

The Tucson

November/December 2021

DOG



A publication dedicated to promoting the human/animal bond and raising awareness of shelter and rescue animals.

Cover Story: AND THE COVER DOG WINNER IS!

**LORD MOJO FILTHWAD VON
SHEDDINGTON II AKA "MOJO"**

Features:

**A Tribute to John Gilbert:
The Founder of Tucson Rescue Now
Leaves Legacy of Hope
For Senior Dogs**

**Thunder Dog Author Michael Hingson
Tells How He And His Service Dog
Roselle Worked Together To Escape
The Trade Center On 9/11**

**Wild Horse Haven Rescue:
A Man and His Wild Horses
Changes the Lives of those with PTSD**

**Maddie's Fund & PACC Team Up
For Stress Study On Shelter Dogs**



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The Leader of the Pack Speaks

Dear Friends and Readers,

It is my honor to be chosen as the new "Leader of the Pack".

First, I would like to write a few words about my dear friend Ann Herrington, the founder of **The Tucson Dog Magazine**. **The Tucson Dog** is Ann's 4th animal welfare publication in Arizona, and I am humbled to be walking in the footsteps of someone who has dedicated much of her life to saving and protecting the lives of our most vulnerable population. Ann has made great strides in educating the public on overcrowded shelters, backyard breeding, puppy mills, and the need to spay and neuter pets. She is responsible for bringing about laws to protect animals and punish their abusers, and even held a protest at the headquarters of Disney Studios, to educate the public about the Disney movie *101 Dalmatian's* cruel aftermath.

When Ann and I became friends in 2017, my spark of passion and true love for animals was fueled to fire. Ann has passed on to me an abundance of knowledge, which continues to grow with every dog I meet and every animal lover I speak to. Until we met I didn't really know what to do with my profound love of animals outside of my own dogs and cats, but over time, I came to realize my potential in helping. (I had no idea what the future had in store.) Thank you Ann Herrington for your knowledge, love and "dogged determination" in advocating for those who give us unconditional love.

I am very excited about the future of **The Tucson Dog Magazine**, the long awaited **WoofStock** and **Dogtoberfest**, and our new **Pups On The Patio** mini events which are designed to support local business, shelters and rescues.

I am determined to continue to educate our community about animal welfare and strengthen the human-animal bond. As a Tucsonan of 56 years, I have seen the growth in our community's animal welfare concerns and advancements. I'm proud to be a part of those continued efforts and accomplishments.

I am so very happy and equally terrified to take the baton and run with it. Thankfully, I have an incredible team, our readers and our friends support in helping me do this publication justice. I feel and have always felt that **The Tucson Dog** is an important resource and an invaluable education tool. It will be my pleasure to see what we as a community can achieve together in making Tucson, AZ the most animal-friendly city in the country.

Let's save lives together.

I am grateful for my community and **The Tucson Dog** team's support and expertise. I am truly blessed.

Yours,

Heather McShea
Publisher and Editor of **The Tucson Dog Magazine**

Letters to the Editor

Donations

WE GREATLY APPRECIATE YOUR GENEROUS DONATIONS to The **Tucson Dog** during these trying times. Your donation will help us to continue serving our community by continuing to promote local shelters and rescues (at no cost to them), helping homeless pets find homes, provide local resources and events and continue to share heartwarming stories about local people who give their lives to saving animals and animals saving humans.

Please send donations and your story, if you'd like to share, to:
The Tucson Dog Magazine
5151 E Broadway Blvd Ste 1600, Tucson, AZ 85711
Or call 520-345-2801

THANK YOU
SHELLY & ADAM

Photos by Shelly & Adam Grinnell

for your donation during this difficult time. You are OUR ANGELS who save lives and give hope to those left behind.

Letter from our generous Donors

Sheba's parents, Adam and Shelly, would like to thank The Tucson Dog for all the work they do in the community. Their love, compassion and sympathy for Tucson pets are unquestionable!

Thank you **Tucson Dog**!!

This is our 7 months old Sheba. We rescued her from a cage in a cement backyard in Peoria after our Boxer Gandhi passed away. Sheba has become our baby from the moment we saw her horrible circumstances.

Adam and Shelly Grinnell

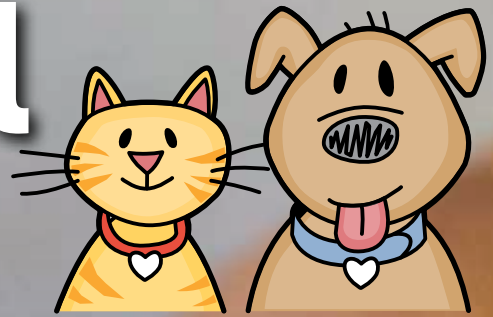


Ghandi



Sheba

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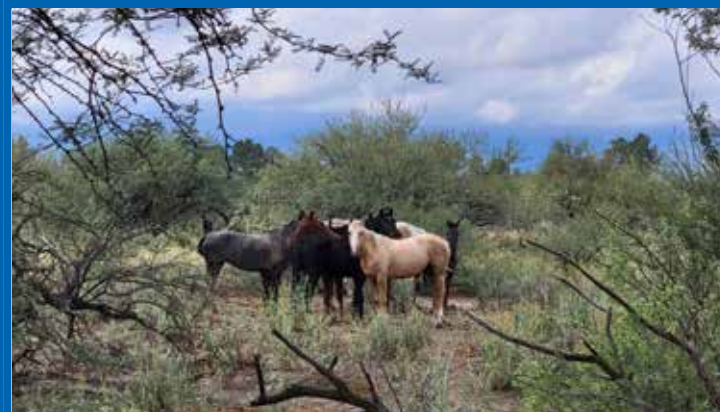


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The Tucson Dog Staff & Writers



Heather McShea - Publisher/Editor - As the owner of a local Home Health Care company, Heather often volunteers in helping find new homes for the pets of her hospice patients. She has worked closely with The Tucson Dog for over 4 years, and throughout her life has loved many rescue dogs of her own including a family therapy dog. Although she has only one dog now she has a constant flow of neighbor dogs stopping by all the time. She calls her house the neighborhood dog park. Heather's love of our most vulnerable populations has led her to Home Health Care and helping all animals in need. Email: heather@thetucsondog.com



Colleen Keefe - Account Executive - Colleen is a freelance writer, photographer, and third-generation Tucsonan. She's the mother of three young adults and one high schooler. Her daughter's service dog Beasty and his co-conspirator Teddy sometimes let the humans get the good spot on the family couch. Colleen has worked as a producer, written for newspapers, and online publications. She is always ready for game night and may have a problem with chocolate. Email: colleen.tucsondog@gmail.com



Rebecca West - Staff Writer - Rebecca is a freelance writer and editor for print and digital who loves to travel the globe. A life-long pet owner, she adores animals and has taken part in fostering dogs for military members during deployment. She has given many rescued and surrendered dogs the forever home they always wanted, and her two favorite canine quotes are, "Be the kind of person your dog thinks you are," and "My dog rescued me." Email: nomadshighway@gmail.com



Bonnie Craig - Staff Writer - Bonnie lives with three dogs, a cat, nine chickens, and a Betta fish. As well as writing, she enjoys painting and playing music. She is passionate about the natural world and loves gardening, botanizing, hiking, and camping. Most evenings she can be found in the garden listening to the chickens and playing endless games of fetch with a certain ball-obsessed border collie. Email: bonniehooligan@yahoo.com



Emily Dieckman - Staff Writer - Emily loves to tell stories - especially about animals. While she impatiently looks forward to living in an apartment that allows dogs, she fills her time with writing, reading, cooking and petting other people's dogs. She has a bachelor's degree in journalism from California State University, Fullerton, and her writing has appeared in several magazines and newspapers. Email: emily.dieckman@gmail.com



Jeremy Brown- Staff Writer - An animal lover for life, Jeremy has been a dog trainer for over 16 years. As the Area Trainer for Petsmart he trained dog trainers for years and opened The Complete Canine 7 years ago. A therapy dog evaluator for years, he founded Kienrnan's Kindness, a local therapy group that spreads kindness and also trains the Pima County Sheriff Therapy dog program. A Graduate from Indiana University and Applied Animal Behavior from University of Washington. He has four dogs; Archie, Lacey, Louis and Sabine, with the first two being therapy dogs.

