

A publication dedicated to promoting the human/animal bond and raising awareness of shelter and rescue animals.

Cover Story: WOOFSTOCK Cover Dog Contest Winner: "MINKER THE STINKER" The Little Dog Who Leads His Family on Big Adventures

Features:

Southern Arizona Animal Foodbank Still Going Strong

Tucson's Foster Heroes: Highlighting the impact these behind the scenes heroes have on the community

Scientists Believe Dogs Are Using Earth's North-South Magnetic Field as an Internal Compass to Navigate



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The Tucson

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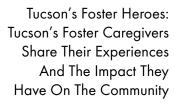
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WOOFSTOCK Cover Dog Contest Winner: **"MINKER THE STINKER"** The Little Dog Who Leads His Family on Big Adventures





Southern Arizona Animal Foodbank One Year Later and Still Going Strong











Pima Animal Care Center

takes in 50-100 pets each day!

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The Leader of the Pack Speaks

Dear Readers and Friends,

Welcome Spring! I'm very excited to bring our 3rd annual Woofstock Adopt-A-Thon back to Reid Park on Sunday, April 10th 10a-3p. It'll be a full day of PEACE, LOVE & ADOPTIONS for the whole family! There will be lots of lovable dogs for adoption, contests, prizes, games, demos, food, lots of vendors, and Groovy Fun for all ages. We look forward to seeing all of you in your tie-dye and bell-bottoms and be sure to dress up your furry friends and enter some contests.

I'm so proud of our Woofstock Cover Dog Winner Minker the Stinker. As I was reading Stinker's heartwarming adoption story, his Mom reminded me of so many precious souls that are rescued and returned, one being my own senior rescue girl Sandy. She had been adopted and sent back a couple of times. It was a challenging start for us all but she was so worth it! Minker's story is one that shows how important it is to have an understanding of where they may have been, which is always why they may react in fearful and protective ways. Their story has a clear message of Patience and Understanding and Trust, this is the key to that unique and forever bond they, and we are hoping for. Please keep in mind when adopting your next pet and it turns out to be more challenging than you expected or even impossible at times, know that you are not alone and you have resources. When I was at my wit's end with Sandy's aggressive behavior, I reached out to Hope Animal Shelter, where I adopted her. They offered a couple of free training sessions which Jeremy, from Complete Canine, provided as a gift to help people just like me. It was quite simple, helping me understand Sandy and giving me the ideas and tools I needed... It was like Magic! Sandy, my Funny Girl, was with us for 2 very happy years before she passed in her sleep at 13 years old. I miss her every day.

This March and April bring too many celebrations to choose from! To mention just a few... Saint Patrick's Day, Easter, Women's History Month, World Music Day, April Fools Day, Earth Day, and a few of The Tucson Dog Lovers favorites are National Hug your Dog Day, National Peanut Butter Month, and National Puppy Day!

For National March into Literacy Month, The Tucson Dog is bringing back our Book Review columns. The book of choice in this issue is "No Ordinary Dog". This book is about a highly-skilled Belgian Malinois named Cairo and his handler, Navy SEAL Will Chesney. Just reading the review by Joan Zatorski Puka inspired me to buy the book!

I hope everyone takes advantage of the beautiful weather this Spring and gets some exercise with your furry friends. As the temperature rises, don't forget the dog booties and I'll see you at Woofstock!

Yours, Heather McShea Owner, Publisher & Editor Peace, Love & Joy





Letters to the Editor

Donations

WE GREATLY APPRECIATE YOUR GENEROUS DONATIONS to The Tucson Dog during these trying times. Your donation will help us to continue serving our community by continuing to promote local shelters and rescues (at no cost to them), helping homeless pets find homes, provide local resources and events and continue to share heartwarming stories about local people who give their lives to saving animals and animals saving humans.

Please send donations and your story, if you'd like to share, to: The Tucson Dog Magazine 5151 E Broadway Blvd Ste 1600, Tucson, AZ 85711 Or call 520-345-2801



for your much appreciated donations during these difficult times. Your kindness and generosity and love for animals is a true reflection of your soul.

Sentiments from our generous Donors

To Mom and Dad,

We always knew you were heaven sent, our memories we cherish and precious time spent. Over the rainbow bridge we wait and play, until we're together again someday... we love you forever,

Sammy, Luka and Clooney





Sammy 17 Yrs Old & Luka 14 Yrs Old

Clooney 15 Years Old

Thank You Terry for joining The Tucson Dog Facebook family. Letter From Terry:

I loved your story on the homeless & their pets...great story. Thanks for being a GREAT Magazine & a BONUS to Tucson.

The story of the homeless and their pets was just amazing. I think they are some of the most loving pet owners and even with nothing they give everything for their pets. They even give up having a safe place to stay or home because they can't stay with their pets. As a mother of a son who was severely bipolar and spent a lot of his life homeless, and at one time with a dog he loved more than anything, he lost it due to an unfortunate incident with people and the police. I know what kind of comfort a human can get from a dog. My son passed away at age 32, 5 years ago, and I know he's in heaven and there he can have all the dogs he wants, and he doesn't need a home because God promised him a mansion and he believed it; he had great faith and loved all animals! From a mom who loved her son, even when the world didn't! Terry Daniels

The Tucson Dog Staff & Writers



Heather McShea - Publisher/Editor - As the owner of a local Home Health Care company, Heather often volunteers in helping find new homes for the pets of her hospice patients. She has worked closely with The Tucson Dog for over 4 years, and throughout her life has loved many rescue dogs of her own including a family therapy dog. Although she has only one dog now she has a constant flow of neighbor dogs stopping by all the time. She calls her house the neighborhood dog park. Heather's love of our most vulnerable populations has led her to Home Health Care and helping all animals in need. Email: heather@thetucsondog.com



Colleen Keefe - Account Executive - Colleen is a freelance writer, photographer, and third-generation Tucsonan. She's the mother of three young adults and one high schooler. Her daughter's service dog Beasty and his co-conspirator Teddy sometimes let the humans get the good spot on the family couch. Colleen has worked as a producer, written for newspapers, and online publications. She is always ready for game night and may have a problem with chocolate. Email: colleen.tucsondog@gmail.com



Alison Martin - Staff Writer/Account Executive

Alison is a compassionate Animal Communicator & Educator, Animal Energy Practitioner, and Pet Loss Grief Guide. For over 25 years, Alison has been making a positive impact in the lives of animals and their people through her professional work. She shares her life with five dogs, two horses and two goats with never a dull moment or lack of dog kisses. One of her favorite quotes is from Anatole France 'Until one has loved an animal, a part of one's soul remains unawakened' alison@animalsoulconnection.com



Rebecca West - Staff Writer - Rebecca is a freelance writer and editor for print and digital who loves to travel the globe. A life-long pet owner, she adores animals and has taken part in fostering dogs for military members during deployment. She has given many rescued and surrendered dogs the forever home they always wanted, and her two favorite canine quotes are, "Be the kind of person your dog thinks you are," and "My dog rescued me."



Bonnie Craig - Staff Writer - Bonnie works as an educator and lives with three dogs, three cats, and a lot of plants and chickens. As well as writing, she enjoys painting and playing music. She is passionate about the natural world and loves gardening, botanizing, hiking, and camping. Most evenings she can be found in the garden listening to the chickens and playing endless games of fetch with a certain ball-obsessed border collie. Email: bonnieohooligan@yahoo.com



Jeremy Brown- Staff Writer - An animal lover for life, Jeremy has been a dog trainer for over 16 years. As the Area Trainer for Petsmart he trained dog trainers for years and opened The Complete Canine 7 years ago. A therapy dog evaluator for years, he founded Kienrnan's Kindness, a local therapy group that spreads kindness and also trains the Pima County Sheriff Therapy dog program. A Graduate from Indiana University and Applied Animal Behavior from University of Washington. He has four dogs; Archie, Lacey, Louis and Sabine, with the first two being therapy dogs. Email: completecaninetucson@gmail.com



Emily Dieckman - Staff Writer - Emily loves to tell stories – especially about animals. While she impatiently looks forward to living in an apartment that allows dogs, she fills her time with writing, reading, cooking and petting other people's dogs. She has a bachelor's degree in journalism from California State University, Fullerton, and her writing has appeared in several magazines and newspapers. Email: emily.dieckman@gmail.com

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- Training when needed to assist adoptive families

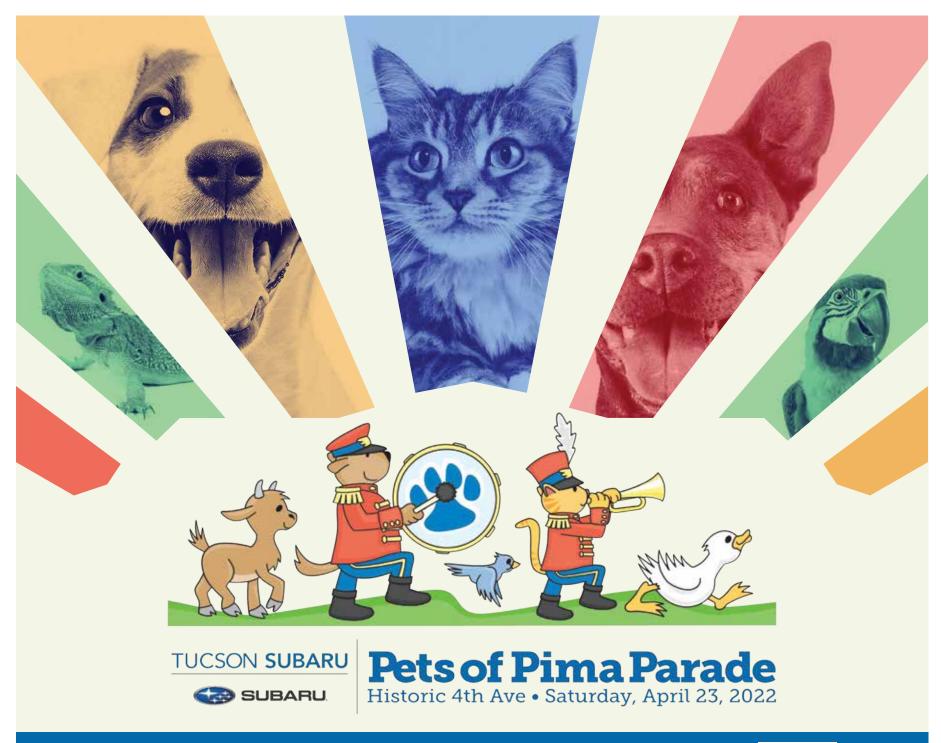


To Surrender a Golden call (520)360-4414 To Adopt or Foster visit our website at golden-retriever.org and complete an "Application to Adopt"

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Special Feature

Southern Arizona Animal Food Bank: One Year Later, Still Going Strong

Story by Bonnie Craig, Photos Courtesy of Margaux DiConcini

When last The Tucson Dog spoke with Southern Arizona Animal Food Bank (SAAFB) they had recently opened a storefront and were working diligently to help meet the high demands of hungry pets during the Covid-19 Pandemic. That was over a year ago, and while the pandemic still rages on, so too do the undauntedly committed folks of SAAFB. What are they up to these days, you may ask? Read on to find out.



