevent burns to everyone. Teaching our canine family members to wear shoes to protect them can be a game-changer and helps with the cold too if you travel or live in colder areas during cold times of the year.
- Heat in the car is one thing I think people are unaware of as well. Serious damage and death can occur if your dog is left in a vehicle. Besides being illegal to leave canines in the hot car, it is alarming how fast heat exhaustion and death can occur. Leaving them in the car, even with the air conditioner running is still against the law, so be careful about safety as well!

#### WATER PRECAUTIONS:

- Water safety is just as important for the four-legged as it is for the two-legged. We will look at things to consider if water or a pool is around.
- Knowing where the steps are in the pool can literally save a life for any species around the pool. Not all dogs are water dogs or are as comfortable in the pool but knowing how to get out of one if one were to fall into the pool can be a game-changer.
- Teaching how to swim can also be a great way to improve safety. When first learning how to swim, I like my dogs to have a life vest to help guide them. The handle on the back allows you to help manage the situation and make them feel at ease. It also helps to keep them from scratching you during a potential panic moment. To make sure they are not panicking, use reward-based (high value) training to help turn the coin on what they are perceiving as scary. Take this slow and make sure it's a very positive experience!

#### CPR:

- Pet CPR can be a great way to ensure everyone in the family is safe at all times.
- Canine CPR is something that many of my clients are aware of, but many people do not know where to look for this. I usually tell clients to look at the local rescues in your area. Humane societies in local areas offer these classes, typically monthly. Humane Society of Southern Arizona offers classes and can be accessed at [hussaz.org](http://hussaz.org). Many have even taken these classes online during the pandemic.

#### DESERT WILDLIFE:

- Snakes, scorpions, and other venomous creatures live in our beautiful desert and when the weather changes, we are forced to be around each other a little more than desired.

- There are many ways to prevent or minimize danger.
- One suggestion I make to clients is to have a strong leave-it and come command. In fact, an amazing client of mine found a rattlesnake in their house recently (no joke) and the skills learned in our classes allowed them to get their two younger dogs to safety, amazingly.
- Rattlesnake training and Toad aversion can also save lives. Do your research and see where you can accomplish this locally if desired.

#### FIREWORKS:

- Firework safety and storm safety is always something I speak about in Puppy and Beginner classes.
- By planning ahead we can help reduce stress for both you and your canine family members.
- The summer brings us various holidays where we celebrate with fireworks. These loud, abrupt noises can cause much trauma to our canine family and there are things to do to help alleviate that stress. Desensitize to noises and help train that these things are normal. With anything that scares or causes a fight or flight response, it is important to use positive reinforcement. I often say *"I am not less scared of something if you act too assertive or aggressive"*, so it is important to take things slow and prep for the future. (Please see our article in [thetucsondog.com](http://thetucsondog.com) May/June issue, page 24 for more information here!)

Keeping my whole family safe is very important and living in the desert presents various challenges. Think ahead and plan appropriately during this time of the year. Being proactive can help make sure everyone has the tools to be successful in any situation. Desensitizing and training can help guide many scary situations in our desert. Using shoes and protecting from the heat is imperative for you and me, as well as our furry family! Canine CPR is an underrated ability, and I truly wish more people knew that they can easily learn this skill!

BE safe, BE proactive and make sure we have a beautiful and safe summer in the desert!

If you have questions, contact [completecaninetucson@gmail.com](mailto:completecaninetucson@gmail.com)



Careful! Too Hot For Pets!

# Special Feature

## Wiley, My Miracle Dog and How His Plant-Based Food Diet Changed His Quality Of Life

**Story by Susan Weber, Certification in Plant-Based Nutrition eCornell,  
T. Colin Campbell Center for Nutrition Studies**

Meet Wiley, my \$4,000 miracle plant-powered rescue pooch. In my twenty-plus years of rescue, Wiley tops the list of hardship cases I have taken in.