THE TUCSON DOG

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Calendar

NOVEMBER EVENTS

Sat. Nov. 6, 9am-2pm Farmers Market Every 1st & 3rd Saturday of the Month

Farmers Market benefitting the S. Arizona Animal Foodbank takes place at the SE corner of Broadway & Houghton in the Safeway shopping center where you'll find organic produce, fresh eggs, mesquite honey, baked goods & more. (520) 982-2645 or email info@saafb.org broadwayhoughtonmarket@gmail.com

Sat. Nov. 6, 10am Beagle Play Date at Reid Park

Hosted by Southern AZ Beagle Rescue, bring your beagles the first Saturday of every month to the small dog park at Reid Park in Tucson for fun in the sun beagle style! (520) 247-7720 / soazbeaglerescue.com

Sun. Nov. 7, 11am-4pm Southwest Oasis Lab Rescue This is Tucson Monthly Midtown Mixer

SOLR will have a booth set up with adoptable dogs to meet at this fun event. Check it out! Midtown Market 1881 N. Swan, Tucson 85712 (949) 838-4192 / solraz.org

Sun. Nov. 7, Time TBA Friends of PACC Dog Washing Fundraiser Event: Bark & Brews

Benefitting nonprofit Friends of PACC. To be held at Barrio Brewing 800 E.16th St., Tucson 85719. Info: (520) 791-2739 / friendsofpacc.org

Sat.-Sun. Nov. 13-14, 7am-2pm S. Arizona Cat Rescue Yard Sale

Operated by & benefitting SACR to help save & care for more at-risk cats & kittens, the yard sale has a wide variety of items like clothes, furniture, kitchen items, knick-knacks, books, baby items, etc. 2300 N. Calle Del Suerte, 85745 (520) 200-1643 / sacatrescue.org

Sat. Nov. 20, 10am-4pm Pups On the Patio Presents "A Home for the Holidays" Adopt-A-Thon

Meet dogs in search of forever homes at the Chris Bubany Artists Gallery where there will be Live Music, a Silent Auction, Contests & Prizes, Arts & Crafts, & Food Trucks to enjoy. 6538 E. Tanque Verde Rd, Tucson 85715. Call (520) 345-2801 or email heather@thetucsondog.com for more info.

Sat. Nov. 20 38th El Tour de Tucson Ride

For a day of fresh air & family fun, help raise funds for Friends of PACC, the Hermitage Cat Sanctuary, & other nonprofits by riding in Tucson's premiere desert cycling event sponsored by Perimeter Bicycling. eltourdetucson.org (520) 745-2033 info@eltourdetucson.org

DECEMBER EVENTS

Fri. Dec 3, 9am-1pm Udall Park Heirlooms Farmers Market with Gaia Provides

Each Friday this season Gaia Provides will be at the Udall Recreation Center with various CBD products for both pets & people! 7200 E. Tanque Verde Rd., Tucson 85715 (520) 791-4931 / info@gaiaprovidesllc.com

Sat. Dec. 4, 12pm-2pm Southwest Oasis Lab Rescue Kendra Scott Fundraiser Event

SOLR will have a booth set up with adoptable dogs at the Kendra Scott fundraiser event at 2905 E. Skyline at the La Encantada Mall in Tucson. (949) 838-4192 / solraz.org

Sat. Dec. 4, 11am-2pm Humane Society of S. Arizona Pups in the Plaza

Come meet our available dogs at Pups in the Plaza! PAWSH Park Place's adoptable dogs will be located outside of the Victoria's Secret store. Enjoy 25% off all PAWSH merchandise with your adoption. 5870 E. Broadway Blvd., Tucson 85711 (520) 881-7406

*Sat. Dec. 4, 2pm-6pm Pathways for Paws Plaza Palooza Adoption Event

Pathways for Paws will be taking part in an adoption event at the La Plaza Shoppes for the grand opening of the Desert Mariposa boutique. Our purpose is to have people meet us, learn about us, & to get to know some of our available dogs there! 6538 E. Tanque Verde Rd., Tucson 85715 (520) 444-7803 or email pathwaysforpaws@yahoo.com

Sun. Dec. 5, 2pm-4pm Fundraiser for new Sol Dog Lodge

9665 N. Thornydale Rd., Marana 85742 RSVP (520) 345-0075 / info@soldoglodge.com. New Sol Dog Lodge location also offers dog grooming appointments Tuesday - Saturday.

Sat. Dec. 18, 9am-3pm Southwest Oasis Lab Rescue Plaza Palomino Meet & Greet

We'll have a booth & adoptable dogs to meet, as well as merchandise for sale at this super fun event. Set up at 8am. (949) 838-4192 / solraz.org 2960 N. Swan Rd., Tucson 85712

Sat. Dec. 18, 9am-3pm 12th Annual Southern Arizona Animal Food Bank Santa Paws

Bring your dogs to this festive holiday event for photos with Santa! Experience Christmas music, unique hand-crafted items for sale, & an assemblage of local food vendors. All donations go toward pet food. Broadway & Houghton Market (520) 268-7299 / info@saafb.org broadwayhoughtonmarket@gmail.com

A creature was stirring,
but it wasn't a mouse

You went on vacation
and left me the house

with no one to watch me
I just ate some glue

And wait till you see
what I did in your shoe!

Love,
Fido



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A VISIT TO THE



DOGHOUSE

All the dogs on these pages are available for adoption now. If you are interested in meeting any of these adorable friends, please contact the group listed with the picture.

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PACC.AdoptAFoster@pima.gov

Open Mon-Fri 12pm-7pm • Sat-Sun 10am-5pm
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Adoption includes spay /neuter, age-appropriate vaccinations,
microchip & free vet visit. When you foster for PACC, all
medical costs are covered, including prescription food.

SUGAR RAY & MAYWEATHER

ID# A752664 & A752665

I'm 14 y/o Sugar Ray, a gentle, easygoing gentleman who's easy to leash up & likes to take leisurely strolls & stop frequently for treats. My buddy Mayweather is also 14 but has a bit more spunk but he's just as gentle & easy-going. We both enjoy taking long naps on big, soft blankets. Please consider fostering/adopting one or both of us. We're good buds, but in our best interests, it's not required we stay together.

DONATELLO ID# A747273

I'm a super sweet and friendly 2 y/o who's easy to leash up for a stroll around the park. Handsome, brilliant & athletic, when it's time for a walk I take one of my favorite toys with me to play with. Would you like to be my walking buddy?

STEVEN ID# A754401

I'm a 4 y/o with the kindest soul & a gentle heart who's an easygoing guy that's good with dogs I've shared my kennel with. A volunteer favorite, I'm kennel broken & super sweet to everyone I meet. Please adopt me!

The Animal League of Green Valley (TALGV) Dog
Adoption fees: \$85. 520-625-3170
600 W Duval Mine Rd, Green Valley, 85614

PEPPER

I'm a sweet 5y/o, 51-lb Staffie mix girl that loves to walk with you. I'm lovable & energetic, & know how to use the doggie door. I'll sit when asked, & learning more commands. My favorite toy is a big red Kong, & my only request is that you don't have cats.

DOTTIE

I'm a 1 y/o, 34lb Shepherd mix girl who likes other dogs but can be a bit exuberant with new canine friends. I enjoy walking on a leash, but I'm still a youngster who needs a loving person in a stable home who can provide more training.

Humane Society of Southern Arizona
635 W Roger Rd. • For more info and to schedule a
meeting, call 520-327-6088 ext. 173

TANK

ID# 904633 I'm a gentle boy looking for my forever home! I have a very playful spirit, especially when squeaky toys are involved. When I'm tired from playing, there's no place I'd rather be than a comfy bed or couch to catch some Zzzs. If you meet me at HSSA, please ask for a meet up in a play yard! I want you to see the sweet, happy boy I am while we play together.

FRIDA

ID# 852734 I'm a fabulous 4 y/o girl & everyone I meet compliments me on how well behaved I am. I know sit, shake, lay down & more! I ADORE meeting new people & walk well on a leash. I'd like to be an only doggy child, but I do love some pups here at HSSA. If you have potential doggy siblings, let's plan a time for you to bring them by so we can get to know each other! I can't wait to meet you!

GOLIATH ID# 904804

Hola! I'm a young hound mix from the streets of Mazatlan, Mexico. I was found by a local organization & brought to Tucson with the hopes I'd find a forever home. I primarily speak Spanish, but I'm picking up my English commands pretty quickly. I'm a big goofball that enjoys spending time with my favorite volunteers & going for long walks! Please bring your family & doggies to meet me before I come home with you!