SAAFB evolved from the efforts of Mother-Daughter team Donna and Margaux DiConcini to help local people

Some of the fabulous art for sale in the Artists for Animals Collective shop

food returned to the online retailer can

be donated to them.

They also receive

from large pet food

still rely mostly on donations from the

community. SAAFB

consistency in an

animal's diet, so

donations

but

the

provide

of

some

companies,

understands

importance

tries to

experiencing hardship care for their horses. By 2015 they had founded the nonprofit and were distributing all manner of animal food and supplies from a Tucson carport. Finally, in December of 2020, arguably not the easiest time to open a brick and mortar establishment, they did just that. It included a shop- the Artists For Animals Collective- where local artisans could sell their wares, kicking a portion of profits back to SAAFB. It also housed a storage and distribution center in the back.

While opening at that time was a calculated risk, for many in need, it could not have come at a better time. Between December 2020 and December 2021, SAAFB was able to distribute 31,869 pounds of food and help 490 individuals and families continue to care for their animals. Margaux refers to this first year as a "testing year", and the simple fact of the shop's survival shows that they passed, despite considerable challenges.

Their biggest challenge has always been getting enough donations to keep up with the community's needs. SAAFB is a Chewy recipient, meaning that



Donation to Downtown Partnership to help people experiencing homelessness with their animals

recipients with the same food their pet is used to. For this reason, while a huge pallet of Purina kibble may be a great acquisition, it won't fulfill the specific dietary needs of every animal.

In addition to food, those in need also have the chance to pick out a free leash and collar from the store, as well as other items like toys and beds. Not only this, but the organization also helps connect people to free and low-cost spay/neuter and vaccination services through vouchers and referrals. Recipients of these donations and services often show their gratitude to SAAFB by volunteering in turn. The people and animals who benefit from the work of SAAFB come from many backgrounds, from those who are experiencing homelessness, to those who have simply had an unexpected expense pop up and are faced with rough financial decisions. One woman who was struggling with a family member sick with Covid and having been furloughed from her job set aside her pride at the last minute and asked for help from SAAFB. For her, one 40 pound bag of dog food was enough to loosen the financial strain, so she could afford a tank of gas, make it to job interviews, and eventually get back on her feet. Sometimes people just need a little help, and SAAFB is a no-judgment zone.

As they become better known, SAAFB has been getting more calls for help from communities in need outside of Tucson. At food banks in Benson and Wilcox, people were inquiring about food for their animals, so SAAFB



Tanque Verde School food drive for SAAFB

to connect the community to

local farm products as well.

2021 was a pretty good

year for Southern Arizona

Animal Food Bank. They

were able to thrive in their new storefront, as well

Arizona. They also secured

more corporate donors, but

as previously stated, it is all

of us in the community who

expanding

considered,

services

Southern

things

All

as

throughout

began driving truckloads out to them. In Douglas, a farm had to downsize as a result of a dried up well. In order to help raise funds to dig a new one, they were able to sell some of their farm products at the Artists For Animals Collective shop. This served not to help bail them out (no pun intended), but



Dropping off food in Benson

can make the biggest difference, just as Margaux and Donna DiConcinni did years ago when they began helping people feed their horses. Financial

and physical donations of food are always greatly appreciated, but there are other ways to help, for those who are not in a position to donate. Simply putting out the word about SAAFB helps tremendously, there are various volunteer opportunities, or people may even want to organize a pet food drive at their workplace or school. SAAFB does a lot of heavy lifting, but we can all pitch in. Just like receiving help, sometimes giving it, even a tiny amount, can make a huge difference. To learn more about SAAFB go to https://www.saafb.org/, contact them at (520) 268-7299, or just stop by the shop at 6212 E Speedway Next door to Philly's Finest.



Donation to Friends of PACC with Jennifer Camano and Penny

Special Feature

How Local Rescues & Shelters are Collaborating in the Spirit of Saving Animals

Story and Photos Provided by Rescue Me Tucson



Former Community Foundation for S. AZ CEO & President Clint Mabie & his daughter adopting a cat at the 2021 Adopt Love Adopt event in Tucson

Collaboration. Reaching out and working together towards a common good. One that focuses on connecting cats and dogs from existing shelters and rescues (especially from small and rural groups) to their new families. That's been the central goal of Rescue Me Tucson (RMT) since we opened in September 2021. To date, we've celebrated adopting more than 170 dogs and cats from three rescues into new homes. The hope is that by working together, RMT can take

some of the pressure off of existing shelters and rescues, especially during COVID staffing challenges. We are an all-volunteer-run 501c3 nonprofit organization. Our team provides multiple daily walks for dogs, plus socialization and enrichment for both canines and cats. The animals stay with us overnight, allowing rescue pets from rural areas a chance to be adopted and lessening the stress from transportation.

The seed for what would become Rescue Me Marana was also planted through collaboration. In 2017, individuals from a variety of animal organizations engaged in a conversation about the new Best Friends' No Kill LA (NKLA) initiative at a Pima Alliance of Animal Welfare (PAAW) meeting. PAAW is a project of the Community Foundation for Southern Arizona (CFSA). NKLA brings adoptable rescue animals to high-foot-traffic retail areas to give them a better chance of being seen and ultimately adopted. Conversations continued beyond the meeting, the network arew, tours of similar models began, and a group that got its start organically began to take on a structured form.



Adopt Love Adopt Local 2021 attendee participating in Rescue Me Marana's "Strut Your Mutt" fundraising walk in Tucson

But the project wasn't a good

fit for current nonprofits, so the

decision was made to create a

new organization. Spearheaded by current Board President Nancy

were significantly slowed due to

COVID, yet despite these delays,

Rescue Me Marana Adoption

Center still managed to open its

doors on September 18, 2021.



Adopt Love Adopt Local 2021 attendees interacting with adoptable cats at Tucson Premium Outlets

Young Wright, board members with varying backgrounds – veterinary, animal rescue, and development – were put into place to make this new concept a reality in Southern Arizona. Planning, fundraising, site selection, and infrastructure projects In October 2021, RMT was able to collaborate with the CFSA and Tucson Premium Outlet Mall management to bring a Pop-Up version of the popular Adopt Love, Adopt Local adoption event to the Mall Courtyard. Ten dog rescues and six cat rescues brought adoptable pets to the super successful event, which saw 45 dogs and cats find new homes! We're excited to announce that RMT, CFSA, and the Mall are partnering again to bring the event back on Saturday, April 9, 9a.m. to 2p.m. Rescues interested in participating should contact Margie Dominguez at adoptloveadoptlocal@gmail.com.

RMT's interest in helping animals from rural areas is an outgrowth of our work to provide support to the Geronimo Animal Rescue Team, a Native American rescue group helping animals on the San Carlos Apache Reservation, and the visiting veterinary teams who provide care at monthly clinics on reservation lands. Both Pima Paws for Life and Valley Humane have helped animals from reservation and rural areas. In rural areas, challenges include access to regular and affordable veterinary care, limited funding, fewer rescues, and long distances to transport to larger communities.

In addition to promoting the adoption of rescue animals, we provide connections to community resources such as affordable spay/neuter, vaccines, microchips, and TNR (trap, neuter, release). Tucson is fortunate to have these valuable assets, which are an outgrowth of another collaboration started in 2012 by the Pima Alliance of Animal Welfare and the Community Foundation of Southern Arizona to address the root causes of homeless animals. RMT is a strong supporter of efforts to help keep pets and people together. In addition to our materials in the Center, we connect people who call and message us to these community resources. Because Tucson has the means available, we have some capacity to reach out to rural areas, where the needs are so often the highest.



Adopt Love Adopt Local 2021 attendee interacting with adoptable puppy at Tucson Premium Outlets

Some of the many groups we work with include the Humane Society of Southern Arizona, Lucy's Hope, Pima Animal Care Center, Moon & Stars Animal Rescue, Valley Humane Society, Whiskers N Wishes Sanctuary, Hermitage Cat Shelter, The Animal League of Green Valley, Hope of Deliverance, Inc., Southern Arizona Cat Rescue, Saving Animals from Euthanasia, and Cherished Tails Senior Sanctuary.



Adoptable puppies at the 2021 Adopt Love Adopt Local event

Want to help us by donating and/or volunteering? Please visit rescuemetucson.org. To view our adoptable animals, check out (18) Rescue Me Tucson | Facebook or visit Rescue Me Marana at:

Tucson Premium Outlets 6401 W. Marana Center Blvd. # 902 Tucson AZ 85742 Sunday-Friday 12p.m.-5p.m., Saturday 11a.m.-5p.m. 520.261.1616

03 1-5pm

April

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Calendar

MARCH 2022 EVENTS

Sat. Mar. 5, 10am Beagle Play Date at Reid Park

Hosted by Southern AZ Beagle Rescue, bring your beagles the first Saturday of every month to the small dog park at Reid Park in Tucson for fun in the sun beagle style! 520-247-7720 / soazbeaglerescue.com

Sat. Mar. 5, 11am-2pm

HSSAZ Pups in the Plaza Adoption Event Come meet our adoptable dogs at Pups in the Plaza! PAWSH Park Place's adoptable dogs will be located outside of the Victoria's Secret store. Enjoy 25% off all PAWSH merchandise with your adoption. 5870 E. Broadway Blvd., Tucson 85711

Sun. Mar. 6, 3:30pm-5:30pm Southwest Oasis Lab Rescue

Meet & greet event where potential adopters can meet adoptable dogs & learn about the organization being held at the AZ Wine Collective. 4280 N. Campbell Ave., Ste. 155 Tucson 85718

Wed. Mar. 9 & 23, 4:30pm-5:30pm Drive-Thru Vaccine & Microchip Clinic with Pathways for Paws!