Wiley was a medical case from Pima Animal Care Center that came in as a “hit by car.” He was severely dehydrated, his blood platelets were extremely low, he had too many white blood cells, he was anemic, and not able to stand. They estimated he was 9.5 years and weighed in at 13.5 pounds. His front right leg was splinted and put in a cast. Upon further examination,



Just Adopted

Wiley tested positive for heartworms and tick fever. His prognosis was “guarded to poor.” Life for little Wiley was not looking good. He needed a rescue foster immediately.

My heart always goes out to help the worst of the worst. Wiley certainly fit that profile so off to PACC I went. I set him up in a pen in my office so I could keep a close eye on him. Two days after I took him home, I woke up to find he had scratched his neck to a bloody mess. Back at PACC, he was sedated, the area was clipped,

cleaned, and bandaged, and he was given antibiotics. Despite all the care he was given, Wiley’s condition continued to get worse—much worse. The hair loss was spreading, replaced by crusty, bloody skin lesions. As hard as they were trying, nothing that the wonderful PACC veterinarian staff was doing was working. To top it all off, during his visits there, Wiley contracted kennel cough. When a biopsy came back with no clear diagnosis, I realized it was time to get Wiley to a specialist if he was to survive. I decided to adopt him to take full charge of his care.

A visit to a local vet was unsuccessful so I researched clinics specializing in Animal Dermatology and was thrilled to find an office in Tucson. That visit was life-saving for Wiley. They diagnosed Wiley with MRSP—an antibiotic-resistant staph infection—a major health problem that can be transmitted from pets to people. MRSP can cause severe ‘flesh-eating disease’ which was what seemed to be happening to Wiley. Treatment consisted of daily medicated soaking baths, followed by bleach baths, a spray, and washing all towels immediately after contact. Gloves had to be worn giving him the medication that had been prescribed. Yet from the very beginning, Wiley was a dream patient. He never once complained in any way.

In addition to all the medical treatment, I started Wiley on a vegan diet having learned of the many benefits touted by veterinarians including Dr. Richard Pitcairn—a world-renowned holistic veterinarian also degreed in Immunology. In Dr. Pitcairn’s 4th Edition of Natural Health for Dogs and Cats, he speaks of the rising health care issues and in diseases such as cancer, the alarming increases being seen in our canine companions. As with humans, scientific research has shown that the higher up the food chain we feed our pets, the more issues they will have. Conversely, Bramble—a border collie who lived to be 27 and is in the Guinness Book of World Records—was fed a strictly vegan diet. After more research and hearing case upon case of healthy, vegan-fed dogs, I became convinced that it was the right way to go. I fed



Wiley Covered

Wiley a mixture of V-Dog, Wild Earth, and home-cooked meals of sweet potatoes, brown rice, vegetables, and garbanzo beans or lentils. His homemade treats consisted mostly of whole oats, peanut butter, bananas, and pumpkin. Every morning Wiley got blueberries, bananas, apples, and other fruits in season. I wanted Wiley to have whatever would boost his immune system the most and the answer to that seemed to be whole unprocessed foods.

Wiley became better rather quickly. The specialist veterinarian was impressed at how well he was doing after just one month and noted that he was “greatly improved” and needed no further medicines except for the special shampoo.

Today—two years later—Wiley’s coat is shiny, thick, and beautiful. His blood work is perfect. He still gets his vegan diet and treats. Watermelon, cantaloupe, and carrots have been added to his list of favorites. Unfortunately, Wiley will always walk with a limp and have a twisted right foot from the fractures he suffered that didn’t set correctly. Wiley is the most lovable, loyal and smartest boy that anyone could ever ask for. He has a plant-based little brother named Bear and until recently, a vegan Dalmatian sister.



Wiley Today

I sincerely believe that Wiley’s diet played a huge part in his speedy recovery and continues to keep him in perfect health today. As with humans, what Hippocrates said many years ago appears to be true: “Let food be thy medicine and medicine be thy food.”