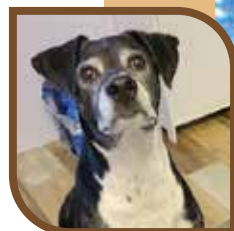
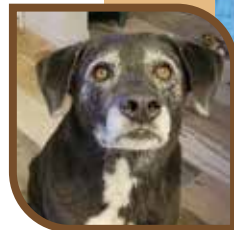
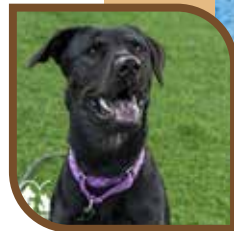
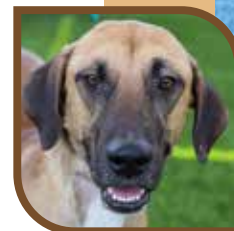
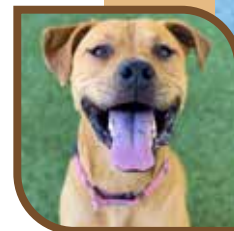
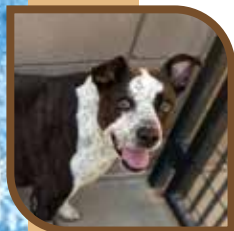
SIMBA ID# 902536

I am a 1 y/o Lab mix who likes to play & has so much love to give! I'm a giant lover that wants nothing more than to please his person. I know a lot of obedience tricks & I enjoy going for walks – especially if they end with water – & later I'll curl up in your lap looking for pets when I'm tired.

Cherished Tails Senior Sanctuary
Marana, AZ Pinal County
cherishedtails.rescueme.org

AXEL & HUEY

We're a bonded pair of 10 y/o Lab mixes looking for a new home together! Neutered, current on shots, & very healthy for our age, we have a very good energy level & walk well on a leash with no pulling. We're also great with other dogs, cats & kittens. We're well behaved, good with people of all ages, & show zero signs of any aggression.



From the Director's Desk

Pima Animal Care Center

Story and photos by Monica Dangler, Director at Pima Animal Care Center

Summer 2021 has been a bit challenging here at Pima Animal Care Center. Nationally, shelters and rescues are seeing an increase in the number of pets that are coming into their facilities while the numbers leaving through adoption, foster, and rescue have declined. The same is true at PACC. In the month of September alone, PACC saw 897 dogs enter its care, which was a 26% increase over the same time period in 2020. At the same time, 600 dogs were adopted, transferred to rescue or sent to foster, which was a 4% decrease over the same time period.

Why is this happening? There are multiple reasons. Economic uncertainty (or just uncertainty, in general, because of the pandemic), loss of pet-friendly housing, and the fear of not being able to find or provide pet care to an adopted pet are just a few. Because everyone is experiencing a slowing in adoptions, rescue and shelter partners aren't able to take in as many pets from PACC as they did in the past.

Luckily, we have an amazing community that not only values having a lifesaving shelter in its midst but also steps up to help every single time PACC asks. In August, PACC put out an urgent plea for foster and adoptive homes due to being at critical capacity for dogs. People heard that message and responded, adopting or fostering more than a thousand pets over the following three weeks!

As PACC heads into the fall, we won't know what the rest of the year will look like, but you can help by:

1. **DONATING:** Make a donation to Friends of PACC (www.friendsofpacc.org/) so that we can continue to help families in need through the Friends of PACC Keeping Families Together fund (KFT fund). We've seen the number of people needing help to keep their pets double this fiscal year. This program is fully funded through donations (meaning none of it comes from PACC's

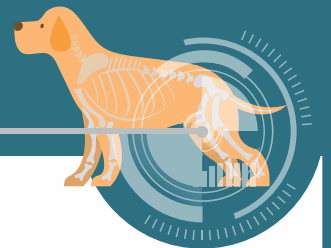
operational budget). The KFT fund helps with non-emergency medical care, pet deposits, temporary foster placement, and more.

2. **FOSTERING OR ADOPTING YOUR NEXT PET:** It doesn't have to be only at PACC. Fostering or adopting a pet from any rescue or shelter helps us all!
3. **SHARING:** If you aren't in a place to foster or adopt a pet, please share our social media posts. Someone in your circle might be able to help!
4. **HANGING ON TO STRAY PETS:** Those friendly stray pets that show up in the neighborhood likely belong to one of your neighbors. You can knock on doors in the area and will likely find the owner within a matter of hours. If you need supplies in order to hang onto the pet, PACC will provide them free of charge. Pets that stay in the neighborhood where they are found have an 80% chance of making it back home. That rate drops to 20% if they come to the shelter.
5. **UPDATE YOUR PET'S MICROCHIP:** There's nothing more disappointing than seeing that a pet is chipped but their tag has outdated information or no information at all. It sort of makes the chip worthless. You can do it for free in several locations online!
 - <https://www.freepetchipregistry.com/>
 - <https://www.foundanimals.org/microchip-registry/>

There's nothing more disappointing than seeing that a pet is chipped but their tag has outdated information or no information at all. It sort of makes the chip worthless.

Thank you, Tucson, for everything you do make Pima County a better place for people and their pets. We couldn't do it without you!

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Special Feature

A Tribute To John Gilbert: The Founder Of Tucson Rescue Now Leaves Legacy of Hope For Senior Dogs

Story by Colleen Keefe



John and Tickie.

Photo provided by Kathy Robertson

Ask anyone who knew him. John Gilbert just couldn't sit still.

So, after retiring from more than 60 years in the shoe business, when John decided to become a volunteer dog walker, no one was surprised. "I'm not a *retire* kind of guy. I can't even lay on a beach. I can't take a vacation. It's just not in my mentality. I think it's that ADHD thing," John said on a 2018 podcast of *Purpose Lounge*.

Walking dogs soon sparked the idea to create **Tucson Rescue Now**, a dog rescue specifically designed to rehome senior pups. A fortunate decision for the

hundreds of dogs who crossed paths with him and now have families to call their own.

Sadly, after complications following a heart attack, John passed away on June 15, 2021. Shortly before falling ill, John told his best (human) friend and TRN co-founder Jace Powers that he was "having the time of his life." He was. It's worth noting that everyone interviewed for this story laughed often while reminiscing about John.

John was deeply loved by his life partner Kathy Robertson, his children Dustin Gilbert and Carrie Morris, and took pride in being a grandfather to Leo, Maxwell, and Oliver.



John and Blakely. Photo by Candice Eaton

"I shared his home, his heart, his love for 40 years. He succeeded in his quest to help senior dogs gain respect and love and new homes through hard work, passion, and determination," Kathy said.



A welcoming rub from John helps put this doggo at ease. Photo provided by TRN

John. He was kind of like my brother/grandfather because he's quite a bit older. We just had a good time. It was fun. We ended up laughing all the time. And, yes, the dogs healed me, but I think they healed John, too, because he

didn't want to grow old and not do anything," Jace said.

The pair soon met Bonny Harris, who worked as a volunteer coordinator, then adoption coordinator, at PACC. "John came to me and said, 'I have this idea,' and it just kind of jumped from there. Probably the best thing that happened for the rescue was my moving over to that department (adoption), so he and I could work one-on-one together," Bonny said. There John learned the pet adoption process. "Those are my most fond memories of John – busting each other's chops," Bonny shared. "John had a wicked sense of humor, and that's what made us working together so successful, but we also understood and respected one another's passion for what we do."



John and Jerimiah. Photo by Candice

"We're both kind of business guys, and we both observed the young dogs would go up to people 'cause they're happy, and they greet them. The old ones, a lot of times are sad because they might've lost their owner, and they ended up in the shelter. Or they could've been abused or need some medical attention. It's not really fair that these young ones get adopted and these other ones that are really good dogs [don't]. That's when we decided let's just do a show with older dogs and bring them out and do a community adoption event," Jace said.

PACC's where they met volunteer Candice Eaton of *Capturing EveryBuddy Pet Photography*. John helped Candice photograph dogs for their adoption portraits. "John was probably one of my biggest cheerleaders for starting my business. The whole inside of the store (TRN) is decorated with my artwork," she said. A photo she took of John and Jace was used for the May/June 2019 cover of the **TDM** and led to her becoming the **TDM** photographer. "Every time we'd go do pictures, I swear he'd end up taking a new dog home. 'I love this little dog' (in John's voice), and before you know, it's getting in the back of his little Volkswagen. That I know of, he acquired two or three dogs that way," Candice claims. "He has his own pack of senior dogs."

From Two Men and a Couch to Tucson Rescue Now



John Gilbert and Jace Powers. The duo came to be known as Two men and a couch finding a unique and effective way to help dogs and humans make that forever bond. Photo by Candice Eaton

"I knew that if John was confident in the fundraising ability that they were going to need to achieve, in order to make it successful, I had no doubt that that was going to happen. And it did," Bonny exclaimed. She is now the director of TRN.