Join the cause & help slow the spread of parvo/ distemper with vaccines & reuniting lost dogs thru microchipping! DAPPV (dog) vax available. Microchip \$15 with FREE registration. Cash, Venmo, PayPal, Zelle, Apple Pay & Credit Cards 2035 E. 17th St., Tucson 85719

Sat. Mar. 12, 6:30am-11am Rescue Me Marana Superhero Costume Contest/Cape Chase Adaptive Race

Bring your well-mannered, leashed dog to this family friendly, award- winning Superhero Adaptive race. Check-in begins at 6:30 a.m., race at 8 a.m., \$15 per person. Check-in for the free Pet Costume Contest at the Rescue Me Marana booth. 11555 W. Civic Center Dr., Marana 85653 maranaaz.gov/town-calendar/2022/3/12/capechase-adaptive-race

Sat. Mar. 19, 9am-1pm PCACC Pet Expo/Adoption Event

Pinal County Animal Care & Control & PetSocialWorker.org are having an adoption event that includes licensing, vaccinations, micro-chips, nail clipping, pet treats & toys, cat trees, a raffle & much more. 21145 N. John Wayne Pkwy.,

Maricopa, AZ 85139

Sat. Mar 19, 1pm-2pm

Pathways for Paws Puppy Yoga Beginner yoga at Barefoot Studios with puppies, no experience needed. \$20 a ticket, all proceeds help more puppies & dogs in need. 7053 N. Oracle Rd. Ste. 200, Tucson 85704

Sat. Mar. 19, 10am-2pm Moon & Stars Animal Rescue Feline Adoption Event Adoptable cats at the Grant & Swan PetSmart

Adoptable cats at the Grant & Swan Peter location. 520-322-5080 4740 E. Grant Rd. Tucson 85712 Moonandstarsanimalrescue.org

Fri. Mar. 25, 12pm-5pm Hermitage No-Kill Cat Shelter Adoption Event at Spark Tattoo

On March 25th, we're teaming up with Spark Project Collective Tattoo for a feline adoption event. 4433 E. Broadway Blvd., Tucson 85711. sparkprojectcollective.com hermitagecatshelter.org

APRIL 2022 EVENTS

Sat. Apr. 2, 11am-2pm HSSAZ Pups in the Plaza Adoption Event

Come meet our adoptable dogs at Pups in the Plaza! PAWSH Park Place's adoptable dogs will be located outside of the Victoria's Secret store. Enjoy 25% off all PAWSH merchandise with your adoption. 5870 E. Broadway Blvd., Tucson 85711

Sun. Apr. 3, 7am-9am HSSAZ Pet Food Distribution

Monthly pet food distribution with bags of cat & dog food for those in need of assistance. Located at HSSAZ main campus at 635 W. Roger Rd., Tucson 85705. For questions, call 520-327-6088 Ext. 102.

Wed. Apr. 6 & 20, 4:30pm-5:30pm Drive-Thru Vaccine & Microchip Clinic with Pathways for Paws!

Join the cause & help slow the spread of parvo/distemper with vaccines & reuniting lost dogs thru microchipping! DAPPV (dog) vax available. Microchip \$15 with FREE registration. Cash, Venmo, PayPal, Zelle, Apple Pay, Credit Cards 2035 E. 17th St., Tucson 85719

Fri. Apr. 8 - 10, Opens at 10am SAHBA Home & Garden Show

Rescue a Golden of Arizona will have a booth & be promoting the rescue & its dogs at this popular event held at the Tucson Convention Center. Over 200 exhibitors with new products, services & ideas will be there. sahbahomeshow. com

Sat. Apr. 9, 9am-2pm Spring Adopt Love, Adopt Local Pop-Up Animal Adoption Event

The Community Foundation for S. Arizona, along with Rescue Me Marana, will be hosting regional dog & cat rescues for a popup adoption event to be held in the Courtyard of Tucson Premium Outlets as part of a fun day of animal welfare activities. 6401 Marana Center Blvd., Tucson 85742 Cfasz.org/adopt

Sun. Apr. 10, 10am-3pm 3rd Annual WOOFstock &Adopt-a-

thon The Tucson Dog Magazine & the Big Dog Charitable Foundation invite you to celebrate & support local shelters, rescues & other pet-related nonprofits at Reid Park Amphitheater, where there will be contests, games, prizes, vendors, music, food & fun, plus a parade of adoptable dogs, low-cost vax & microchipping available, & more.

Sat. Apr. 16, 1pm-2pm S. AZ. Cat Rescue Kitten Yoga!

Beginner yoga at Barefoot Studios with kittens, no experience needed. Tickets are \$20 & can be purchased online. All proceeds help kittens & cats in need. linktr.ee/sacatrescue 7053 N. Oracle Rd. Ste. 200, Tucson 85704

Sat. Apr. 16, 10am-2pm Moon & Stars Animal Rescue Feline Adoption Event

Adoptable cats at the Grant & Swan PetSmart location. 520-322-5080 4740 E. Grant Rd. Tucson 85712 Moonandstarsanimalrescue.org

Sat. Apr. 16 Hermitage No-Kill Cat Shelter Easter Egg Hunt for Kids

We're hosting a family fun-filled Easter Egg hunt here at the shelter for members of the community. For details check our social media pgs., visit Hermitagecatshelter.org, or call 520-571-7839. 5278 E. 21st St., Tucson 85711

Sat. Apr. 23, 8am start time 1st Annual Pets of Pima Parade

Beginning on Historic 4th Ave., this signature event to raise funds for PACC & celebrate pet families will have a grand marshal, marching bands, circus groups, classic cars, food carts, music, costume contest, animal games & more. Enter your pet & take part in the family fun! www.petsofpimaparade.com



All the dogs on these pages are available for adoption now. If you are interested in meeting any of these adorable friends, please contact the group listed with the picture.

> Pima Animal Care Center 4000 N. Silverbell Rd. Tucson 85745 • 520-724-5900 PACC.AdoptAFoster@pima.gov Open Mon-Fri 12pm-7pm • Sat-Sun 10am-5pm \$0 adoption fees. A \$20 license fee applies to adult dogs. Adoption includes spay /neuter, age-appropriate vaccinations, microchip & free vet visit.



COLT ID# A756516

I'm a happy 3 y/o boy with a bubbly personality who loves to get out on daily walks & explore the outdoors with my people friends. Very smart, I know sit, down, paw & take treats with a gentle mouth. I love cuddles, chest rubs & any affection. I'm kennel trained & patiently wait with four on the floor to be leashed up & taken outside. Such a gentleman!



OTIS ID# A746798

I'm a 65 lb 3 y/o who thinks he's a lap dog. A calm walker & very easy to maneuver around the park & shelter areas, I'm housebroken, know sit, & enjoy treats, especially cheese! Staffers say I'm a social & tolerant guy who's more than capable of charming potential adopters. In playgroup, I was nervous initially but started wagging my tail & greeting the other dogs. It didn't take long before I initiated play with them.



MOOSE ID# A743250

I'm a handsome 3 y/o who's sweet, happy & super cuddly. Housebroken at my previous home, I happily rang a bell when I needed to go outside! My volunteer friends describe me as a gentle soul who wants to be loved. My personality shines through when I'm enjoying the great outdoors. I love rolling in the grass, getting belly rubs, & lounging in the kiddie pool.



COZY ID# A760899

I'm 5 y/o & learning fun things while at PACC. I love going to the agility yard to perfect my skills at jumping over tires. I know sit, shake, look, & happily show off for anyone who's willing to watch & reward me with yummy treats! I'm super playful & enjoy chasing tennis balls but still working on retrieving them. I also enjoy the doggy pool at PACC..

Humane Society of Southern Arizona 635 W Roger Rd., Tucson 85705 520.321.3704

BARB

ID# 905417

I'm a lovely 5 y/o Shar Pei mix who had a severe allergic reaction causing me to lose most of my fur. I've had quite the recovery & am ready to start a new chapter with my forever family. I'm energetic, affectionate, & VERY communicative. I'll tell you just what I'm thinking with my super expressive face. I can't wait to start our adventure together!

NIA

ID# 909788

I'm a beautifully brindled 1 y/o lady who's highly energetic & loves to play! I hope you'll love that about me. I have the stamina for daily walks or runs & would enjoy getting out for a fun camping or hiking adventure. At the end of the day, I turn into a big cuddle bug. I hope you can appreciate all sides of me!

The Animal League of Green Valley (TALGV) 600 W Duval Mine Rd, Green Valley, 85614 520-625-3170

EMMETT

I'm a friendly, attentive, & handsome 2 y/o 51 lb. male American Bulldog mix who's house & crate trained & likes car rides to interesting places. I'm strong but I take directions & walk well. My last family recommends a calm environment & a family with no children for me. Adoption fee: \$85

HEIDI

I'm a 7 y/o, 71lb. female Staffie-mix who is deaf but responds to hand signals. I love hugs & have been good with children. I am strong, so I need a strong handler. Since I'm not very fond of other dogs, I should be your only pet. Adoption fee: \$85



OPTIMUS I'm a sweet 7 all ages/sizes

I'm a sweet 7 y/o who might prefer a woman to live with in a relatively quiet home. A10 lb. Chihuahua, I do well with other dogs all ages/sizes. I'm not a lap dog, but I have good house manners, am potty & leash trained, love walks, & do fine in a crate. Shy, I take time to build trust but once I do, I'm fun & loyal. Neutered & current on vaccines, I've been in rescue 2.5 years now. https://form.jotform.com/cherishedtails/dog-application



At 6 lbs., I'm a tiny Chihuahua girl who's estimated to be 10-11 y/o. I'm shy & sweet & get along well with the dogs & cats at my foster home. I'm still working on the potty routine but I do use pads. I walk well on a leash but I'm also the perfect 'purse size' dog. If you're interested, plz fill out: https://form.jotform.com/cherishedtails/dog-application.