There are many resources out there that speak about the benefits of feeding vegan including [www.plantpowereddog.com](http://www.plantpowereddog.com), The Clean Pet Food Revolution by Earnie Ward, DVM, and The Plant-Based Dog Food Revolution by Mimi Kirk. If you’re short on time, there are many companies that offer kibble-type, plant-based food for your dog including V-dog and Wild Earth. Bramble Pets [www.bramblepets.com](http://www.bramblepets.com) offers fresh, whole food, plant-based dog food. All a great choice to help your dog live a happy and healthy life.

*For more information contact Susan Weber at [plantpooch@gmail.com](mailto:plantpooch@gmail.com) All information is provided for educational and informational purposes only and is not intended as medical advice. Pet parents are encouraged to consult their pet’s Nutritionist or Veterinarian before beginning any nutritional transition.*



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# Pet Directory

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### No Kill Pima County

P.O.Box 86231, Tucson  
(520) 477-7401  
Nokillpimacounty.org  
Resources for your pets and community cats

### Southern Arizona Animal Food Bank

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### Pima Animal Care Center Ajo Substation

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### Rescue Me Marana

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rescuemetucson.org

### The Animal League of Green Valley

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Green Valley  
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### Sunshine Therapy Animals

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## IMPORTANT NUMBERS

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### Pima County Pet Licensing

(520) 724-5969

### Town of Marana Animal Care Services & Pet Licensing

(520) 382-8020

### Town of Sahuarita Animal Care Services & Pet Licensing

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# Special Feature

## Dog Days of Summer Treats!

Recipes provided by Alison Martin, Animal Soul Connection

Bring some lip-smacking fun to your dog's day and try these yummy summer treats.

### IMPORTANT TIP:

Be sure to look carefully at the ingredients in the yogurt you use in these recipes and avoid: Yogurt with any artificial sweeteners, especially Xylitol

Yogurt with flavoring components some of which can be dangerous to dogs  
Yogurt containing "fruit on the bottom" which is heavy in added sugars  
We'd love to see photos of your happy dogs enjoying these summer treats!  
Share yours on our facebook page at [www.facebook.com/thetucsondogmag](http://www.facebook.com/thetucsondogmag) and let's see who has the coolest dogs in Tucson!!



### Frozen Strawberry & Banana Smoothie Dog Treats

#### INGREDIENTS

- 2 cups sliced strawberries or a 16-ounce bag of frozen strawberries
- 1½ cups plain non-fat yogurt
- 1 sliced banana (if you have two...use them both)
- ¼ cup skim milk or almond milk
- 3 tablespoons honey

#### INSTRUCTIONS:

Place all the ingredients in your blender on medium speed and blend for approximately 2 minutes. Pour into the molds of your choice or use ice cube trays.

Freeze for 4 hours or more. Pop out of the molds. Ready to ENJOY!  
To store: Freeze in zip lock bags or any tight sealing container.

Please note: You can use other fruits instead of Strawberries like Watermelon, Blueberries, Mango, Pumpkin (NEVER EVER GRAPES), and any other Dog Safe Fruit or Veggie. Bananas add a creaminess that no other fruit can offer.



### Pumpkin Banana Pup Pops

#### INGREDIENTS:

- 1 cup plain non-fat yogurt
- 1 (15 oz) can of pumpkin puree (NOT pumpkin pie mix)
- 1 teaspoon honey
- 1 ripe banana

#### INSTRUCTIONS:

Add the banana and pumpkin puree to your blender or food processor and mix until it's nice and smooth. If you don't have a blender, you can mix by hand using a fork, especially if you use a nice ripe banana.

Combine the yogurt and mashed banana/pumpkin mix in a large bowl. Add the honey and stir until all ingredients are well combined.

Spoon the mixture into silicone candy molds or ice cube trays.

Freeze overnight (or for a few hours if you're making it early in the day). Pop out of the molds and serve on a hot day!