The venue for their first event was enormous, so John and Jace filled it with couches. When the dogs arrived, the couches were filled with dogs. "The people could sit down and relax, and then, of course, the dog becomes more relaxed because you're relaxed. And then they realize how special those dogs are and that they deserve a second chance — even if it might be only a couple years," Jace explained.

The dog-loving duo had come up with the magic formula for adopting out hard-to-place senior dogs. They also earned a nickname — Two Men and a Couch.

John's life-long mission to "bring dogs out of the shelter" came to fruition in 2018.

"One of the benefits to being at La Encantada is that you're bringing these dogs to an environment where, for many of the people who frequent that mall, the financial concerns aren't as much of a concern to them. You're



John reassures pups as they are transported from PACC to TRN to be adopted.
Photo provided by TRN

tapping into a dynamic that doesn't exist at PACC," Bonny explained. "So, you're bringing these animals that need the most, to people that have the potential to provide the most to them."

Shoe Dog Turned Dog Rescuer

"He's so passionate about what he does, and he does it with such gusto," Carrie said. Carrie interviewed her father in 2018 for her podcast Purpose Lounge. John's sales career started in the original Nordstrom's in Seattle in the 1950s. John admitted he loved the interaction with people. The personal satisfaction of making someone happy drew him to sales. "The high school girls in those days,

they really dressed... I'm 16 years old, and I'm starting to sell shoes to all these teenagers, which are my peers. And I was thinking I was making commission, and I was very good at what I did, which was basically getting paid to flirt with girls, which was my calling for sure," John chuckled. He was so successful as a part-time high school student he outsold full-time salesmen who were married with kids.

Long before ADHD was an official diagnosis, John recognized it in himself. He used his constant "on-the-go" spirit to his advantage to continually propel himself to the next best thing.

"I'm not an adoption person at that point [referring to volunteering at PACC], but I started helping them anyways. It's in my DNA. It's my old shoe dog thing — I got to help people, and I got to sell some dogs," John had said. Carrie noted that her dad used his ADHD as an asset and not a disability. He wrapped up the interview by advising the next generation to "be real."

Dogs Best Friend

Carrie was about 5 years old when they got their first family dog, Clyde. "We were watching this sleek black dog running around. The next thing you know, my dad is talking to the owner of the dog - and that's our dog," she said. Over the years, John had about a dozen dogs, including rescues and "surrogates" of his own.

"This whole dog mission, you know, he and I talked about it when I was little. He'd say, 'Wouldn't it be great if we could create a sanctuary and bring dogs out of shelters. They'd be in an open environment, and people could come and see the dogs playing and carrying on, and then they'd adopt them.' So, he'd been talking about this for many, many, many years," Carrie added.

John shared the same enthusiasm and excitement about rescue and adoption as our founder, Ann Harrington, does. "You rarely see men in rescue, and to see these two guys, businessmen, both of them having that kind of passion to help animals, is very rare in the rescue world. I thought these guys need to be on the cover of **The Tucson Dog**. I thought they were an incredible inspiration to not only everyone who cares about animals, but to men," Ann recalled.



John Gilbert and his beloved dog Lily.
Photo by Candice Eaton

John was a very personable guy. He loved dogs. The consensus is that John would most definitely be "surrounded by dogs" right now. "I'm sure all the dogs that he had any attachment to over the years, adopted, or whatever would be there. His idea of heaven would be all dogs. I think he'd be very happy," Jace said. "It's a round circle. I'm sure they're helping him up there. I'm sure many of the dogs he's adopted out have passed by now and are putting him on the couch trying to get him adopted out," Jace laughed.

Tucson Rescue Now – NOW

"I think John is happy where **Tucson Rescue Now** is going with Bonny and Jeri (TRN volunteer)," Jace continued. Jeri helped John transport the dogs to and from the shelters and rescues. "They are taking the reins from here."

Three hundred dogs have been adopted since TRN began. About 20 since John's passing. TRN plans to continue John's mission to focus on older dogs, the ones that are more difficult to place.



John's lap was always available for any dog who needed it. Photo provided by TRN

"I think he's left a legacy to this community to help senior dogs and not let them be left behind or forgotten. He has left an indelible mark on this community," Ann noted.

What message or legacy would John like to leave?

"Don't give up on the senior dogs. Keep them in the forefront," Kathy said. "And don't take life too seriously," she continued.

"He would want the mission to continue and people to not overlook the senior dogs — as a senior dog himself," Carrie said as she laughed. "It's like those are his people," she explained.

"He wasn't really a man of ego. He just wanted homes for those dogs. That's all he wanted. He wanted them to have a good life," Jace observed. Jace has decided to name his next dog "Gilbert" after John, "Johnnie" if it's a girl. And, of course, that new family member will be a senior dog from **Tucson Rescue Now**.

And so, with that adoption, and every other through **Tucson Rescue Now**, John's story will continue to be written...and to "be real."

Cover Story:

And The Cover Dog Winner Is! Lord Mojo Filthwad Von Sheddington II aka "Mojo"

Story by Emily Dieckman



Mojo Holiday
Photo Provided by Candice Eaton

Big ones, small ones, some the size of your head. Some in sunglasses, hats, Halloween costumes, or halfway through eating a cup of whipped cream. Competition was fierce for the 2021 Tucson Dog Holiday Cover Dog Contest, in which readers submitted photos of their furry best friends. In the end, it was Lord Mojo Filthwad Von Sheddington II – or just Mojo, for short – who came out on top.

"He has celebrated by taking four to five naps a day," says Mojo's mother, Mel Blumenthal.

Blumenthal and her partner, Alex Byron, got Mojo from Pima Animal Care Center in fall 2020. Blumenthal, who grew up in Tucson, was raised in a family that had pugs, so she was used to having dogs around. Byron, who grew up in Germany,

hadn't grown up with pets but had always wanted one. When he moved to Tucson, he started volunteering to walk and socialize dogs at PACC.

When they decided to get a dog, they had different approaches. Byron created a spreadsheet with must-have categories, such as "already housebroken" and "adult," and with preferred categories, such as "crate-trained." He also prioritized dogs with descriptions written about them, so they would know more about a potential pet's temperament before adoption. Blumenthal placed much more importance on "the cuteness factor" than Byron did.

"We narrowed it down to about five or six dogs based on the spreadsheet," Blumenthal says. "Mojo, who went by a different name at that time, was definitely the prettiest. He's a very handsome puppers."



Mojo The Home Pro
Photo provided by Mel Blumenthal

The other "top dogs" all got eliminated for one reason or another, and the pair came to pick up Mojo. He'd been at PACC for more than two months and was struggling in the shelter, barking at everyone who walked by. But the couple saw how calm and sweet Mojo was as soon as they brought him into the outdoor greeting area.



Mojo's Modeling Portfolio
Photo provided by Candice Eaton

"He's an awesome dog, and we have so much fun with him," Byron says. "It's been a really long process to learn about him and see him improve and get better over time. But it's been really rewarding."

Blumenthal agrees that watching Mojo come out of his shell, and "settle more into his true dogness" has been wonderful. As Mojo's personality has started to shine through more, his owners have only grown to love him more. Mojo loves playing with other dogs at the dog park, carrying his toys



Mojo The Ham
Photo provided by Mel Blumenthal

up to his owners when he wants to play, and meeting new people. When his owners cook, he watches them, eagle-eyed and ears perked, from the kitchen floor, standing by in case they drop any food.

Blumenthal and Byron don't stop at treating their dog like royalty: They made him literal royalty. They purchased him a Lordship over the Principality of Sealand, a tiny sovereign nation established in 1967 off the coast of Britain. (Really, it's just a .0015 square mile platform used as a sea fort during World War II, but an eccentric British man laid claim to it, and his

descendants now sell Lords and Ladyships. You can buy one for yourself! You can buy one for your dog!) When Blumenthal and Byron heard about it, they thought it was hilarious, and they also thought they absolutely needed to make their dog a Lord.

"Best \$75 we ever spent," Blumenthal says.

Luckily, Byron says that (Lord) Mojo's royal title doesn't seem to have gone to his head, yet. Neither has his newest public recognition of the winner of The Tucson Dog Cover Dog Contest. In some ways, Mojo is already used to being in the public eye.

When Blumenthal and Byron first brought Mojo home, they joked about how he would earn his keep. Both Blumenthal, who works in finance, and Byron, who owns a home inspection company, have turned Mojo into something of a mascot for their work. Blumenthal created a personal persona called "Mojo the Money Mutt," as a fun way to offer financial tips on social media.