From the Director's Desk

Pima Animal Care Center

Story by Monica Dangler, Director at Pima Animal Care Center

It's 2022 and PACC is hitting the ground running hoping to make Pima County an even better place to live for both pets and people! Check out our upcoming events for the pets of Pima County!

Change Their Luck Adoption Event - March 2022

The best way to help PACC's pup is by fostering or adopting! Fostering can be for as little as 2 weeks and makes a big difference in getting that



pet into an adoptive home! Plus, PACC pays for everything, you just provide food, shelter, and love! PACC has hundreds of available dogs looking for adoptive or foster homes! Many of whom

have been at PACC 2 weeks or longer. During the month of March, help us "change their luck!" by adopting or fostering. In March all adoptions will be free, excluding the \$20 dog license for dogs over the age of 4 months.

Barks and Brews - March 6, 2022

We all need a little pampering, including our dogs! Come enjoy a pint for yourself while your pup gets a bath! This is happening Sunday, March 6, 11 a.m. to 4 p.m. at Barrio Brewing, 800 East 16th street. All proceeds benefit Friends of PACC, our nonprofit partner, who helps us keep pets with the families that love them.



neuter event for Community

Cats where we hope to spay or

neuter 600 outdoor cats! The

event is for outdoor community

cats and kittens living in Pima

County. Cats will receive a brief

exam by a licensed veterinarian,

FVRCP and Rabies vaccines,

microchip, and ear tip. Be sure

to check PACC's Facebook

events for more details to come

on how you can participate!

This event is made possible by

donations from PetcoLove and

private individuals to Friends of

Snip N' Tip - March 18, 19, and 20

While we know this isn't a dog event, we know that even dog lovers sometimes love cats too and wanted to make sure everyone knows about this event for outdoor cats! March 18-20th, PACC will host its 2nd free mega spay and



Artwork by Sarah Hegmann

Free Vaccine and Microchip Clinic - March 26, 2022

Keeping pets healthy is the best way to keep them with their families. Deadly disease like parvovirus or distemper are easily prevented by getting your pets vaccinated! PACC will be offering free vaccines and microchips for up to 400 pets. The clinic will be held at Kina Sports Complex from 8am-4pm and will be first come, first served. Dogs should be on leashes, and cats should be in carriers. Pet owners should plan to wait in line and bring water for their pets.

PACC.

Ajo Free Spay and Neuter and Vaccine Clinic - April 21-22

PACC is holding two free medical clinics April 21-22, the Ajo Church of Good, 1900 N. 2nd Avenue, Ajo. The first day will offer free spay and neuter services, and the second day will feature free vaccines and microchips. This will be a first-come, first-served event for Ajo residents only. ASAVET Charities will help facilitate the clinics.



Pet owners can drop off pets between 8 and 9 a.m. on Thursday, April 21, for the following services. Offered to the first 35 cats and dogs only: Brief exam by licensed veterinarian

Spay or neuter surgery and appropriate vaccinations and/or microchips

Services offered on Friday, April 22, from 8 a.m. to noon, include: FVRCP vaccines for cats (Feline Viral Rhinotracheitis, Calicivirus, Panleukopenia) DHPP vaccines for dogs (Distemper, parvovirus, parainfluenza, and hepatitis/ adenovirus)

Rabies vaccines for cats and dogs Deworming for pets under six months old Microchip implantation Other wellness services offered at cost to owner

Pet owners will have the option to purchase additional services: Exam (comes with DAPP/PRC vaccine) \$40 Rattlesnake vaccine \$50 FELV vaccine \$35, FELV/FIV combo test \$40 4dx snap test \$40

Toe nail trim \$15

CO SUBARU



Anal gland expression \$20 Ear cleaning \$20

Parade of Pima Pets April 23, 2022

https://petsofpimaparade. com/

PACC and Friends of PACC are pleased to announce a new community event for

pets and the people who love them – the Pets of Pima Parade (POPP) --April 23, 2022, down Historic 4th Avenue in Tucson. The Parade will also be a fundraiser, with proceeds supporting the lifesaving work of the Pima Animal Care Center.

Free Pet Vaccine and Microchip Clinic - April 23, 2022

PACC is committed to hosting several free pet vaccine and microchip clinics throughout 2022. PACC will be offering free vaccines and microchips for up to 400 pets at Kina Sports Complex from 8am-4pm. Dogs should be on leashes and cats in carriers. Pet owners should plan to wait in line and bring water for themselves and their pets. This event is first come, first served.

Thank you for helping PACC make Pima County the best place to live for people and pets! We hope to see you soon at one of our many events! Don't forget PACC is always looking for adopters, fosters, and volunteers. If you would like to help the shelter, please head to pima.gov/animalcare to get started.

-Monica

The Scratching Post: Cats for Adoption

All the cats on this page are available for adoption now. If you are interested in meeting any of these adorable friends, please call the group listed with the picture.



Pima Animal Care Center 4000 N. Silverbell Rd. Tucson • 520-724-5900 PACC.AdoptAFoster@pima.gov Open Mon - Fri 12pm-7pm • Sat - Sun 10am-5pm \$0 adoption fees. Adoption includes spay or neuter, age-appropriate vaccinations, microchip, and a free vet visit. When you foster for PACC, all medical costs are covered, including prescription food.



TURBO - DSH

I'm a wonderful companion cat & office supervisor (but lousy typist!). At 4 y/o I'm not a lap kitty, but I do love being petted & sharing your bed. I spend most of my time in my chosen nest, but I enjoy looking out the window & will do just about anything for treats! I'm hanging out in foster care & would love to meet. PACC.AdoptAFoster@pima.gov.



SIMBA - DSH ID# A762194

I'm an 11 y/o who enjoys the finer things in life like a comfy perch by a sunny window! I like the company of my humans very much, but I'm not the needy type. I'll greet you in the morning, unless I'm too comfortable & can't be bothered to get up. I have a wonderful purr, enjoy tasty treats, & lazy naps throughout the day are the best!

Humane Society of Southern Arizona 635 W Roger Rd. For more info and to schedule a meeting, call 520-327-6088 ext. 173



MIDNIGHT

I'm a dapper 12 y/o gent who can't wait to become a part of a forever home again. I have SO much love to give, just ask my foster family! I'm often snooping around the kitchen searching for snacks or sunbathing by the window watching the birds fly by. I can't wait to share all these wonderful moments with a family of my very own! Call 520-327-6088 Ext.173 to meet me.



IRMA ID# 905287

I'm an affectionate 5 y/o lady who's always ready to climb into the lap of everyone I meet. My foster family loves this about me, along with all my other adorable quirks! I'm confident around dogs & adore exploring the house. I run, jump & play like a kitten! Please make my dream of a forever home a reality! Call 520-327-6088 Ext.173 to meet. The Hermitage No-Kill Cat Shelter & Sanctuary, 5278 E. 21st St. Tucson 85711 hermitagecatshelter.org Adoption application: https://bit.ly/2Ws7HCG



NOS & KICKSTART

We're Nos (tuxedo) & Kickstart (tabby) & we're sisters! We came to the shelter a year ago & have grown up here. A bonded pair, we're besties who are quiet. But we're good at hunting snoozing spots, enjoying ear scritches, & would love to hunt for treats & snuggles in our own home.

Southern Arizona Cat Rescue 520-200-1643 • adoption@sacatrescue.org

PATRICK

I'm an affectionate 5 y/o who loves being petted & sitting in laps, but I can get a little overstimulated when I've had enough & will tell you. Positive for FIV, but asymptomatic & a healthy boy otherwise, I'm good with other cats, older kids, & respectful dogs. I'm neutered, current on vax, dewormed, chipped & have a sponsored adoption fee \$0. sacatrescue.org/adoptionapplication



PEPSI

I'm an energetic 1 y/o who loves to play, is good with kids, & would do best with other pets or an active family. Good with male cats, I can be more dominant with females. I have tummy troubles, but my symptoms are well controlled with oral meds & a strict diet. My vet's happy to continue managing my care. I'm neutered, current on vax, dewormed, chipped & have a sponsored adoption fee (\$0).

sacatrescue.org/adoption-application

The Animal League of Green Valley (TALGV) Cat Adoption fees: \$45. (Appointments 10-2) 520-625-3170 600 W Duval Mine Rd, Green Valley, 85614



JOAN

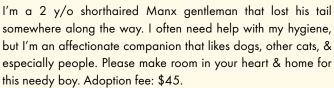
I'm a sweet & beautiful longhaired 3 y/o gray tabby lady who's waiting to meet you. Since I am quite shy with other cats, I'd like to be your only pet. My former dad said I'm very playful & loving & that I like catnip mice. Come & see me soon. I have lots to offer! Adoption fee: \$45.



ΤΙΚΙ

I'm a beautiful 13 y/o Siamese lady who comes with Vet Care Support for Life. I'm a loving companion who's seeking an older quiet person who will sit next to me & scratch my head. I don't care for loud noises, am wary of strangers, & I like bedtime treats! Adoption fee: \$45.

DOT



Cover Story

2022 Woofstock Cover Dog Winner: Minker the Stinker The little dog who leads his family on big adventures.

Story by Emily Dieckman, Photos Provided by Candice Eaton & Erika Plante

Erika Plante was devastated when her Pitbull, Lucian, passed away in October 2019. She'd had him for 10 years, and he'd always reminded her of that quote from The Titanic, about how he'd saved her in every way a person can be saved.

She and her husband, David Quintero, started looking for a new dog soon after losing Lucian. They'd both grown up with big dogs and had had them ever since, so they set out to find another, but were discouraged when a dog they'd wanted to meet fell through. Then Quintero saw a photo of a dog up for adoption through At Home Fur Good, a rescue in Phoenix, where they lived at the time. Minker the Stinker was a 10-lb chihuahua mix in need of a forever home. Nothing like what they thought they wanted, but, they realized to their surprise, exactly what they needed.

"We saw his face, and we saw those ears, and we could just tell there was so much more to this little guy," Plante says. "We messaged them right away, and we went the very next day to go see him."



Minker's new family was planning to adopt a large dog, but when they saw a picture of his expressive eyes and big ears, they knew they had to go meet him.