### Peanut Butter Turmeric Coconut Oil Dog Treats

#### INGREDIENTS:

- 1 cup peanut butter
- ¼ cup coconut oil
- 1 tsp turmeric
- 1 tsp cinnamon

#### INSTRUCTIONS:

Melt coconut oil so that it is liquid (about 20 seconds).

Mix all ingredients together in a bowl and stir until smooth.

Pour into silicone molds and freeze for approximately 15-20 minutes.

Store in the freezer as they will soften quickly when left at room temperature.



### Chicken and Biscuits Homemade Dog Treats

#### INGREDIENTS:

- 2 cups chopped, cooked chicken
- 2 cups whole wheat flour or white whole wheat flour
- 1 (5.3-ounce) container of nonfat plain Greek yogurt
- ¾ cup water
- 1 egg, lightly beaten

#### INSTRUCTIONS:

Preheat oven to 350°F. In a medium bowl, combine all ingredients, stirring until thoroughly incorporated. The batter will be very thick and sticky.

Drop batter by level tablespoons onto parchment-lined baking sheets. (Because these dog biscuits spread very little during baking, I crowd them together more than typical cookies, and get all of them onto 2 baking sheets.) Using the back of a spoon, flatten the dog treats slightly. Bake for 12-14 minutes, until lightly golden brown.

Cool completely on wire racks. Store in the refrigerator or (for longer storage) in zippered freezer bags in the freezer (thaw before serving).

### Pets with food allergies?

Pet parents are encouraged to seek advice from their Veterinarian. The Tucson Dog Magazine does not assume liability for adverse reactions to consumed ingredients. Alison Martin is the Founder of Animal Soul Connection, email: [alison@animalsoulconnection.com](mailto:alison@animalsoulconnection.com) or visit [www.animalsoulconnection.com](http://www.animalsoulconnection.com)

# From the Director's Desk

## Pima Animal Care Center "CODE RED"

Story by Monica Dangler, Director at Pima Animal Care Center

I was recently reminded that it has now been one year of PACC operating in "Code Red," which means we are using non-public kennels meant for temporary housing and disease isolation to house available, adoptable dogs. Why? Because the number of pets entering the shelter, specifically dogs, continues to outweigh the number of pets leaving. It's a trend we are seeing this nationally, not just here in Tucson.

You may be asking yourself, "Why does this matter? If PACC has been able to operate this way for more than a year, is it really a crisis?" The answer is yes! Operating in crisis mode month after month takes a toll. Each month we inch closer and closer to "Code Blue," which means we will need to give animals deadlines for leaving the shelter or euthanasia. The stress this puts on staff, not to mention the animals in our care, is difficult to put into words. While this picture may seem hopeless, it is not! There are a number of things you can do to support PACC and break the cycle of more pets entering the shelter than leaving.

Adopt or foster. We always need adopters and fosters. Learn more at [www.pima.gov/animalcare](http://www.pima.gov/animalcare).

Leave 'em alone. If you see a healthy, friendly dog that is loose, but not in immediate danger (like running down a freeway or playing chicken with cars on Grant Road), be a Good Samaritan and leave it alone and/or look for its home, as opposed to immediately bringing the dog to PACC. Most loose