"Most people would rather chew glass than think about taxes," she says. "What we're doing here is using Mojo to kind of make these subjects more palatable. Instead of going, 'Oh no! I don't want to talk about it,' people go 'Oh, how cute!'"

The Facebook page for Desert Diamond Home Inspections, the company Byron owns, is filled with memes of Mojo the dog, known in those parts as Mojo the Home Pro. In one, he's reminding people to change the filters on their air conditioning units. In others, he's inspecting a fire extinguisher, or making sure a home's main water shut-off switch works. Byron even wrote a book about home maintenance earlier this year, and Mojo is listed



Am I Gorgeous Or What!
Photo Provided by Candice Eaton

as co-author. A friend of his designed cartoon versions of him and Mojo, and Mojo's character appears throughout the book, offering funny quips and words of advice.

"I've gone to inspections where the first thing people say is not, 'How are you?' and not 'Good morning.' It's, 'Where's Mojo?'" Byron says.

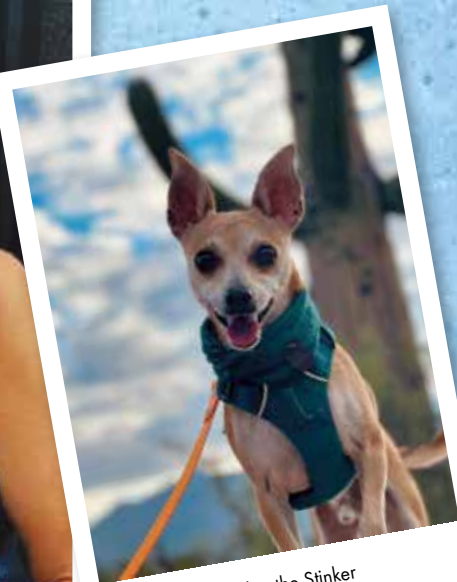
Lucky for us at The Tucson dog, this month, Mojo's right here on our cover.

The Tucson Dog's Cover Dog Contest

Winners of the Top 5



Cupie Doll



Inker the Stinker



Flint



T REX



Baby

Our Favorites



Montana



Shasha



Spartacus



Zha Zha



Rosie



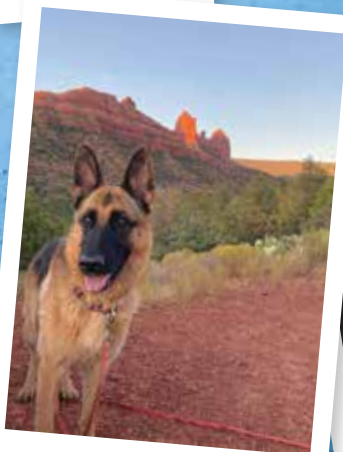
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Remington



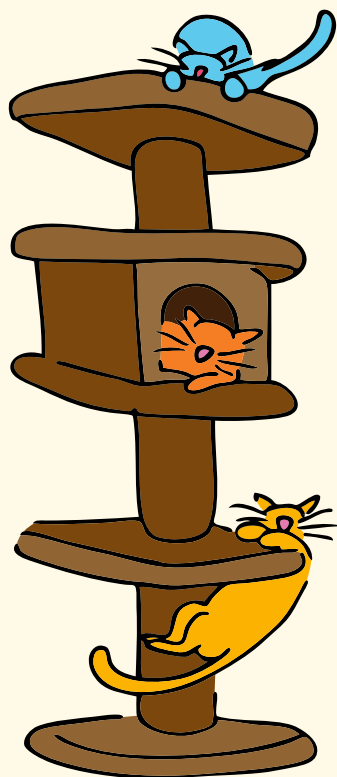
raven



Bella



Apollo



The Scratching Post: Cats for Adoption

All the cats on this page are available for adoption now.

If you are interested in meeting any of these adorable friends, please call the group listed with the picture.



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PACC.AdoptAFoster@pima.gov

Open Mon - Fri 12pm-7pm • Sat - Sun 10am-5pm

\$0 adoption fees. Adoption includes spay or neuter, age-appropriate vaccinations, microchip, and a free vet visit. When you foster for PACC, all medical costs are covered, including prescription food.



SMILEY - DSH

ID# A744918

I'm Smiley, a beautiful little 7 y/o who loves spawdicures (seriously easy to bathe & give nail trims), cuddles, sitting on your lap, purring, giving actual hugs, & likes cats & dogs of all sizes. I think car rides are great! I'm currently in foster care, but am available for adoption.



MINGUS - DSH

ID# A753479

At 12 y/o I'm not only super handsome, but such a love! I enjoy being brushed & will give you the best head bumps. I am diabetic & need insulin twice a day, but I take it like a true champ! I've been daydreaming of finding a foster (or forever!) family to give me a break from the shelter. Email Stephanie.Stryker@pima.gov with questions or stop by PACC.



SCARLETT - DSH

ID# A730635

I'm a 7 y/o with a wish list of items that would make me so very happy: a window sill to catch some sun while I watch the birds & lizards outside; a soft bed so I can get some restful sleep throughout the day; & tasty treats so I can fill my belly & then take those wonderful naps.

The Hermitage No-Kill Cat Shelter & Sanctuary,
5278 E. 21st St. Tucson 85711
hermitagecatshelter.org

Adoption application: <https://bit.ly/2Ws7HCG>



MASH

I came to The Hermitage looking for a forever family. I'm 1-1/2 y/o & I like making friends with other kitties. I also like ear scratches & snuggles—especially when it's stormy outside. Thunderstorms are scary but I'm hoping you can help me learn to be brave.



LUPINE

You need a tortie in your life, right? I'm Lupine, & I want to try out for the job. I love attention & cuddles, I love treats, & I like to play! I came back to The Hermitage when my person passed away. It was hard, but I know I'll find someone to love who will love me back.

Humane Society of Southern Arizona 635 W Roger Rd.
For more info and to schedule a meeting, call 520-327-6088 ext. 173



KIANA

ID# 905295

I'm a magnificent 3 y/o visually impaired kitty who sees the world by exploring my surroundings through sound. I keep my ears wiiiiide open & tilt my head back & forth while I learn all about new spaces. Once I'm nice & comfortable, you'll see how truly curious & playful I am. I can't wait to find my forever family & explore my new home with you!



OREO

ID# 906740

I'm a handsome 1 y/o with lots of hidden talents. I sit on command (for treats, of course!) & I'm currently working on 'high five' & 'sit pretty'. I'm very affectionate & love to snuggle, but I admit I'm pretty particular about my housing arrangements. I'm looking for a forever home comfortable with me hanging out outside occasionally – or maybe even someone with a catio!



MYLA

ID# 717477

I'm a 10 y/o Calico who's sweet as pie! At my age, I enjoy the simple things in life: long naps, gentle pats, & a whole lot of snuggles. It's true that I'm pretty laid back, but I'll always come running for cuddles! Another one of my hobbies is indulging my curiosity. These big green eyes stay wiide open to take in the sights & sounds around me.

The Animal League of Green Valley (TALGV)

Cat Adoption fees: \$45. (Appointments 10-2) 520-625-3170 • 600 W Duval Mine Rd, Green Valley, 85614



ZORRO

I'm an 8 y/o Tuxedo guy that can be slow to warm up to but really wants your friendship & a place in your home. Once we're buds, I'll roll on my back for belly rubs. My former family called me "Sweet Kitty," so you know I have lots of potential!



IVY

I'm a 4-year-old Torbie girl that lost her home when new family members were allergic to cats. I've enjoyed living with older children as long as they do as I say. I am a little bit overweight, so I'd do best in a home with a bit of playtime & exercise.



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THREE CANYON



Musical Guest

Jacob Acosta

Special Feature

Thunder Dog Author Michael Hingson Tells How He And His Service Dog Roselle Worked Together To Escape The Trade Center On 9/11

Story by Colleen Keefe

Michael Hingson and his partner Roselle rode the train into New York City that day. Admittedly, the night before was a bit rough. A thunderstorm decided to camp out over their home. Roselle hated storms - they made her nervous. The pair worked together in the North Tower. It was September 11, 2001.



Michael Hingson enlightens, educates and entertains the audience at the Humane Society of Southern Arizona's Rescue Me fundraiser. His service dog Alamo periodically steals the show. Photo by Camille Hall, HSSA

Michael recently spoke at the Humane Society of Southern Arizona's Rescue Me fundraiser.

Michael is blind. Roselle was his guide dog.

"Guide dogs do not lead blind people. Guide dogs don't lead. They guide," Michael explained. "My job is to be the navigator. The dog's job is to be the pilot."