Minker's description had said he'd do best in a home with a single woman, so they were nervous about how Minker would react to Quintero when they visited. They sat in the dirt and waited, and within minutes, Minker was running up to Quintero. Later that night, he was sleeping in Quintero's lap.

"He was like Jell-O pudding," Quintero says.

Their family bond grew fast. On their second weekend together as a family, the three took a staycation at a dog-friendly hotel. Minker was so excited he didn't know what to do with himself, happily sniffing and laying on every surface he could find. But when they took him to get his very own "pupcake," they could tell he'd never had anything quite like it. Minker's eyes grew watery, something they didn't even know was possible.

"Seeing him literally tear up? I'm tearing up thinking about it," Plante says. "That was the day I was like, 'I think he feels safe, you know?... This is our boy.'"



Minker loves going on hikes, and can be very fearless as long as kis humans are nearby.

Minker had been at the rescue for nearly three years and had been taken home several times only to be returned. Once, he was returned after less than 24 hours. In the early days, Plante and Quintero could tell he'd had some trauma in his past, as he'd often hide under furniture, and occasionally nip. But they were patient, communicating with him every step of the way. When Minker reacted poorly to being picked up, they learned to be slow and clear about their intentions: "I'm going to pick you up now, okay, Minker?"

When he struggled with severe separation anxiety, they took it one step at a time, first leaving the house and sitting right outside the door for only a few minutes before coming back in. From there, they worked up slowly to longer trips out. (These days, Minker is so secure that he can't even be

He only ever bit once. It was in the first few weeks of being home, and he'd gone to hide under the entertainment center. Without thinking, Plante tried to pull him out, and Minker panicked. Plante wasn't angry. Rather, she felt terrible for crossing a boundary, making Minker

bothered to come out from under his blanket when his parents come home.)

feel cornered and grabbing him without communicating.

"Instead of coming up to him, I sat across the living room and just tossed him treats and apologized with each one," she says. "We literally sat like that for four hours. I was like, 'Dude, I'm gonna earn your trust back.'" She certainly did.

Minker has come out of his shell (and, when he's in the mood, his blanket) in his new home. His



Minker the Stinker was returned to the shelter three times before finding his fur-ever home. Now, he's treated like royalty every day.

Instagram page, @minkerthestinker, has nearly 2,000 followers, and Plante is sure to read the comments out loud to Minker so he knows how much everyone loves him. He's even landed some brand deals with companies, who reached out asking Minker to model their products. When people ask Plante for tips on how she gets her dog to pose so well for photos, she has no answer: She just picks up her camera and Minker goes into glamour mode.

He's gone from hiding under the bed to leaping across creeks on hikes, and from being hesitant about any human

touch to expectantly waiting for Plante to put on his bandana of choice every morning. His owners are his biggest advocates, and they say Minker has changed their lives for the better, too. They moved from Phoenix to Tucson in part because they wanted to give Minker a better life, in an area with more nature. Plante doesn't want him to miss out on anything and has dozens of hikes bookmarked on her phone so that there's always a new adventure ahead.

"He's happier, and we are healthier because of him," Plante says. "I was overweight and unhealthy, wouldn't leave the house. And now because of him, we've done things and seen parts of Arizona that we -and I've lived



Minker's parents say he's a wish come true!

in Arizona 20+ years-had never seen, because he's encouraged us to get out and be happier.



Photo provided by Candice Eaton Capturing EveryBuddy Photography

So, in the same way, we got him out of a shelter, he definitely got us out of our shelter too."

Photo Prorvided by Candice Eaton Capturing EveryBuddy Photography They say the whole family is loving the Tucson area and the local animal lover community, so entering Minker into the Tucson Dog Cover Dog contest made perfect sense. Plante says that, of the 30,000 or so photos on her phone, most of them are of Minker. So it seemed only fair to share some of his good looks and spunky personality with the world.

"We just want to make sure that everyone knows that small dogs can have big adventures," Plante says.

'And," Quintero adds, "have big hearts."

The Tucson Dog's Woofstock Dog Contest

Winners of the Top 5









BAXTER, ZORA, MARLEY, KONA





PRINCE ALI



Special Feature

What Does Your Pet Really Want?

Story and photos by Alison Martin, Animal Soul Connection

As an animal communicator, one of the common questions I hear from my clients is - 'What can I do to make my pet happy?' What we often learn is that our animal friends simply would like to spend time with us. Time uninterrupted, without distractions and with us fully present. When you spend time with your animal family are you watching tv while you pat your dog on her head; texting while you take a walk around the block; brushing your cat but thinking about work? When we're not fully present with our animal companions, we are missing out and so are they.



There is nothing else like the unconditional love we receive from our animal family. The love our pet receives from us when we are fully

present with them, heart and soul, delights them. I hear this from the animals I work with time and again. I encourage you to let go of all distractions, even for a few minutes, and simply enjoy being with your animal friend.

In addition to the practice of connecting with our animals when we're together, animals are natural meditation teachers. The key to meditation is being totally in the moment, and that is where animals are, all the time. They don't live in the past or future as we often do. They are easily here, right now, in the present moment. Whether you are a seasoned meditation practitioner or have never tried to meditate before, slowing your mind down in connection with your animal will bring many benefits!

Just a few benefits of meditation:

- It improves concentration.
- It encourages a healthy lifestyle.
- The practice increases self-awareness.
- It increases happiness.
- Meditation increases acceptance. It slows aging.
- The practice benefits cardiovascular and immune health.

When we slow our minds and tune into our breathing and relax, our pets are reaping the benefits as well. By finding a quiet time to really connect with your animal friend, you are strengthening

and deepening your bond. Animals like routine, so by starting a new habit of daily meditation with them you can increase their feeling of safety and comfort.

No worries, this does not have to be a lengthy process! Even five minutes a day can get you on the road to feeling more peaceful. Once you start, my bet is you'll want to develop this healthy practice into longer sessions. It's easy, fun and there are really no rules. You can't mess this up! Just simply being, not doing anything, with your pet and connecting with them on a soul level helps them thrive.



Let's get started!

• Sit near your pet, get comfortable with your spine straight, hands open in your lap and close your eyes. You may place a hand on your pet if they are comfortable with you doing so. If they move away, that's ok. You can join together without touching.

• Take a deep breath in through your nose. Feel your stomach expand and the cleansing breath go deep into your body. Think of the gratitude you have for your pet on the inhale.

• Exhale through your nose, or mouth, and think of the unconditional love you and your friend share. • Repeat this deep breathing three more times then resume your normal breathing pattern, staying aware of your breath and how it fills your body.

• Next, picture one of your favorite things about your animal. Focus on that and quiet your mind. It's ok if your mind races. Simply recognize the thoughts and let them go - returning again to your favorite thought. Try to stay with this for a few minutes, breathing in and out, relaxing and feeling your pet relax with you.

• When you are ready to end your meditation, send deep love and gratitude to your pet. Take three deep breaths in and out - breathing in gratitude, breathing out unconditional love into the world.

• Slowly open your eyes and return to the room. How are you feeling? It may be nice to start a meditation journal to record these beautiful times with your beloved animal companion. For more information, contact Alison Martin, Founder of Animal Soul Connection, email: alison@ animalsoulconnection.com or visit www.animalsoulconnection.com



www.sabinocanyonpetresort.com



Pet Directory

ANIMAL COMMUNICATION

Animal Soul Connection Alison Martin 308.391.1540 alison@animalsoulconnection.com www.animalsoulconnection.com Animal Communication Pet Grief Support, Energy Therapy

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P.O. Box 85370, Tucson (520) 610-4915 friendsofpacc.org Supporting the efforts of PACC to save the lives of pets in need.

No Kill Pima County

P.O.Box 86231, Tucson (520) 477-7401 Nokillpimacounty.org Resources for your pets and community cats

Southern Arizona Animal Food Bank

6212 E Speedway Blvd, Tucson 85712 (520) 268-7299 SAAFB.org info@SAAFB.org Donation and Distribution of Animal Food for Families in Need

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SHELTERS/ RESCUES

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Pima Animal Care Center

4000 N. Silverbell Rd., Tucson (520) 724-5900 pimaanimalcare.org Pima County's only safety net shelter for pets in need

Pima Animal Care Center Aio Substation 1259 Well Rd., Ajo (520) 387-7502 pimaanimalcare.org Pima County's only safety net shelter for pets In need

Rescue A Golden of AZ

P.O. Box 71987, Phoenix (520) 360-4414 Golden-Retriever.org tucson@golden-Retriever Non-profit statewide Rescue Re-homimg Goldens since 1998

Rescue Me Marana

Tucson Premium Outlets 6401 W. Marana Blvd, Suite 902 Marana 85742 (520) 261-1616 rescuemetucson.org

The Animal League

of Green Valley 1600 W. Duval Mine Rd. Green Valley (520) 625-3170 talgv.org A private, donation funded, all volunteer, 501(c)(3) non profit

THERAPEUTIC/ SERVICE ANIMALS Gabriel's Angels

www.gabrielsangels.org 520-248-8497 Pet Therapy animal helping children

Sunshine Therapy Animals

4651 N 1st Ave Ste 200, Tucson jackie@lapancollegeclub.org www.lapansunshinefoundation.org 520-336-7124

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The Complete Canine 4767 N. 1 st. Ave., Tucson (520) 403-1401 www.completecaninetucson.com



VETERINARIANS

Acoma Animal Clinic 6781 N. Thornydale., Ste. 207, Tucson (520) 297-3593 acomaanimalclinictucson.com We treat all kinds of animals Yes, even pocket pets!

Humane Society of Southern AZ Clinic 635 W. Roger Rd., Tucson HSSAZ.org (520) 881-0321 Low Cost Spay-Neuter Clinic Low Cost Vaccinations and Microchipping



IMPORTANT **NUMBERS**

Pima County Animal Control Services 4000 N. Silverbell Rd., Tucson (520) 724-5900

> Pima County Pet Licensing (520) 724-5969

Town of Marana Animal Care Services & Pet Licensing (520) 382-8020

Town of Sahuarita Animal Care Services & Pet Licensing (520) 445-7877 (520) 764-7661

If you have to give up your pet and live in the Town of Marana or Sahuarita (520) 327-6088

> Poison Control Hotline (855) 764-7661 (24 hrs. day)







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Special Feature



Tucson's Foster Heroes

Story by Rebecca West, Photos Courtesy of Julia Ewer, Oana Stratman and Alex Byler

"Saving an animal's life or making a difference for them is an amazing feeling and such a fulfilling experience!"