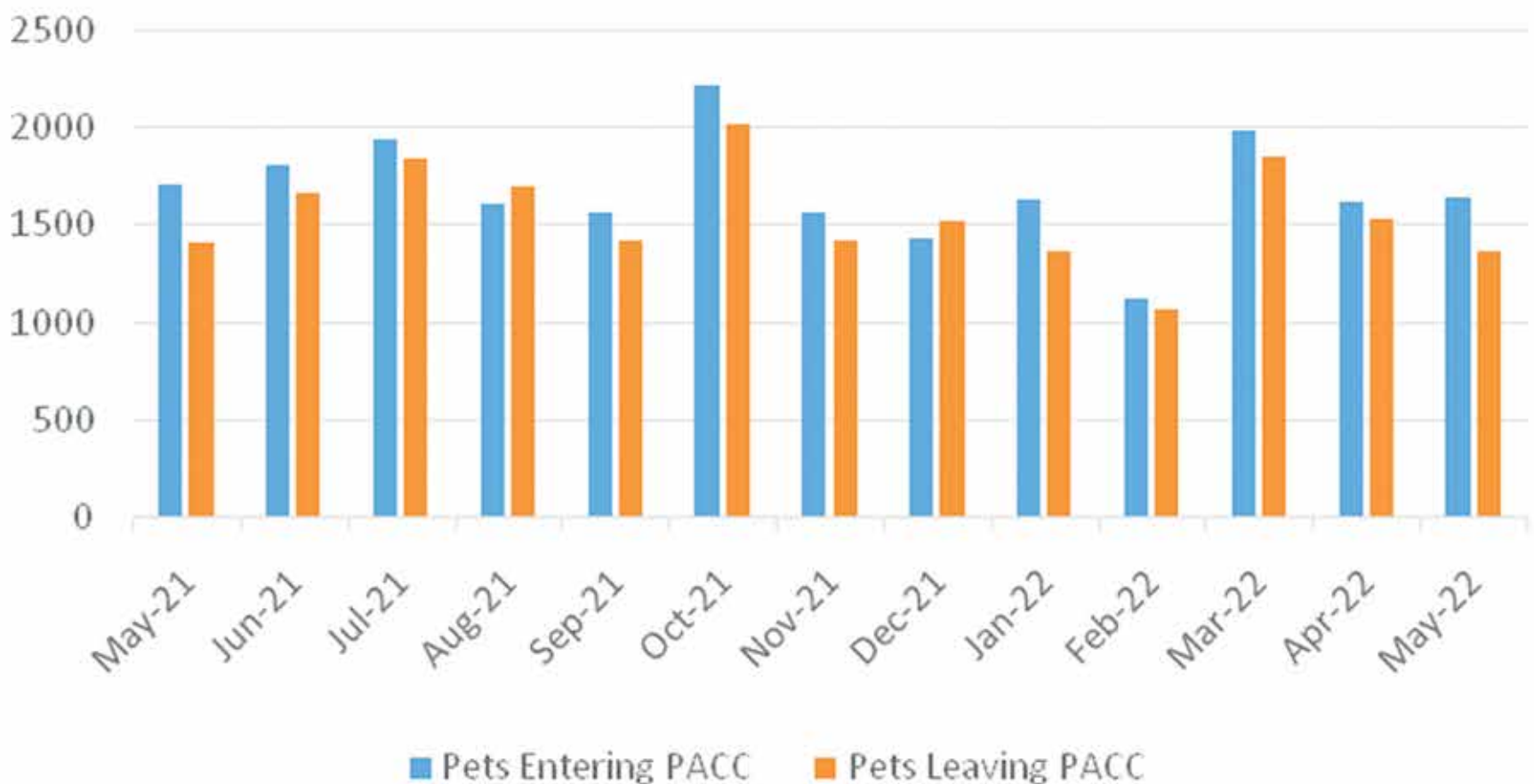
dogs are not lost. They know exactly where they are and will make their way back home if they are not already in their front yard. Taking a healthy, friendly dog out of its neighborhood will more than likely result in that dog sitting at the shelter and not returning home and that family getting another dog. If we can keep that dog with its family, everyone wins! About 60% of PACC's dog intake are loose dogs and 85% of those are picked up by people driving through a neighborhood and removing the pet from its home area.

#Share the Care! Help us reach even more people by sharing our social media posts, sharing posts from neighbors who are rehoming pets, and sharing neighbors' lost and found posts! Besides Facebook and Nextdoor, you can sign up for lost and found alerts in your area through Pawboost and [www.petcolove.lost](http://www.petcolove.lost) so you can help reunite pets in your area.