Michael was printing documents when the building lurched, and he heard a muffled explosion. He went

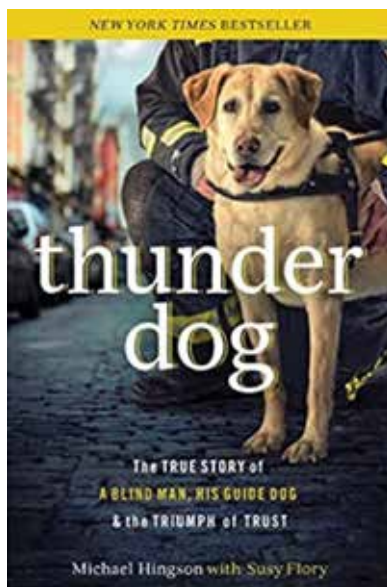
and stood in the doorway, his co-worker David was clinging to his desk, and Roselle was asleep under it. "David and I said goodbye to each other because we thought we were about to take a 78-floor plunge to the street," Michael recalled. When the tower was erect again, he went straight over to Roselle, now coming out from under his desk, and gave the command "heel," prompting her to his left side, which she did.

"At about that time, the building dropped down about six feet," Michael said. "David was frantically shouting, 'Oh my god, Mike, there's fire and smoke above us. There's millions of pieces of burning paper falling outside the windows. We've got to get out of here right now. The building is on fire. We have to get out of here!'" Roselle reportedly was yawning and wagging her tail, and Michael calmly said, "Slow down, David." "And then he used the big line, as I call it, 'You don't understand. You can't see it!'" Michael said.

But Michael related that the problem wasn't what he couldn't see, but rather what David couldn't see.

"The difference between blind people and sighted people is not that blind people can't see and that sighted people can see. It is rather that, as blind people, we'll do things differently than you do to accomplish the same thing. So, I don't look around a neighborhood and see what's there. I rely on having information in Braille, or asking questions in advance, or doing other things that give me information simply not made available to blind people," Michael explained.

He was 4 months old when it was discovered that he was blind due to a condition called



Thunder Dog by best-selling author Michael Hingson is available wherever books are sold. "Please buy a copy, Alamo needs kibble," Michael quipped.



Linda, bidder #358, bid on and won a K9 ride along with the Oro Valley Police Department. All proceeds benefit the HSSA education programs. Photo by Camille Hall, HSSA

about being blind, although I knew I wasn't exactly the same as all the other people," Michael said.

He was 14 when he got his first guide dog Squire, a golden. They worked together for nine years. When Michael graduated with his physics degree, the chancellor gave Squire a degree in Lethargic Guidance. The canine grad worked one more year before retiring with Michael's parents.

Michael grew up with dogs – a dachshund named Rudy, then a mini dachsie Peewee.

"Dogs like to know the rules. I think that's the most important thing that we can do with our dogs. I think that dogs want to be treated as part of the team. They feel that they're pleasing you by obeying. One of the keys to team relationships is accountability. Treat dogs like part of the team, as part of the family. Pay attention to them, encourage them, and hold them accountable," Michael said. But it goes both ways, notes the best-selling author of Thunder Dog.

Roselle was part of the team. She knew the rules, and the pair were experts navigating in the dark. When a firefighter nearly insisted on helping Michael out of the building, David convinced him that he was ok. The firefighter leaned down to Roselle – taboo etiquette for interacting with a working guide dog, but Michael didn't mind this time. Roselle licked his face. Michael knew it might be the last act of unconditional love the hero might receive.

Fortunately, Michael's parents didn't take the sheltered approach. Instead, they opted for the unconditional approach.

And fortunately for those with him on 9/11. Michael's calm presence, unmatched wit, and charming sense of humor traveled with him as they descended step by step. In many ways, Michael had prepared for this. He'd taught himself the Trade Center's complex, prepared for an emergency, and developed a "mindset" needed to help people focus. Teamed with his pilot Roselle, Michael navigated through obstacles and forged a path out of the North Tower to safety.



This dapper gentleman (left) just couldn't resist getting in on the action of the evening. He literally bought the hat off of Auctioneer Frankie Fletcher's head (right). All for a good cause – and a gentleman indeed, he later returned the hat to Fletcher. Photo by Camille Hall, HSSA

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Special Feature

Wild Horse Haven Rescue: A Man And His Wild Horses Changes The Lives Of Those With PTSD

Story by Rebecca West, Photos by Duane Whitmer



Band of mustangs on the ranch

organization in Safford that utilizes horses and other fuzzy friends for the implementation and continuation of programs for kids, veterans, and other survivors of PTSD and related anxiety/stress disorders.

The founder and president of Wild Horse Haven Rescue, Afton "Duane" Whitmer, is a former Deputy Sheriff, world adventurer, and mustang trainer who turned his ranch into a haven and began rescuing mustangs and other horses five years ago. Since that time, over 40 equines and other animals have gone there to live, including donkeys, pigs, goats, and a llama named Kuzco. WHHR recognizes horses as sentient beings with compassionate souls and deep feelings. And as such, they are especially attuned to the emotional needs of humans and others requiring emotional support.

The horses are utilized in programs to support children, veterans, and others suffering from PTSD, anxiety/stress, or other mental health issues. And they're not the only ones suffering. Horses and other animals often experience PTSD, just as humans do, and these programs are specifically designed to provide support for them through structured interactions. The end result is that it's good therapy for everyone involved.



Sirocco

Many people don't realize the extent to which horses and other animals end up needing refuge, just like house pets. These four-legged creatures suffer similar fates as the countless dogs and cats that find themselves cast aside but with far less fanfare concerning their plight. If you're not familiar with **Wild Horse Haven Rescue**, it's an amazing 501c3 non-profit



Donar and Blitzen

With regards to kids, the rescue provides youth programs, such as its Wild Horse Camp, which is committed to educating children in the quest to respect animals (and all life), and to actively support responsible care and understanding of animals and nature. Resources for veterans include Wild Horses for Heroes, where vets suffering from PTSD and other mental health issues have a safe haven to escape to and work towards reclaiming their lives.

The human/animal work they're performing is to be lauded, but also of note are their mustang rescue efforts. Estimates suggest there are about 100,000 wild horses and burros on public lands. The federal government has been

fighting to control the number of wild horses roaming free and guestimates that the land can only sustain about 27,000. That's due in large part to the fear that their grazing and movements will destroy delicate native species. Much of the criticism comes from ranchers who claim the animals' movements and behavior threaten their livelihoods.

The solution so far has been annual roundups, but the Bureau of Land Management can't keep up with the numbers, and it's not within their budget to do so. The result has been that the public then "adopts" or buys the animals, removing them from their habitats and ending their free-roaming ways. But, sadly, many of them end up being slaughtered. There is no quick or easy fix to the growing problem, but as long as Duane is around, he'll try and save as many of them as he and the other members of the rescue can.



Donar and Blitzen

Wild horses are still found in Arizona, California, Colorado, Montana, Oregon, South Dakota, Texas, Utah, Wyoming, and Nevada, which is home to more than half of the wild horse populations in North America. Utah is also where one of the haven's mustangs hales from. That horse is Warrior, and it's said that to this day, he has still never been touched by human hands — except for when he was originally captured. He was fortunate to end up at Wild Horse Haven to live and be free with a small band of mustangs that roam the ranch through the trees and surrounding hillsides.

The most notable mustang at the haven, however, is Sidewinder, who began his life as part of a wild herd at The Black Hills Wild Horse Sanctuary in South Dakota, which launched in 1988 as an eleven-thousand-acre refuge for the animals. Sidewinder was eventually singled out as having the unique ability to calm younger and/or anxious horses and make them feel safe and secure. Duane was gifted the horse at a time in his life when all he wanted was "to live the rest of my life in peace" after serving tours in both Iraq and Afghanistan.

After his own personal experiences and learning about the sad state of wild mustangs and their frequent fates, he felt that the animals were sending him a message he couldn't ignore. "I could hear horses talking to me," he said during a previous interview. The feeling was so intense it would wake him in the dead of night "with the sound of horses screams of anguish, pain, and loneliness." Understandably shaken, the disturbing episodes were ultimately what propelled Duane to transform the family ranch into the haven it is today, and the rest, as they say, is history.



Sidewinder

For more information about the haven, its special residents, and the incredible work they perform there, visit wildhorsehaven.com.