Each year thousands of pets are surrendered or picked up as strays in Pima County. While they're cared for by the many animal rescues and shelters in the area, long-term stays in these facilities are not conducive to optimal mental health. Recognizing this, Maddie's Fund began conducting a stress study in 2021 to examine the correlation between stress levels of animals in shelters versus those in foster care. So far, the study confirms that animals fare better in private homes.

We asked Tucson fosterers about their experiences and queried the facilities they assist with an eye toward providing readers with a thumbnail sketch of the kinds of people who foster while highlighting the impact these behind-the-scenes heroes have on the community. Here's what we learned.



Originally from Romania, Oana works as a registered nurse and lives with her family, four "perfect dogs"

Mishu 1 st time in house relaxing

(three resident, one foster), and a senior cat. Fostering for two years, she frequently works with PACC, where she's fostered five dogs. When asked how she got her start and what the best part was, she shared this:

"I changed to a non-bedside/non-hospital job just as the pandemic was ramping up. I felt extremely guilty about not being able to contribute to the community by taking care of patients, so I wanted to find a different way of giving back. The way these pups help me be a better human (dog mom, wife, daughter) – they impact my overall conscience in such a deep way. I learn a great deal from my foster dogs. They teach me patience, grit, resilience, resourcefulness, and they fuel my creativity in ways that no human can."

Regarding her favorite memory, it's her first foster pup Anna walking again for the first time. She wants potential fosters to know that fostering is a selfless and very important commitment. Most foster dogs require a lot of time and patience initially, and the first few days are always a bit challenging. Also, choose your foster animal very carefully and ensure that slow, careful introductions are done with other animals in the home. Don't rush the process.



Anna walking again for 1st time

PACC

"For PACC, fosters and volunteers are the reason we're able to save as many animals as we do. The shelter has a 92% Live Release Rate because people in Pima County always step up to help.

Currently, we have about 600 pets in the shelter with around 1,200 pets in foster care. That's 1,200 animals who aren't housed at the shelter because people were willing to take them in. This allows us to focus on the pets that really need our help. There is always a need for all kinds of fosters. We need medical fosters, large dog fosters, ringworm fosters, neonatal fosters... the list goes on.

Pets in foster care tend to be more relaxed, and in turn they heal faster if they were sick or injured. While we have an amazing state-of-the-art facility, we understand that it's still a stressful environment for them. We do our best, but the best place for a pet is with a loving human. That's why we are so grateful for the people who foster PACC Pets." Nikki Reck, Public Information Officer at PACC

Julia Ewer

"I've always wanted to help out with rescue work, and fostering was a great way for me to do that, especially when I was younger. It's still one of the easiest ways for me to help. I couldn't do what I do without my parents' support. They're always helping, whether it be picking up a new foster, driving us to appointments, or just helping me care for them."

After fostering on and off for years, Julia has consistently fostered dogs since 2019. To date, she and her family have welcomed 14 dogs into their home for PACC, Cherished Tails, Lucy's Hope, and a few others. Looking after one to four dogs at a time, her favorite part is seeing the animals blossom, but she acknowledged that fostering can be a lot of work, especially at

first. You're welcoming a dog into your home who has no idea what's happening. When asked about her fondest foster memories, many of them included milestones for the dogs coming out of their shells, trusting, and playing without fear.

We wondered what she'd like people who are considering fostering to know, and she told us: "Fostering can be so rewarding, but it's not a walk in the park. Start slow and never be afraid to ask for help. You're constantly learning and adapting, and it's okay to admit that a certain foster pet may be too much to handle. Plus, new dogs don't always know you're trying to help and may try to run."

Lucy's Hope Sanctuary & Rescue

"Lucy's Hope Sanctuary & Rescue is dedicated to the mission of giving second chances to the most vulnerable dogs in communities and county shelters. Our ability to deliver on this mission hinges on the availability of safe and loving homes for these dogs to decompress and flourish. Our dedicated and caring fosters are the cornerstones of the work that we set out to do every day, and without them, many dogs would never get that second chance." Ben Garagozloo, Director/Owner

Alex Byler

"I've always helped animals in need since I was little, but after college with my first job at a no-kill shelter, I realized it's the rescue and rehab aspect that is my true passion. In Tucson, a random plea on Facebook for bottle-baby fosters got my attention, and it felt right to apply. From there, it's only opened many amazing doors."

Alex has been fostering for seven years while balancing her work life with her passion for animal rescue. Nearly four of those years have been spent in Tucson, where she's the cofounder, board member, social media coordinator, and a foster mom for Southern Arizona Cat Rescue. It's a 501c3 nonprofit, 100% volunteer and foster-home-based feline rescue that takes in "all types of kitties!" Since starting in Tucson, she's fostered 120 animals, and before that, 50 or so through her old shelter job. On average, she fosters six cats at a time, sometimes more.

Like Julia, her favorite part is the transformations. Receiving a tiny, sick kitten near death's door and helping to provide the best TLC possible all the way to the end of their foster journey and on to their forever home is the greatest. Regarding fostering, she wants people to just "Do it!" and pointed out many rescues have different options to work with your lifestyle and provide resources at no cost. It's bittersweet, but saving an animal and having them find a forever home makes everything worthwhile.

"Personally, fostering helps my mental health. There's nothing like being down or feeling stressed and a kitten coming over to your lap for love and just taking a few minutes to breathe while snuggling and petting them. They can bring laughs and love to your life every day. On the flip side, becoming overwhelmed from wanting to save them all and burnout is real."

SACatRescue

"As far as our rescue, the Southern Arizona Cat Rescue, we wouldn't survive and save as many lives as we do without fosters, as we're completely foster-home based. We believe this sets us apart from other rescues. And our volunteers love that they can be a big part of the adoption process by choosing the potential adopters themselves

and see their babies off."

One thing that everyone we spoke with agreed upon is that it's very important to listen to and follow all instructions when fostering to keep the animals safe/ healthy while under your care. They also admitted that the animals can occasionally cause minor damage, but for anyone with pets, this should come as no surprise. The other unanimous response was that resources are abundant, with a village of support from other fosterers who are really good at supporting each other, and that there's a pool of information with people always willing to help. That includes the shelters/rescues. Lastly, it's totally worth it.

So, what do you say? Could fostering be in your future?

Animal Resource Guide

Area Shelters

Animal League of Green Valley Onsite Adoptions 7 days a week - 10a-2p 1600 West Duval Mine Rd. Green Valley 85614 (520) 625-3170 www.talgv.org

HOPE Animal Shelter Onsite Adoptions Mon-Thurs, by appointment Fri-Sat-Sun noon-4p 8950 N. Joplin Ln. Tucson 85742 (520) 792-9200 www.hopeanimalshelter.net

Humane Society of Southern Arizona Main Campus Onsite Adoptions Mon-Sat 11a-6p, Sun: noon-5p Closed Major Holidays 635 W. Roger Rd. Tucson 85705 (520) 327-6088 www.hssaz.org

HSSAZ Pawsh @ Park Place Onsite Adoptions Mon-Sat 10a-6p, Sunday 11a-5p 5870 E. Broadway Blvd. Tucson 85711 (520) 881-7406

PAWSitively Cats No Kill Shelter Onsite Adoptions Mon-Sat 10a-2p 1145 N. Woodland Ave. Tucson 85712 (520) 289-2747 savecats@PAWSitivelycats.org www.PAWSitivelycats.org

Paws Patrol 750 W. Camino Casa Verde Green Valley 85614 (520) 207-4024 www.greenvalleypawspatrol.org

Pima Animal Care Center Onsite Adoptions Weekdays noon-7p, Weekends 10a-5p 4000 N. Silverbell Rd. Tucson 85745 (520) 724-5900

Ajo Substation Onsite Adoptions Mon-Wed-Fri 11a-1p, Wed 4:30-6:30p 1259 Well Rd. Ajo 85321 (520) 387-7502

Pima Paws for Life Onsite Adoptions 7 Days A Week, 7a-11a & 3p-7p 2555 W. Zinnia Ave. Tucson 85705 (520) 867-1193 info@pimapawsforlife.org www.pimapawsforlife.org The Hermitage Cat Rescue & Sanctuary Onsite Adoptions Tues-Sat 10a-5p 5278 E. 21st St., Tucson 85711 (520) 571-7839 www.hermitagecatshelter.org

Local Rescues

Animal Rescue Foundation Tucson ARFTucson@Gmail.com (520) 319-9292

BARK (BabyAnimal Rescue Koalition) 585 E Wetmore Rd. Tucson 85705 barkntucson@AOL.com facebook.com/BARKTucson/

Central Arizona Animal Rescue Mike@caaronline.org facebook.com/CentralArizona AnimalRescue/ www.caaronline.org

Cherished Tails Senior Sanctuary (520) 616-0171 Cherishedtails@yahoo.com Visit us on Facebook

Hard Luck Hounds (520) 261-7677 hardluckhounds.org info@hardluckhounds.org

In the Arms of Angels (520) 873-8135 inthearmsofangels@gmail.com

Lil' Bit Of Love Rescue lilbitofloverescue@gmail.com (520) 869-9537 https://www.facebook.com/ lilbitofloverescue/ http://www.lilbitoflove.com/

Miss Maggie May's Rescue (520) 256-3073 missmaggiemay@cox.net

RAD Rescue Inc. Rehabbing and Advocating for Dogs www.radrescueinc.com radrescueinc@gmail.com

Rescue Me Marana Tucson Premium Outlets 6401 W. Marana Blvd, Suite 902 Marana 85742 (520) 261-1616 rescuemetucson.org RUFF Rescue www.ruffrescuetucson.com ruffrescuetucson@gmail.com (520) 490-0401 or (520) 339-0841

SAFE (Saving Animals from Euthanasia) (520) 349-8637 or (520) 250-5080 www.safeanimals.com

Save-A-Bull Rescue www.saveabullrescue.org Saving at Risk Animals (520) 499-0546 www.savingatriskanimals.org