License and chip that pet. Ensuring your pet can be identified and returned to you quickly will help keep space open at PACC for those animals that are not licensed/chipped. License your pet at [pimacounty.docupet.com](http://pimacounty.docupet.com). If your pet is already microchipped, make sure that chip is registered! You can do it for free with FoundAnimals. Find low or no-cost microchip events at <https://www.nokillpimacounty.org/>.

While PACC is currently at critical capacity, we know that our community values lifesaving and will continue to be part of the solution. Thank you, Pima County!

### Pets Entering PACC vs Pets Leaving PACC



# Animal Resource Guide

## Area Shelters

Animal League of Green Valley  
Onsite Adoptions  
7 days a week - 10a-2p  
1600 West Duval Mine Rd.  
Green Valley 85614  
(520) 625-3170  
[www.talgv.org](http://www.talgv.org)

HOPE Animal Shelter  
Onsite Adoptions  
Mon-Thurs, by appointment  
Fri-Sat-Sun noon-4p  
8950 N. Joplin Ln.  
Tucson 85742  
(520) 792-9200  
[www.hopeanimalshelter.net](http://www.hopeanimalshelter.net)

Humane Society of Southern Arizona  
Main Campus  
Onsite Adoptions  
Mon-Sat 11a-6p, Sun: noon-5p  
Closed Major Holidays  
635 W. Roger Rd.  
Tucson 85705  
(520) 327-6088  
[www.hssaz.org](http://www.hssaz.org)

HSSAZ Pawsh @ Park Place  
Onsite Adoptions  
Mon-Sat 10a-6p, Sunday 11a-5p  
5870 E. Broadway Blvd.  
Tucson 85711  
(520) 881-7406

PAWSitively Cats No Kill Shelter  
Onsite Adoptions  
Mon-Sat 10a-2p  
1145 N. Woodland Ave.  
Tucson 85712  
(520) 289-2747  
[savecats@PAWSitivelycats.org](mailto:savecats@PAWSitivelycats.org)  
[www.PAWSitivelycats.org](http://www.PAWSitivelycats.org)

Paws Patrol  
750 W. Camino Casa Verde  
Green Valley 85614  
(520) 207-4024  
[www.greenvalleypawspatrol.org](http://www.greenvalleypawspatrol.org)

Pima Animal Care Center  
Onsite Adoptions  
Weekdays noon-7p, Weekends 10a-5p  
4000 N. Silverbell Rd.  
Tucson 85745  
(520) 724-5900

Ajo Substation  
Onsite Adoptions  
Mon-Wed-Fri 11a-1p, Wed 4:30-6:30p  
1259 Well Rd.  
Ajo 85321  
(520) 387-7502

Pima Paws for Life  
Onsite Adoptions  
7 Days A Week, 7a-11a & 3p-7p  
2555 W. Zinnia Ave.  
Tucson 85705  
(520) 867-1193  
[info@pimapawsforlife.org](mailto:info@pimapawsforlife.org)  
[www.pimapawsforlife.org](http://www.pimapawsforlife.org)

The Hermitage Cat Rescue & Sanctuary  
Onsite Adoptions  
Tues-Sat 10a-5p  
5278 E. 21st St., Tucson 85711  
(520) 571-7839  
[www.hermitagecatshelter.org](http://www.hermitagecatshelter.org)

## Local Rescues

Animal Rescue Foundation Tucson  
[ARFTucson@Gmail.com](mailto:ARFTucson@Gmail.com)  
(520) 319-9292

BARK (BabyAnimal Rescue Koalition)  
585 E Wetmore Rd.  
Tucson 85705  
[barkntucson@AOL.com](mailto:barkntucson@AOL.com)  
[facebook.com/BARKTucson/](http://facebook.com/BARKTucson/)

Central Arizona Animal Rescue  
[Mike@caaronline.org](mailto:Mike@caaronline.org)  
[facebook.com/CentralArizonaAnimalRescue/](http://facebook.com/CentralArizonaAnimalRescue/)  
[www.caaronline.org](http://www.caaronline.org)