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Town of Marana Animal
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(520) 382-8020

Town of Sahuarita

Animal Care Services & Pet Licensing

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Marana 85742

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rescuemetucson.org

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Bisbee

Special Feature

Maddie's Fund & PACC Team Up For Stress Study On Shelter Dogs

Story by Rebecca West, Photos by PACC



Lisa Gunter and furry friend at PACC

How do you relieve a shelter dog's stress levels? The answer is actually quite simple: through canine foster programs and things like weekend or holiday sleepovers. As it turns out, removing animals from noisy shelters and placing them in home environments has a significant impact on their cortisol levels. Cortisol is a hormone involved in the stress response system in both humans and animals, so eliminating stressors in the dog's daily life can reduce those levels.

In order to gather this type of evidence, companion animal scientist Lisa Gunter, Ph.D., CBCC-KA, and Maddie's Fund Research Fellow at Arizona State University, is conducting a study in conjunction with Pima Animal Care Center (PACC) to determine just how big of an impact weeklong fostering can have on the health and welfare of shelter dogs.

Lisa works in the ASU Department of Psychology and conducts research in the Canine Science Collaboratory. She's worked for nearly a decade with pets in animal shelters as well as canines and their pet parents. Her goal, to better the lives of companion animals and their owners, is the driving force behind all of her work, including Wagfield Academy – an online dog training and behavior resource for owners – and The Institute for Shelter Dogs.



Canine Science Collaboratory Tote



Stress study dog Leroy at PACC

We had the opportunity to speak with both Lisa Gunter and Nikki Reck, PACC's Public Information Officer, regarding the investigative study and its goals. While it's still ongoing, what they've observed so far is pretty self-evident: canines do better in home environments until they can be placed in forever homes, no matter how well run or equipped shelters or rescues happen to be.

At this point, the study is only about halfway through its investigation. While PACC's participation occurred in July and August of this year, they were merely the Western component of the effort. In October and November, the remainder of the research is being conducted on the East Coast at the Charlottesville Albemarle SPCA, where they'll be collaborating with researchers at Virginia Tech.



Foster orientation for Stress Study

For PACC's part, 41 dogs were fostered as part of the study and followed for 17 days. Once dogs were enrolled, urine was collected for five days prior to fostering, seven days during fostering, and another five days post-fostering upon return to the shelter. Cortisol and creatinine analyses are conducted through non-invasively collected urine samples, so the research team and fosters became experts at capturing pee during that time. The canine participants also wore activity collars known as accelerometers during the course of the study, which captured their activity in the shelter and foster settings to better understand their experience.

Beyond answering the question about whether fostering can be a better alternative to a kennel in a shelter or rescue environment, PACC is also gaining valuable insights from the foster caregivers regarding an animal's behavior in a home setting to share with potential adopters. This type of information can go a long way toward ensuring the animals and the adopters are a good fit for one another, reducing surrenders and return to shelter life. And that, after all, really is the goal.

According to Nikki, "Studies like these are great for the animal welfare world, as we're able to learn so much from them, and it helps us be better at our jobs where the animals are concerned. We were so excited to be chosen for inclusion in the study. It's such an honor to be one of only two shelters nationwide that was selected. We loved that it was a noninvasive study where no animals were hurt or placed in uncomfortable situations. Honestly, it was a no-brainer for us to get on board."



Stress study Dog at PACC



Stress study dog at PACC

The research team behind the Arizona State University/Virginia Tech Maddie's Nationwide Foster Study has been helping shelters with field trip, sleepover, emergency, and safety net fostering programs since 2018 and has worked with more than 100 shelters across the country during this time. At the beginning of next year, this latest study should be completed, and the results published later on in 2022.

We'd like to thank both Lisa and Nikki for taking time out of their busy schedules helping companion animals to live their best lives by answering our questions. If you're able to foster, visit PACC at webcms.pima.gov/cms/One.aspx?pagelid=215125. They are currently overwhelmed with pets that desperately need fostering or adoption. They also have special classes in the works for fosters, and they've fine-tuned an Amazon Wish List, if you're able to help that way.

Animal Resource Guide

Area Shelters

Animal League of Green Valley
Onsite Adoptions
7 days a week - 10a-2p
1600 West Duval Mine Rd.
Green Valley 85614
(520) 625-3170
www.talgv.org

HOPE Animal Shelter
Onsite Adoptions
Mon-Thurs, by appointment
Fri-Sat-Sun noon-4p
8950 N. Joplin Ln.
Tucson 85742
(520) 792-9200
www.hopeanimalshelter.net

Humane Society of Southern Arizona
Main Campus
Onsite Adoptions
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(520) 327-6088
www.hssaz.org

HSSAZ Pawsh @ Park Place
Onsite Adoptions
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Tucson 85711
(520) 881-7406

PAWSitively Cats No Kill Shelter
Onsite Adoptions
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1145 N. Woodland Ave.
Tucson 85712
(520) 289-2747
savecats@PAWSitivelycats.org
www.PAWSitivelycats.org

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Green Valley 85614
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www.greenvalleypawspatrol.org

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Ajo 85321
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Tucson 85705
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info@pimapawsforlife.org
www.pimapawsforlife.org

The Hermitage Cat Rescue
& Sanctuary
Onsite Adoptions
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Tucson 85711
(520) 571-7839
www.heritagecatshelter.org

Local Rescues

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(520) 319-9292

BARK (BabyAnimal Rescue Koalition)
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Tucson 85705
barkntucson@AOL.com
facebook.com/BARKTucson/

Central Arizona Animal Rescue
Mike@caaronline.org
facebook.com/CentralArizona
AnimalRescue/
www.caaronline.org

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Cherishedtails@yahoo.com
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Pomerene 85627
(520) 212-1718
info@cochisecaninerescue.org
www.cochisecaninerescue.org

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(CABRA)
Phoenix
arizonaweimaranerrescue@cox.net
(623) 931-1428
www.cabra.org

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(520) 261-7677
hardluckhounds.org
info@hardluckhounds.org

In the Arms of Angels
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inthearmsofangels@gmail.com

Lil' Bit Of Love Rescue
lilbitofloverescue@gmail.com
(520) 869-9537
https://www.facebook.com/
lilbitofloverescue/
http://www.lilbitoflove.com/

Miss Maggie May's Rescue
(520) 256-3073
missmaggieamay@cox.net

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www.radrescueinc.com
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ruffrescuetucson@gmail.com
(520) 490-0401 or (520) 339-0841

SAFE (Saving Animals from Euthanasia)
(520) 349-8637 or (520) 250-5080
www.safeanimals.com

Save-A-Bull Rescue
www.saveabullrescue.org

Saving at Risk Animals
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www.savingatriskanimals.org

The Sanctuary Project
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www.tucsoncoldwetnoses.com

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Tucson2Tails@Gmail.com

Tucson's Cause For Canines
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TucsonCFC@gmail.com
facebook.com/TucsonCFC/
www.tucsoncauseforcanines.org

Tucson Rescue Now Adoption Store
La Encantada Shopping Center
2905 E Skyline Dr. suite 28
Tucson AZ 85718
(520) 490-7508

Wild Hearts Rescue Ranch
(520) 661-4522
wildheartsforcrow@gmail.com
www.wildheartrescue.org

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Tucson Parrot Rescue
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SOS Cat Rescue AZ
Cortaro 85652
(520) 445-3889
info@SOScatrescueAZ.org

Feral Cat Assistance

Tucson Feral Coalition
(520) 256-0443
tucsonferal@gmail.com
Info about TNR (Trap, Neuter Return)
FREE Spay/Neuter of Feral Cats
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Equine Rescues & Sanctuaries

Equine Voices Rescue & Sanctuary
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www.equinevoices.org

Equine Encore Foundation
(520) 349-6008
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www.equineencorefoundation.org

HEART (Happy Equine Acres
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www.heartoftucson.org

Horse'n Around Rescue Ranch
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HorsenAroundRescue@yahoo.com

Karuna Horse Rescue
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https://www.karunahorserescue.org

The Wild Horse Haven Rescue
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Training

Pandemic Problems!

Story by Jeremy Brown, The Complete Canine

Living with uncertainty can be difficult on anyone, but have we examined the effects of the pandemic on our canine friends? When our lives are disrupted, our dogs' lives are upended as a result. Socializing your dog, already a challenging task, becomes much more difficult with social distancing. With much of the workforce returning to the office and places of business, separation anxiety is much more ubiquitous these days. Some dogs have reverted to displaying behaviors typical during puppyhood like chewing, jumping, counter surfing, and an overall lack of impulse control. Luckily for us, these problems are commonplace and with consistency in practice, can be eliminated.