The Sanctuary Project (800) 691-9168

Southwest Oasis Labrador Rescue (SOLR) 501 c3 volunteer organization dedicated to the rescue and adoption of homeless Labrador Retrievers. We are a virtual animal rescue organization without a physical shelter SouthwestOasisLabRescue@gmail.com www.solraz.org • (520) 554-0911

Tucson Cold Wet Noses info@tucsoncoldwetnoses.com www.tucsoncoldwetnoses.com

Tucson2Tails (520) 812-5682 Tucson2Tails@Gmail.com

Tucson's Cause For Canines (520) 283-3423 TucsonCFC@gmail.com facebook.com/TucsonsCFC/ www.tucsoncauseforcanines.org

Tucson Rescue Now Adoption Store La Encantada Shopping Center 2905 E Skyline Dr. suite 28 Tucson AZ 85718 (520) 490-7508

Wild Hearts Rescue Ranch (520) 661-4522 wildheartsforcrow@gmail.com www.wildheartsrescue.org

Bird/Reptile Rescues

Forever Wild Avian Sanctuary 8605 S. Craycroft Rd., Tucson (520) 574-3579

Tucson Parrot Rescue (520) 747-0554 tucsonparrotrescue@gmail.com

Cat Rescues

Hearts That Purr-Feline Guardians (520) 297-3780

The Hermitage Cat Rescue & Sanctuary 5278 E. 21st St. Tucson 85711 (520) 571-7839

PAWSitively Cats No Kill Shelter-1145 N. Woodland Ave. Tucson 85712 (520) 289-2747 savecats@PAWSitivelycats.org

Paws Patrol 750 W. Camino Casa Verde Green Valley 85614 (520) 207-4024 SOS Cat Rescue AZ Cortaro 85652 (520) 445-3889 info@SOScatrescueAZ.org

Feral Cat Assistance

Tucson Feral Coalition (520) 256-0443 tucsonferal@gmail.com Info about TNR (Trap, Neuter Return) FREE Spay/Neuter of Feral Cats Low-Cost Spay/Neuter of owned cats

Equine Rescues & Sanctuaries

Equine Voices Rescue & Sanctuary (520) 398-2814 www.equinevoices.org

Equine Encore Foundation (520) 349-6008 cfolch@gmail.com www.equineencorefoundation.org

HEART (Happy Equine Acres Rescue & Therapy) Tucson (520) 445-1510 www.heartoftucson.org

Horse'n Around Rescue Ranch & Foundation Inc. (520) 266-0236 HorsenAroundRescue@yahoo.com

Karuna Horse Rescue (520) 243-3267 karunarescue4sanctuary@gmail.com https://www.karunahorserescue.org

The Wild Horse Haven Rescue "Saving horses and healing souls through wild horse connections" Safford, AZ wildhorsehavenrescue@gmail.com http://www.wildhorsehaven.com/

Wildhorse Ranch Rescue Gilbert (866) 926-8007 www.wildhorseranchrescue.com

Whiskers Sanctuary (520) 455-5424 or (520) 455-9246 toni@rrheartranch.com

Pig Sanctuary

Ironwood Pig Sanctuary (520) 631-6015 www.ironwoodpigs.org



Business Spotlight

Changing The World, One Service Dog At a Time Powered by Dogtopia of Tanque Verde & Oro Valley

Story by David Duran, Dog Parent Relationship Manager of Dogtopia of Tanque Verde & Oro Valley

Photos courtesy of Dogtopia

Dogtopia is not only just about providing the best daycare experience out there. Through the Dogtopia Foundation, Dogtopia locations across the country raise money through various treat days, events, and other fundraisers, with the goal of raising enough money to sponsor a service dog for someone in need.

The Dogtopia Foundation enables dogs to positively change our world through funding programs focused around three worthy causes: Service Dogs for Veterans, Youth Literacy Programs and Employment Initiatives for Adults with Autism. In the next year, the Dogtopia Foundation will introduce a national impact grant program that will be awarded on a regional basis to exemplary non-profit organizations



the country celebrated a timely milestone

for the Foundation by announcing that they

have collectively raised money to sponsor

more than 100 service dogs for veterans!

Many of these dogs are currently in training

now, learning the task-related skills they will

need to be supportive, hard-working and

loyal companions for our veterans who so

bravely served our country. The Dogtopia

Foundation partners with both large and small organizations across the country.

Below are some of the organizations

committed to providing service dogs for veterans. The foundation plans to identify organizations who are creating greater awareness, engage in best practices and protocols and actively gather date for evidence-based research in pursuit of sustainable funding. They believe by partnering with these organizations on a regional basis the Foundation will make a broader impact by learning about and supporting the programs making a significant difference in their field.

This past September, during National Service Dog Month, Dogtopia daycare centers across



Dogtopia partners with to provide service dogs to veterans in need.

K9's For Warriors

K9's For Warriors is the nation's largest veteran service organization focused on providing highly trained Service Dogs to Warriors. Their program is focused on mitigating the debilitating symptoms of service-connected traumas and validate their methods through tireless research. With a majority of their K9's coming from rescued shelters or surrendered by their owners, the organization prides itself on saving these animals from abandonment or euthanasia and giving them purpose. Each pair who graduates from their program represents two lives saved – the Service Dog and the Warrior. Dogs who do not graduate from their program qualify for a

"career change" and are adopted out to loving homes or they enter the K9FW Station Dog Program which assists in the placement of careerchange dogs throughout Florida so they may help to address and mitigate the stress factors common to the work and environment of dispatch operators, first responders and police officers.



America's VetDogs

The service dog programs of America's VetDogs were created to provide enhanced mobility and renewed independence to U.S. veterans, activeduty service member and first responders with disabilities, allowing them to live with pride and self-resilience once again. VetDogs trains and places service dogs for those with physical disabilities; guide dogs for individuals who are blind or have low vision; service dogs to help mitigate the effects of post-traumatic stress disorder; and facility dogs as part of the rehabilitation profess in military an VA hospitals. Students come to their 10-



K9FW Hero

acre campus in Smithtown, New York, for a two-week in-residence training program. Classes are kept small to ensure personalized attention for each student and their new dog.

Mutts with a Mission



K9FW Poppy

returning from active service. During her time working at Fort Benning, she was inspired by the response her dog, Angus, evoked from the troops, it was clear that dogs held the power to heal. Thanks to Angus, Fort Benning served as the foundation of Mutts with a Mission. At the start

In 2008, Brooke Corson founded

Mutts with a Mission after

witnessing the positive impact

dogs provided to the troops

of the organization, they solely focused their resources on serving veterans and wounded warriors, but in 2019 were motivated to expand their reach to include first responders and those who have experienced trauma in the line-of-duty.

For more information visit us at www. dogtopiafoundation.org and www. dogtopia.com.





Training

Can Your Pet Save Another Pet's Life? Canine (and Feline) Blood Donations are Down.

Story by Jeremy Brown, The Complete Canine. Photo courtesy of Veterinary Specialty Center of Tucson

Pets with serious health issues and medical emergencies depend on your pet's life-saving donations, but where does the blood come from?

Over the past few months, I've trained four dogs whose lives were saved through blood transfusions. Willing pet owners and qualified pets can donate blood regularly to help other pets in need. Due to limited collection locations and so few donors, many veterinarians are in need.

So, this made me think; could one of my dogs qualify and help others? I am documenting the process to inform the masses and share our experiences with the world.

Blood donation qualifications can vary depending on the collection site, but many qualifications fall within these guidelines:

- Age range: Dogs 1-7 years old / Cats 1-8 years old
- Weight: Dog Roughly 50 lbs / Cats 10 lbs with healthy body mass

Qualifications:

• Has never been pregnant, has never received a blood transfusion, and is not on medications.

- Cannot be around other cats tested positive for FELV or FIV.
- Must be current on vaccinations and on flea and tick prevention.

Some blood bank locations ask for a one-year or more commitment but offer perks like free vaccinations, lab work, and/or flea and tick prevention.

After assessing these qualifications, I realized that one of my dogs, Louis, met all qualifications to donate blood. My next step was to call the collection location and set up an evaluation.

To make the first visit easier on Louis, we made it a very special trip. He got to greet employees, got treats from staff, and acclimate to his new environment. We did a little bit of training in the lobby to keep his attention in the right place and keep his stress level low as well. Once in the examination room, we made the situation fun by interacting and giving high-value rewards to keep



rewards to keep him in a happy place. He actually enjoyed the whole visit! They performed a basic physical checkup and took a sample of his blood to determine his blood type. And the next step, he qualified to donate blood on a regular basis. We start Luis on his new journey to save lives this February/March. This was an exciting moment because my socially awkward and silly rescue dog is going to help save the lives of other dogs. The experience was actually easier than I thought. I encourage everyone whose pet meets the criteria to consider making a lifesaving donation for our furry friends in need.

Things to consider:

- · You are saving the lives of other pets!
- This does not hurt the donor during donation.
- · Screening is very easy!

For more information contact vscot.com

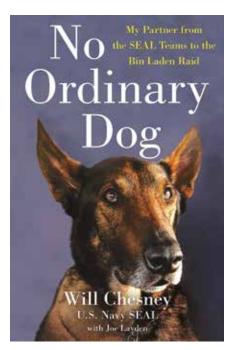
LASER THERAPY & ORTHOPEDIC SURGERY



Book Review

No Ordinary Dog - My Partner From The SEAL Teams, To The Bin Laden Raid By Will Chesney

Story and photos by Joan Zatorski Puca



When first receiving the assignment to review No Ordinary Dog, I felt hesitant. Although I was an inveterate dog lover, I'd also held a life-long resistance to all things military. Could I objectively evaluate a book about the use of dogs in the United States Navy SEAL program? Would a Naval dog handler's account of the Bin Laden raid even hold my attention? Fellow Readers, I had nothing to worry about.