Cherished Tails Senior Sanctuary  
(520) 616-0171  
[Cherishedtails@yahoo.com](mailto:Cherishedtails@yahoo.com)  
Visit us on Facebook

Hard Luck Hounds  
(520) 261-7677  
[hardluckhounds.org](http://hardluckhounds.org)  
[info@hardluckhounds.org](mailto:info@hardluckhounds.org)

Hope of Deliverance  
Hope of Deliverance is dedicated to being  
the voice for the voiceless  
[hopeofdeliverance.org](http://hopeofdeliverance.org)  
[hopeofdeliverancerescue@gmail.com](mailto:hopeofdeliverancerescue@gmail.com)  
330-647-9963

In the Arms of Angels  
(520) 873-8135  
[inthearmsofangers@gmail.com](mailto:inthearmsofangers@gmail.com)

Lil' Bit Of Love Rescue  
[lilbitofloverescue@gmail.com](mailto:lilbitofloverescue@gmail.com)  
(520) 869-9537  
<https://www.facebook.com/lilbitofloverescue/>  
<http://www.lilbitoflove.com/>

Miss Maggie May's Rescue  
(520) 256-3073  
[missmaggieamay@cox.net](mailto:missmaggieamay@cox.net)

RAD Rescue Inc.  
Rehabbing and Advocating for Dogs  
[www.radrescueinc.com](http://www.radrescueinc.com)  
[radrescueinc@gmail.com](mailto:radrescueinc@gmail.com)

Rescue Me Marana  
Tucson Premium Outlets  
6401 W. Marana Blvd, Suite 902  
Marana 85742  
(520) 261-1616  
[rescuemetucson.org](http://rescuemetucson.org)

RUFF Rescue  
[www.ruffrescuetucson.com](http://www.ruffrescuetucson.com)  
[ruffrescuetucson@gmail.com](mailto:ruffrescuetucson@gmail.com)  
(520) 490-0401 or (520) 339-0841

SAFE (Saving Animals from Euthanasia)  
(520) 349-8637 or (520) 250-5080  
[www.safeanimals.com](http://www.safeanimals.com)

Saving at Risk Animals  
(520) 499-0546  
[www.savingatriskanimals.org](http://www.savingatriskanimals.org)

Southwest Oasis Labrador Rescue (SOLR)  
501c3 volunteer organization dedicated  
to the rescue and adoption of  
homeless Labrador Retrievers.  
We are a virtual animal rescue  
organization without a physical shelter  
(520) 554-0911  
[SouthwestOasisLabRescue@gmail.com](mailto:SouthwestOasisLabRescue@gmail.com)  
[www.solraz.org](http://www.solraz.org)

Tucson Cold Wet Noses  
[info@tucsoncoldwetnoses.com](mailto:info@tucsoncoldwetnoses.com)  
[www.tucsoncoldwetnoses.com](http://www.tucsoncoldwetnoses.com)

Tucson2Tails  
(520) 812-5682  
[Tucson2Tails@Gmail.com](mailto:Tucson2Tails@Gmail.com)

Tucson's Cause For Canines  
(520) 283-3423  
[TucsonCFC@gmail.com](mailto:TucsonCFC@gmail.com)  
[facebook.com/TucsonsCFC/](http://facebook.com/TucsonsCFC/)  
[www.tucsoncauseforcanines.org](http://www.tucsoncauseforcanines.org)

Tucson Rescue Now Adoption Store  
La Encantada Shopping Center  
2905 E Skyline Dr. suite 28  
Tucson AZ 85718  
(520) 490-7508

## Bird/Reptile Rescues

Forever Wild Avian Sanctuary  
8605 S. Craycroft Rd., Tucson  
(520) 574-3579

Tucson Parrot Rescue  
(520) 747-0554  
[tucsonparrotrescue@gmail.com](mailto:tucsonparrotrescue@gmail.com)