Dogs are creatures of habit and thrive on consistency. Many people do not realize that most dogs sleep 12-18 hours a day. With the increase in the amount of time spent at home during the pandemic, many of our pets were not getting the rest that their bodies needed. Rest is important and the lack of it can make your pup more reactive and less focused. I like to think about my toddler. He's great most of the time, however, on days when he wouldn't nap, less desirable behaviors would arise which we would chalk up to overstimulation or simply being tired. His behavior was greatly improved on the days when he would nap. The same principle applies to our canine children! One suggestion I usually tell my clients to do is form a schedule that works for the whole family. Designate certain times for crating, rest and recuperation when needed.

Socialization was and still is the aspect of training and development during the pandemic where there are deficits. Ironically, this was also the time that many people added a furry friend to their family. Many of my clients expressed that with various COVID-19 restrictions in place it was difficult to socialize their puppies during this time. Despite the pandemic, however, it is still imperative to expose your puppy to various scenarios and the earlier the better. Puppies usually go through two fear and socialization periods during that crucial first year of growth and development. Exposing your pup to new and different situations is key, whether that be through training classes, walks around the neighborhood, or puppy playdates. I encourage my clients to show their pups the world and things they expect to see in the future as much as possible. (See Puppy BINGO!)

Separation anxiety is another very common issue in regular times but has been taken to a whole new level during the pandemic. With an increase of time at home over the past two years, our pups haven't had the ability to practice independence therefore causing an attachment that can be hard to break.

Common examples of separation anxiety:

- vocalization at a higher rate than normal (barking)
- crying and whining
- pacing and restlessness
- destroying points of entry
- panting
- drooling
- urination or defecation
- chewing
- eating through walls
- vomiting
- jumping through open and/or closed windows

One suggestion is to help make separation a daily ritual. Go on walks without your dog's so they can be apart for a short amount of time. If using a kennel, I like to start by having them in the kennel when I am home. Then

work toward leaving for longer periods of time. Meeting them where they are at, such as doing drills where you leave and come back frequently can change their outlook on separation. Calming aids, such as calming collars, treats, CBD, and (in extreme situations) medications can help guide this situation. Continuing to work on the behavior once these medications are in place is crucial for long term success.

Exposure for our dogs to new people and situations waned during the pandemic. Impulse control, the act of stopping or engaging in certain behaviors, is difficult to encourage without practice. Here are some strategies to help your canines' reentry into society:

- meet guests that come to your house on equal ground, such as outside in front of the home
- step on the leash to help keep your pup from lunging and/or jumping
- use a higher value reward to train with

For some of us, our dogs were our best companions during the pandemic. Return the favor to your pup by supporting them in transitioning back to the "real-world". Remember, consistency is key, and just like toddlers, canines thrive on regular routine and practice.

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DoubleTree Suites	Farmer's Markets	Bison Witches	Christopher Columbus Park
Grand Luxe Hotel & Resort	Feed Stores	Blanco Tacos & Tequila	Himmel Park
Hacienda Del Sol Guest Ranch Resort	Hobby Lobby	Bob Dobb's Bar & Grill	Ivan's Spot Dog Park
Hilton El Conquistador Golf & Tennis Resort	Home Depot	Boca Tacos y Tequila	Jacob's Dog Park
Homewood Suites – St. Philips Plaza	La Encantada (All stores)	Borderlands Brewing Company	Kennedy Park
Hotel Congress	Lowes	Brother John's Beer, Bourbon & BBQ	Miko's Corner Playground Dog Park
JW Marriott Tucson Starr Pass Resort & Spa	Marshall's	Caps & Corks	North Sixth Avenue Dog Park
	Mesquite Valley Growers	Casa Marana Beer Wine Spirits Pizza	Northwest Community Dog Park
La Quinta Inn	Michael's	Chipotle	Palo Verde Park
Lodge on the Desert	Pet Stores	Frog & Firkin	Reid Park
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Omni Tucson National Resort		Guadalajara Grill	Sahuarita Park
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The Hotel Congress		Rocco's Little Chicago	
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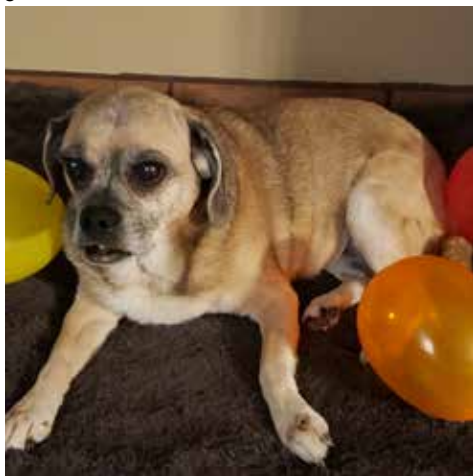
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Celebration of Life

Addison Grace Blum Breeding 8/11/05–7/21/21

Story by and photos by Kristen Breeding

Dial Up. Do you remember that? The way we used to “surf the net.” It was really slow and trying to search shelter websites and look at pictures of dogs was even slower. But that is how I found my precious Addison Grace. She was a Puggle, which is a Beagle/Pug cross. I was searching specifically for a Puggle that was around a year old or older after I met one at a summer street festival in Chicago, where I was living at the time. I had a Rottweiler at home that sadly, could not attend such highly populated events, but this dog was meeting everyone with open wags, so I knew that “breed” was going to be my next dog. I was also determined to Adopt. So the slow search began, and I finally found her at a private No-Kill shelter in Seneca, IL. I had called before I left my home in the city since it was about 1 1/2 hours away. I’m glad I did, because when I arrived the owner said a family showed up to look at her,



Addison birthday balloons

but she directed them to another dog. Whew! She brought eleven-month-old “Winnie” out and we took a walk (okay, she pulled me all over the place) together, and I was done. She had to be mine and I was taking her home that day! July 6, 2006, was the start of our 15 year journey together.

Shortly after bringing her home, I accepted a job back in my hometown in Southern California. She and Roxy made the cross-country drive with me, one of many long-haul drives to move

to a new state that she took in stride over the years. She was the dog that I brought into the hotel lobbies when I checked in, and then I would bring Roxy in through the back door. We settled into life back in my hometown and Addie’s grandmother would take her to the dog park several times a week to get her yah yah’s out. She loved going on the “Big Dog” side, getting them to chase her and them never being able to catch her. My mom couldn’t catch her either! Often relying on other, younger owners to grab her and allow my mom to get the leash back on her. Eight months after adding Addison to our pack, my Rottie passed a few months shy of turning 13. Roxy had battled a spinal tumor at age 9, so it was a good run. Addison helped ease the pain of that loss. Giving me something to love and getting her unconditional love in return.

Speaking of love, I met my husband in June of 2008, and for him and Addison, it was love at first sight! She became a daddy’s girl in a split second. We even considered having her in our wedding, but logistically it didn’t work out. After a year of marriage, I gave birth to our daughter, Liliana. Adding another human to the pack is always a bit



Addison and the front door

worrisome, especially since she was used to being an only child, but she took it in stride and NEVER growled, showed teeth, or nipped at our daughter- EVER! She did wonder who this strange thing was and I’m sure for a time she wished that we would return it from wherever it came from, but once Liliana was old enough to start dropping food on the floor, they were fast friends!

The only character trait that made her imperfect was her inherent need to follow her nose. We always said she was a beagle stuck in a pug’s body. She wasn’t an escape artist like some dogs but given the opportunity of an open door or gate, she took it! She would put her nose down and RUN! Luckily, since she was cute, 27 lbs., and never met a stranger, we always got her back. Whether we caught up with

her or someone called the number on her tag, she always came home. So while I was a wreck trying to find her, she was having a grand adventure full of wonderful smells not found at home or in her yard, and it often ended in treats from nice strangers.

Over the years she lived in 7 states, had 2 feline roommates, 6 canine roommates, and 7 human roommates, and numerous nicknames-Addie, Uddie Booty, Booty Boo, and Boo were the most popular ones. She loved all food but was particularly crazy for carrots with watermelon coming in a close second. She wasn’t a lap dog, despite my best efforts, but did enjoy snuggling on the sofa, and would make herself at home in the crook of your legs behind the knees. She always ran to the front door and greeted us with her special “Your Home!” noise and her back-end wiggling with excitement. She liked looking out the front window and watching us pull into the driveway. I miss seeing that cute head waiting for me to get home. Her sweet sixteen birthday was just three weeks away and I never had a doubt that she wouldn’t hit that milestone, but her body had other plans. Now we are living with 15 years of precious memories and trust that we will meet her spirit in the future. We love you, Addie Grace!



Addie on the new sofa

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