From the very first sentence of the Introduction, I was captivated, even enthralled, by No Ordinary Dog. Chesney's voice resounds convincingly on every page, the text conveying a natural rhythm and cadence that pulled me into its "you-are-there" style. I'd even swear this Navy SEAL sat beside me at the Club Congress bar, sharing life stories over a couple of beers. His is a tale that traverses the globe, starting from a little town in Texas, across to Afghanistan, Pakistan, and back to the United

States. It's certainly a story of self-discovery and finding purpose in life. But in no way is this book a typical or mundane coming-of-age saga. consistently stays true to its title; it is the inimitable tale of a highly skilled and uniquely tempered Belgian Malinois/Shepherd named Cairo, whose partnership with handler Chesney brought them face to face with the most sought-after enemy in United States history. It is a deeply personal story of a world-altering event, written from an utterly unique perspective.

At times, No Ordinary Dog is raw and horrific in its straightforward, vivid descriptions of combat. Chesney writes graphically about the physical and psychological impacts of battle. Yet the people and animals he meets are described with great pathos, and I had a deep sense of Chesney's own pain and suffering. Likewise, the evolution of his moral code and belief in a greater mission is explored thoughtfully and fully. This is certainly not a book for the faint of heart. But No Ordinary Dog is a book written with honesty, clarity, and insight.

Chesney says he is not the same after his time with Cairo. In truth, I am not the same after reading their story, either. It is that powerful. I urge you to read it.







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Open Tuesday - Sunday 6:30 AM - 2:00 PM

Special Feature

Scientists Believe Dogs Are Using Earth's North-South Magnetic Field as an Internal Compass to Navigate Similar to Migratory Species

Story by Rebecca West

We've all heard the stories. Pets finding their way cross-country, inexplicably showing up thousands of miles away years later. They're usually lost before or during a move. Sometimes they've been left behind to live with friends or family and ran off after the fact. Or they've become separated during a trip or vacation. It defies logic, but there it is: against all odds they're back. While dogs have a remarkable sense of smell, that certainly can't be all that's at play here. Their humans didn't walk from Maine to Iowa or Florida to Montana. They drove off in cars. How do you track that, even if you're a bloodhound?

It's seemed very unlikely that could be the sole explanation, but up to this point, no one had proffered any proven hypotheses to definitively explain the uncanny ability. While there may not be any one specific reason for it, another part of the puzzle may be falling into place. According to a recent study, it's quite possible dogs are able to use the Earth's magnetic field to orient themselves. The ability, known as magnetoreception, allows other creatures,

such as whales, dolphins, sea turtles, and birds, to use this sixth sense for plotting the course of their annual migrations. It's called homing behavior.

Homing, defined as the ability to return to a known location (breeding grounds, shelter sites, etc.) after displacement, has been exhibited in a diverse range of vertebrates that rely on a multitude of cues for navigating. They can include visual,



WWI Canine Messengers

scent, acoustic, celestial, magnetic, and idiothetic. Idiothetic, or self-proposition, is used in navigation models for describing the use of self-motion cues, rather than allothetic or external cues, which are forms of sensory information derived from the surrounding environment.

Up to this point, studies characterizing the navigational strategies of homing behavior in non-migratory species – particularly free-ranging mammals – have been scant. One of the earliest examples dates to 1920 when scientists attempted to decipher the mystery after using canine military couriers displaced to unfamiliar sites while delivering messages during WWI. Since then, there hasn't been a whole lot published on the subject of any real consequence. Because our understanding of large-scale navigation and homing remains incomplete, designing tests has proven difficult but not impossible.

"The magnetic field may provide dogs with a 'universal' reference frame, which is essential for long-distance navigation, and arguably, the most important component that is 'missing' from our current understanding of mammalian special behavior and cognition," the authors of the new study wrote.

To test their theories, researchers from Czechoslovakia and the U.S. utilized GPS and video cams to study the navigational styles of 27 canines from 10 breeds. In total, 622 trials were conducted at 62 locations consisting of forested hunting grounds. Based on the records, they determined turning points, thus dividing the excursions into outbound and inbound tracks. Undertaken between 2014 and 2017, they chose hunting breeds bred to locate prey in dense woodlands and thick brush and then navigate their way back to the start or release point.

Researchers discovered that during two-thirds of the excursions, the dogs typically retraced their steps back by simply using smell. But in a third of the expeditions, the dogs took a different route back. This is where it gets really interesting. Of the dogs diverging from the



scent method, most of them began by running for 65 feet along Earth's north-south axis – even if the direction of their destination differed from this line. This prepping or "compass run" is thought to aid in determining where magnetic north and south lie and where the animal is in relation to those points. In other words, they needed to get their bearings before heading back.



Hunting Dog following Scent

"This run is instrumental for bringing the mental map into register with the magnetic compass and to establish the heading of the animal," the authors wrote.

In 399 cases (59.4 %), dogs "homed" by following their initial outbound track (scenting or tracking strategy), and in 223 cases (33.2 %), dogs homed using a novel return route (scouting strategy). In 50 cases (8.0 %), it was determined dogs combined both strategies during a single return. It was ultimately revealed that scouting dogs were faster in their returns than those using tracking. Sex, breed, and sun position did not influence the outcomes.

In other canine magnetoreception mysteries, after observing 37 breeds over a two-year period some 10 years ago, 12 Czech and German scientists came to the conclusion that dogs eliminate waste in alignment with the Earth's magnetic field. They studied a total of 1,893 defecations and 5,582 urinations while recording the orientation of the animals' spines with a compass to reach their conclusions. No explanation was given as to why they relieve themselves in a north-south direction, but scientists have known for years that several species spontaneously align with the Earth's magnetic field when engaging in certain behaviors.

These and other conundrums will undoubtedly be fleshed out in the coming years as we learn more about our canine companions and gain a better understanding of the world around us. In the meantime, it's pretty cool just knowing how evolved humankind's best friend really is.



Celebration of Life

The Dog Who Changed My Life

Story and Photos by Deborah Berlin

I still feel the waves of sadness, and happiness while writing about the life and the loss of Sam. Also known as Sammy, Sammy-Sam, Sam-Sam, Mr. Barkenator and Samuel L. Barkson. On Thursday evening May 13th, 2021 I came home from work and found Sam seemingly asleep in the backyard (his favorite place), but I soon found he had taken his journey over the Rainbow Bridge. He was my son's dog, a rescue from The Animal League of Green Valley. Sam and his sister Sarah lived full lives, even traveling with us across the country about 3 times. They were our family companions and our best friends.



As many life circumstances go, Sam happily became my boy. Despite his regal stature, Sam was skittish and a huge barker. He had been startled as a puppy and never really recovered. We met a new neighbor, Moriah who had recently moved into my neighborhood, who quickly became like family. Being a dog Whisperer, like none other and helping Sammy in her tender ways, Sammy found his confidence and security; he learned how to socialize, found peace in making dog friends and soon became my steady and consistent canine champion.

He would take treats out of a baby's hand, without so much as a touch to their skin. He was gentle,

funny, curious, inquisitive and calm. He had a ferocious bark but over time, learned when to use it. I've rarely heard him bark in 3 years - unless there was a good reason.

He was always waiting for me at the back gate when I'd pull into the driveway from work. "Come on! Meet you inside!" I'd say, and by the time I'd unlock the door, he was there, waiting for me wiggling and jumping in circles. A quick ruffle of his neck and pat on the sides, and he was off. Like, "Okay, Mom's home, I'm back to my thing."

Being a Chow-Chow/Shepard mix, Sam was not cuddly, he was a stoic loner but loved his people. When I company, even people he knew well, by 10pm if we were not in our respective beds he would become flummoxed. If one was up watching TV and the other was in bed, he would make the rounds, pacing between the rooms until we were settled in. Only then did he go to sleep peacefully, in his own space and his own bed.

Dinner was from 6:30 to 7:00 ... much past that he'd let me know in his gentle yet persistent way. He 'talked' to me often - making noises, prancing, pacing, shifting his head. We

communicated, and many people were amazed by that. I understood him and he understood me. I could point to the back door and he knew to go outside. I could issue a sound and only he knew what it meant. I spoke to him in words, "Go get a drink now" and he did. He would pace, or "harumph" and I knew what he meant. "Dinner", "Go outside." He understood words and phrases and he knew that I got it.

I know he was letting me know his time was near. In his last several months he would sleep by my bedside when previously he preferred to sleep alone. He would sleep more, often not rousing until 1pm, I knew.

Walks and the dog park were his joy, sniffing, hunting, and exploring. He wasn't one to just walk in a straight line, though he was well trained on leash, he wanted to stop and smell the roses. He was not the greatest companion for a human wanting to get 15K steps per day, he savored and was present... he took his time. Exercise? Who cares!

He was slowing down, walks were shorter, trips to the dog park with Moriah were less frequent. He would need his pain meds before and after his walks but we didn't have the heart to deny him his treks, as short as they were. One trip to the park, he'd sleep for 2 days, but his happiness was apparent, he went NUTS with joy when Moriah rolled up with her dogs Abe and Finn. He had about 5 dog beds, all over the house and yard and rugs all over for his comfort. His

favorite was the roll-top lounger at the back gate where he could watch his "hood". He would spend hours there,

Hot, wet, cold - did not matter - he was on his lounger watching the goings-on. If he was forced inside with the doggie door shut for the night, he would pout like the biggest man baby you ever saw.

One Thursday he woke up, ate and drank, went to his backyard, walked the perimeter and got on his lounger. Leaving for work I waved and called to him through the gate like I always did, he stood up and wiggled and harrumphed at me as he always did. I didn't know this was his last day. He took his last sleep. I am forever changed, I miss him more than I can express. It was surreal and often still is. I know he's at peace and I'm thankful his joints and legs are no longer in pain, but I wasn't ready.

I have come to believe that while dogs are indeed our best friends, they are even more important for those who have lived through trauma. They love unconditionally, are loyal, structured, consistent, and supportive. Sam was everything I needed that I didn't get from most humans. I know Sam and his sister Sarah gave the same emotional support for my children when I

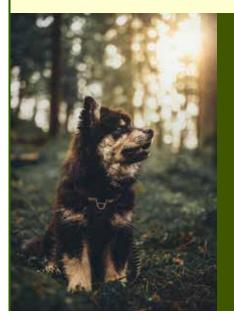
couldn't provide. Sam and Sarah saved us. I am forever grateful to them for the life they shared and for how they demonstrated compassion, authenticity, honesty, dedication and the care one can only wish for from human beings. I love you, Sam. May you hunt, jump, pounce and spin in peace.





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