## Cat Rescues

Hearts That Purr-Feline Guardians  
(520) 297-3780

The Hermitage Cat Rescue & Sanctuary  
5278 E. 21st St.  
Tucson 85711  
(520) 571-7839

PAWSitively Cats No Kill Shelter  
1145 N. Woodland Ave.  
Tucson 85712  
(520) 289-2747  
[savecats@PAWSitivelycats.org](mailto:savecats@PAWSitivelycats.org)

Paws Patrol  
750 W. Camino Casa Verde  
Green Valley 85614  
(520) 207-4024

SOS Cat Rescue AZ  
Cortaro 85652  
(520) 445-3889  
[info@SOScatrescueAZ.org](mailto:info@SOScatrescueAZ.org)

Southern Arizona Cat Rescue  
"Our rescue is dedicated to saving  
the lives of felines in Southern Arizona"  
We're a foster based rescue  
located in Tucson Az  
[www.sacatrescue.org](http://www.sacatrescue.org)  
[www.facebook.com/sacatrescue](http://www.facebook.com/sacatrescue)

## Feral Cat Assistance

Tucson Feral Coalition  
(520) 256-0443  
[tucsonferal@gmail.com](mailto:tucsonferal@gmail.com)  
Info about TNR (Trap, Neuter Return)  
FREE Spay/Neuter of Feral Cats  
Low-Cost Spay/Neuter of owned cats

## Equine Rescues & Sanctuaries

Equine Voices Rescue & Sanctuary  
(520) 398-2814  
[www.equinevoices.org](http://www.equinevoices.org)

Equine Encore Foundation  
(520) 349-6008  
[cfolch@gmail.com](mailto:cfolch@gmail.com)  
[www.equineencorefoundation.org](http://www.equineencorefoundation.org)

HEART (Happy Equine Acres  
Rescue & Therapy)  
Tucson  
(520) 445-1510  
[www.heartoftucson.org](http://www.heartoftucson.org)

Horse'n Around Rescue Ranch  
& Foundation Inc.  
(520) 266-0236  
[HorsenAroundRescue@yahoo.com](mailto:HorsenAroundRescue@yahoo.com)

Karuna Horse Rescue  
(520) 243-3267  
[karunarescue4sanctuary@gmail.com](mailto:karunarescue4sanctuary@gmail.com)  
<https://www.karunahorserescue.org>

Whisper's Sanctuary  
Whisper's Ranch Bed & Breakfast  
A Place of Peace and Healing  
for Horses & Other Animals  
[www.whispersranch.com](http://www.whispersranch.com)  
[toni@rrheartranch.com](mailto:toni@rrheartranch.com)  
520-455-5424

The Wild Horse Haven Rescue  
"Saving horses and healing souls  
through wild horse connections"  
Safford, AZ  
[wildhorsehavenrescue@gmail.com](mailto:wildhorsehavenrescue@gmail.com)  
<http://www.wildhorsehaven.com/>

Wild Hearts Rescue Ranch  
(520) 661-4522  
[wildheartsforcrow@gmail.com](mailto:wildheartsforcrow@gmail.com)  
[www.wildheartsrescue.org](http://www.wildheartsrescue.org)

Wildhorse Ranch Rescue  
Gilbert  
(866) 926-8007  
[www.wildhorseranchrescue.com](http://www.wildhorseranchrescue.com)

## Pig Sanctuary

Ironwood Pig Sanctuary  
(520) 631-6015  
[www.ironwoodpigs.org](http://www.ironwoodpigs.org)

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acomaanimalclinetucson.com

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520-596-6817  
ronniannrose.com/readings

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308.391.1540  
animalsoulconnection.com

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(520) 336-7124  
lapansunshinefoundation.org

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(520) 345-2501  
thetucsondog.com

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(520) 326-9686  
tucsonbotanical.org



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## DOGTOPIA OF TANQUE VERDE

7285 E Tanque Verde Rd | Tucson | 520-549-4707 | [dogtopia.com/tanque-verde](https://dogtopia.com/tanque-verde)